



Game day party plans
suit snack bowl fans

Food, Page 1C

GOLD McFarland
FRONT Heating & Cooling
ALERT! 451-1512 **Carrier**
CUSTOM MADE INDOOR WEATHER

Granite City Journal

SUBURBAN JOURNALS - #1 IN WEEKDAY READERSHIP WITH OVER 1.4 MILLION READERS
BROOKLYN • GRANITE CITY • MADISON • MITCHELL • PONTON BEACH • VENICE

VOLUME 22, NUMBER 6

WEDNESDAY, JANUARY 21, 1998

FIFTY CENTS



Staff photo by RICK GRAEFE

Suburban Journals president and CEO Thomas E. Rice, left, and Fred Brown, president and CEO of BJC Health System, share the Kiel Center penalty box with St. Louis Blues left winger Tony Twist.

'Future Blues'

Amateur ice hockey clubs to be honored

The future of hockey will be recognized as the Suburban Journals and BJC Health System join with the St. Louis Blues to honor amateur ice hockey clubs in Illinois and Missouri. The program is called "Future Blues." During each home game for the remainder of the hockey season, seven youth hockey squads will be highlighted on the big video screen at the Kiel Center. Each player on each squad also will receive a complimentary ticket to a Blues home game. "We believe that supporting young people in their goals today helps build the foundation for healthier communities tomorrow," said Fred Brown, president and CEO of BJC Health System.

Inside the Sports section of every Wednesday's Journal until the end of the Blues season, a different youth hockey club will be featured. Several of the hockey clubs likely will come from the ranks of the Mid-States High School Hockey Association, but there is plenty of hockey being played by those among the grade school set. Watch the pages of the Suburban Journals' Sports sections and the big board at the Kiel Center for some of the area's best young hockey players.

Bellcoff to receive public service award

Former mayor to be honored at SILEC banquet

By Scott Cousins
Staff writer

Former Madison Mayor John Bellcoff will be among those honored at the Law Enforcement Awards Banquet Wednesday, Jan. 28 at Scott Air Force Base. The annual event is sponsored by the Southern Illinois Police Chief's Association and the Southwestern Illinois Law Enforcement Commission, and will begin at 6 p.m. in the Scott Club. Bellcoff will receive the Lanxon Public Service Award. He retired last spring as mayor, after 50 years of government service on various

boards, committees and elected offices. "He's been a charter (SILEC) member since 1968," said SILEC Director J. "Skip" Bennett. "Anything he could do or could have done, John Bellcoff has done for us." About one dozen awards will be given. "We have a full house of quality award recipients," said SILEC President Don Sonnenberg, chief of the Maryville Police Department. "Including (television newscaster) Julius Hunter, who will receive the Bob Hardy Award." Awards include: • Olympian Award — Charles R. McDonald, SIUE police department.

• Bob Hardy Award — Julius Hunter, KMOV-TV (Channel 4)
• Lanxon Public Service Award — John M. Bellcoff, former mayor of Madison
• John O. Ellis Award — Phillip and Cindy Hagely of Fairview Heights, Illinois State Police Trooper Mark A. Sprankle, and Lt. Henry L. Williams of the East St. Louis Park



Bellcoff

(See AWARDS, Page 10A)

Flurry of activity nets two suspects

By Scott Cousins
Staff writer

Venice police say a Sunday "incident" included an automobile accident, a possible drug deal, an armed robbery and a knife fight. Two men were arrested on outstanding warrants afterwards, however. Venice Police Chief James Newsome said he was unsure what charges might be filed because it will be difficult to determine exactly what happened.

One subject — a Madison resident —

was in custody Monday at the Venice Police Department on at least six outstanding warrants, including a probation violation.

The second suspect was wanted on a single outstanding warrant. Police reports stated an officer was dispatched to the 1000 block of Market Street after reports of two people fighting. The incident apparently started when the two suspects were fighting in a mov-

ing 1994 Dodge van. The driver said he then lost control, and the van crashed in the 1000 block of Bissell. When the officer arrived the Madison man broke away and fled to the basement of a nearby house. An officer went into the basement and after a short struggle subdued the suspect. The man told police he had sold the other man two pieces of rock cocaine when the man pulled a knife on him and stabbed him.

(See VENICE, Page 4A)

Venice students prove King's dream is alive

By Scott Cousins
Staff writer

Whether helping an old lady across the street or loaning a friend a piece of paper during class, good deeds should be a part of every child's life.

At Venice Elementary School, that idea was reinforced to students through a program called "Do Something For Martin Luther King Jr. Day."

"The basic idea is to get the kids doing things that would reflect Martin Luther King's dreams," said Principal Rachelle Artis. "Acts of kindness, justice, consideration and respect of others, cooperatively working together."

The program also involves eighth-grade students teaching the younger kids on subjects such as caring and compassion, fairness, honesty, nonviolence, responsibility, service to the community, and moral courage.

"Rather than disseminating this information to the teachers, the eighth-graders are using this as a service-learning project for the school," Artis said.

The program also includes an Internet Web site where students can log on and tally their good deeds.

It is sponsored by "Do Something," a

"I think they're really getting a morale boost."

Principal Rachelle Artis

group based in New York. Artis said the eighth-graders were very excited about the program.

"They've been studying their lesson plans and have gone in every day to several classes to teach it to the other kids," she said.

Artis said she is not sure which group is benefiting more from the program, the eighth-grade teachers or the younger students.

"By the eighth-graders teaching it and being able to go in and show it to the younger kids, I think they're really getting a morale boost," she said.

"And I told them that the little ones really look up to them. Sure, parents are very important, but we tend to be more rebellious to adult figures, and tend to follow older brothers and sisters."

(See KING, Page 10A)



Chris Chavis reads a story to a group of Venice Elementary kindergartners. He asked them if the characters depict moral courage of Dr. Martin Luther King Jr. With him are his project partners, Zemry Buffkin and Northisha Bailey

(Staff photo by JOHN FRES)

Owners protest increased motel tax

By Scott Cousins
Staff writer

PONTON BEACH

The need for an increase in the tax charged for motel rooms and the use of money generated by the tax was questioned at last week's Pontoon Beach Village Board meeting. Bud Patel, owner of the new Super 8 motel now under construction, and Richard L. Douglas, co-owner of the

Ramada Limited, both on Highway 111, protested the village's recent increase of the motel tax to 5 percent from 2 percent.

Both said the tax increase was driving business away from Pontoon Beach motels to the Collinsville area. They also wanted to know what the mon-

ey was to be used for, and said they or other motel owners should be a part of that decision-making process.

The increase was approved at the board's Oct. 14 meeting. Mayor Glen Wilson said most communities with hotels have a similar tax, and that most charge about the same rate.

The village has collected approximately \$77,000 in

hotel/motel taxes. The money goes into the Tourism Fund, which can only be used to attract tourists and overnight guests to the village.

So far, the village has used very little of the money. However, the board has floated numerous loans from the tourism fund to the general fund. Such loans must be repaid at the end of the fiscal year.

(See VILLAGE, Page 4A)

In the Journal

Index

Local news.....2A	Entertainment.....8A
Obituaries.....4A	Sports.....1B
Health News.....5A	Community Calendar. 5B
School News.....6A	Classified.....1C

5 FULLER'S FORECAST

John Fuller, Meteorologist, KSNB NewsChannel 5
For Updated Forecasts Call 426-5555



Recent findings by the National Oceanic and Atmospheric Administration (NOAA) strongly suggest a human impact on global warming. Also, this year's El Niño is dissipating as the area of warm water in the Pacific shrinks and dissipates. However, several potent storms will linger for the West Coast of the U.S..

Irwin Chapel

MEMBER OF NATION
OF CHRISTIAN
CHURCHES

thoughtfulness, always.
931-8000

Auto Accident? Hurt On The Job?
STROTTHEIDE
CHIROPRACTIC
876-7800

VOICE BOX

Which team, Denver or Green Bay, do you think will win the Super Bowl, and why?



"Green Bay. Because the AFC cannot beat the NFC. Green Bay is favored by 14 points."
Mary Flanigan, 27
real estate agent



"Green Bay Packers. Because my son, David, is a Packers fan; and they are favored."
Pam Mendoza, 34
accounting assistant



"I think I'll go with Denver, because I like to cheer for the underdog."
Julie Barnes
dental technician



"Denver. Because John Elway has never won (a Super Bowl) and I would like to see him win."
Tom Scaturro, 29
environmental consultant



"If I watched football, I would want Green Bay to win."
Garick McFarland, 23
mechanical engineer

Nomination forms due soon

Nominations are being sought for the 1998 Women of Achievement Awards, but the deadline draws near.

Completed nomination forms must be returned by Jan. 23. Ten women have been selected for the award each year since 1965. Women of Achievement is the oldest ongoing program in the area whose sole purpose is to recognize the commitment and dedication of women.

A committee of community leaders and former Women of Achievement will select the 1998 honorees.

Nomination forms are available at the Suburban Journals offices, at 1714 Deer Tracks Trail, located near Interstate

270 and Manchester Road.

The nomination form includes all the necessary information. Please do not send attachments, photographs or publication. They may be sent to 1714 Deer Tracks Trail, St. Louis 63131.

Those selected will be honored at a May luncheon. The Women of Achievement Awards are co-sponsored by the Suburban Journals and radio station KMOX-AM (1120).

2 charged in dairy robbery

The Madison County Sheriff's Department charged two area men Friday with burglary of the Meadowbrook Dairy.

Charged were Clifford T. Robinson Jr., of the 1900 block of Lynn in Granite City and Lawrence W. Gettleman of the 500 block of Central in Roxana. According to the sheriff's report, the two men were taken into custody after deputies responded to a business alarm at the Meadowbrook Dairy at 1:25 a.m. Friday.

Deputies saw a vehicle leaving the area and found the dairy's front door broken out. Police found evidence that indicated the vehicle had been used to break out the glass in the front door.

Deputies found Robinson and Gettleman in the latter's 1988 Lincoln near highways 159 and

143. Examination of Gettleman's car revealed damage consistent with vehicle parts found at the dairy; glass was also found on the car's front seat.

During a search of the car, deputies located a cash drawer taken from the dairy. Although the cash register was valued at \$527, the business later reported no currency was in the cash register when it was taken.

Bond for each man was set at \$75,000 by Judge Charles Roman Jr.

At the time of the arrest, according to the sheriff's department, Robinson was on probation for a prior drug offense and Gettleman is currently on parole for robbery.

Gardner-Williams sworn in

By Scott Cousins
Staff writer

The swearing in of a new alderman was one of a number of actions taken by the Madison City Council at its most recent meeting.

Roshelle Williams-Gardner was appointed to fill the remainder of the term of her late husband, Kelvin Gardner, who was elected as 4th Ward alderman last spring.

Gardner, 46, was found dead at the scene of a one-car accident on Interstate 55 near Poplar Bluff, Mo. on Nov. 11.

Williams-Gardner was sworn in by Associate Judge Ellar Duff on Dec. 13.

Williams-Gardner is the energy assistance coordinator for the Low Income Home Energy Assistance Program, a part of Madison County Community Development.

A 1970 graduate of Madison High School, she has been employed by MCCC for 23 years.

The council also approved sending Police Chief Steve Skoklo and Kay Rudolph, City

MADISON CITY COUNCIL

Attorney Casper Nighohosian's secretary, to a grant-writing workshop in Edwardsville.

Rudolph has been working on grants for the Madison Public Library.

The workshop, "Mining for Grants/Loans: Where to Find the Gold," will be held Feb. 19 at the Lewis & Clark Library System offices at 425 Goshen Road.

The cost of the workshop is \$10 per person.

The council also approved sending Skoklo, Fire Chief Mike Foley and Street Superintendent Ron Grzywacz to a Collinsville management seminar on criticism and disciplining employees.

In other business, the council approved spending up to \$2,500 for aerial photographs of the

city.

Mayor John Hamm said the photo now in use is outdated.

"This one is very old," he said. "When developers come to the first thing they want to do is take a look at what is going on."

Hamm proposed obtaining three photographs: one of the district, the city's Chouteau Island property — which is the subject of an upcoming lawsuit filed by Madison County State's Attorney Bill Haine, and the rest of the city.

The council also gave preliminary approval to seeking condemnations on two pieces of property, 1413 Third Street and 615 Jefferson.

Grzywacz said the city was also preparing to begin actual demolition on a number of condemned properties.

Traffic restriction

The Illinois Department of Transportation will restrict traffic on Chain of Rocks Road to one lane over the Chain of Rocks Canal starting Feb. 2.

Crews will replace the bridge deck and make structural steel repairs. One-way traffic will be controlled with temporary traffic signals. The lane will be restricted to 8 feet, 6 inches.

The work is scheduled for completion in December. Midwest Foundation Corp. of Termon, Ill., is performing the work.

SWEDISH STUDENTS and other Scandinavian, European, South American, Asian, Russian exchange students arriving August. Have own spending money and insurance. You provide room, board and supervision. Call AISE today to become a host family at 1-800-SIBLING or visit our web at <http://www.sibling.org> American Intercultural Student Exchange non profit educational foundation.

PLEASE JOIN US!
Monday, January 26th at 7 PM
Holy Family School
1900 St. Clair Ave.
OPEN HOUSE
EVERYONE IS WELCOME

DEPRESSION

Clinical Research Associates of Edwardsville urgently needs volunteers age 18 and over with depression to participate in research studies comparing investigational drugs with available antidepressant medication and placebo. If you or someone you know has depression please give us a call. Symptoms include:

- SADNESS, CRYING SPELLS
- LOSS OF INTEREST, IRRITABILITY
- HOPELESS AND HELPLESSNESS
- APPETITE OR WEIGHT CHANGE
- FATIGUE, SLEEP DISTURBANCE
- GUILT, WORRY, DEATH WISHES

Suitable volunteers will receive a physical exam, laboratory tests, electrocardiogram and regular visits with a psychiatrist free of charge.

Call Mary at (618) 659-0292, 9:30 a.m. to 5:00 p.m., Monday through Friday.

Clinical Research Associates of Edwardsville, 1121 University Drive, Edwardsville, Illinois 62025 (618) 659-0292

Lynn A. Cunningham, M.D.
Director of Clinical Research

For a wound that just doesn't heal...

Memorial's Wound Care and Limb Preservation Clinic

Memorial's Wound Care and Limb Preservation Clinic specializes in caring for people with chronic, non-healing wounds of the legs - a significant health problem in the United States.

Vascular and plastic surgeons evaluate your wound and formulate an individualized treatment plan. Other physician specialists are consulted as necessary.

Among the most common problems treated in the Wound Care and Limb Preservation Clinic are:

- Venous Stasis Ulcers - from weakness in the vein walls on the lower leg.
- Diabetic Ulcers - from poor blood flow and nerve damage in the legs and feet caused by diabetes.
- Leg Ulcer - from narrowing of the arteries causing reduced blood flow in legs.

Fees are charged according to the extent of services received.

For an appointment

Call Memorial's Marsh Cardiovascular Unit at (618) 257-5036. The Wound Care and Limb Preservation Clinic is held on Tuesdays from 8 a.m. to noon in Memorial's Physical Therapy Department.

Services offered
The Wound Care and Limb Preservation Clinic team is specially trained in:

- Wound Evaluation
- Wound Treatment
- Education and Prevention

MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62223

Granite City Journal

Published twice weekly by Suburban Newspapers of Greater St. Louis
Advertising director **Jeffrey T. Littlejohn**
Advertising manager **Carole Fradeking**
Managing editor **Scott Mandrell**
City editor **Scott Kelly**
Copy editor **Rob Raphael**
Sports editor **Toby Carrig**

Suburban Newspapers of Greater St. Louis
A Journal Register Company newspaper

President and CEO **Tom Rice**
Vice President and General Manager **Nancy Cawley**
Editorial Director **Dan Barger**
Chief Financial Officer **Lawrence Van de Riet**
Circulation Director **Dan Crockett**
Major Accounts Manager **Tina Simpson**
Production Director **Mark Summers**
Classified Manager **Andrea Raines**

Circulation audited and certified by **CAC**
America's Best Community Newspapers

ORDER YOUR 1/2 BARREL EARLY FOR SUPER BOWL

CUTTY SARK 20 ⁹⁹ 1.75 ML	V.O. 13 ⁴⁹ 1.75 ML AFTER MAIL IN REBATE	SOUTHERN COMFORT 6 ⁹⁹ 12 ⁹⁹ 750 1.75	J & B RARE or JOHNNIE WALKER 24 ⁹⁹ 1.75 ML	M & R ASTI 8 ¹⁹ 750 ML
CROWN ROYAL 29 ⁹⁹ 15 ⁹⁹ 1.75 750	CANADIAN MIST OR KENTUCKY TAVERN 10 ⁹⁹ 1.75 ML	GORDON'S VODKA 9 ⁶⁹ 1.75 ML	JACK DANIELS or CUERVO GOLD TEQUILA 22 ⁹⁹ 1.75 ML	PETER VELLA 5 ⁹⁹ 5 L BOX
FLEISCHMANN GIN OR CANADIAN LTD. 20 ⁹⁹ 1.75 ML	TGIF FRIDAY'S 8 ⁹⁹ 1.75 ML	BAILEY'S IRISH or AMARETTY DI SARONNO 14 ⁹⁹ 750	HARVEY'S BRISTOL CREAM 8 ⁹⁹ 750	JACK DANIELS COCKTAILS 3 ²⁹ 4 PK
CORRAL LIQUORS 461-9116		CORONA HEINEKEN 9 ⁹⁹ 9 ⁹⁹ 12 BTL 12 BTL	HORNBYS DRAFT BEER 4 ⁹⁹ 6 BTL	HAMAM'S MILLER LITE BUD & LIGHT 6 ⁹⁹ 11 ⁹⁹ 12 ⁹⁹ CASE 30 CAN CASE

NEWS

Edgar veto hits opposition

By Mark Hodapp
Staff writer

Gov. Jim Edgar has vetoed a bill that Catholic leaders viewed as one of the most significant pieces of legislation in the country for parents of Catholic school children.

House Bill 999 would have created a 25 percent tax credit for public and private school tuition.

Edgar, however, said he believes the bill, which would have provided a maximum \$500 tax credit to families for reimbursement of tuition, book and lab fees, is an initiative that "is unlikely to be eliminated once established."

The bill also would have allowed low income families with less tax liability than the available credit to request a refund.

Edgar said cost estimates for this tax credit vary, but the Bureau of the Budget projected the annual cost will be at least \$100 million.

"And it's reasonable to expect the program to expand in subsequent years," Edgar said in a prepared statement.

Edgar said he also had concerns about the essential purpose of the program and how it would benefit parents who send their children to private schools, the majority of which have a religious affiliation.

"This raises constitutional concerns, because of provisions prohibiting government entanglement in religiously-affiliated education," Edgar said.

Edgar's view is meeting opposition.

Doug Delaney, executive director of the Catholic Conference of Illinois, said on Thursday he believes the whole issue came down to a non-public and public school debate. CCI is a public policy arm for the state's Catholic bishops, and was instrumental in drafting the bill and forging the bipartisan coalition needed for its passage in the General Assembly.

"It's reasonable to expect the program to expand in subsequent years."

Gov. Jim Edgar

"This is not an issue of non-public versus private because in April 1997 the Catholic Conference of Illinois issued a statement of support for financing primary and secondary education for Illinois students," Delaney said.

Delaney said Catholic school parents probably would have benefited the most from the bill because it has the largest private school system in the state. But Lutheran schools, Christian Schools International and other nonsectarian schools supported the bill as well, he said.

Figures released by the CCI show that there are 9,214 students currently attending schools in the Belleville diocese and 15,350 students attending schools in the Springfield diocese.

There are 3,191 students attending Lutheran schools in the Southern Illinois District of the Lutheran Church, including 300 at Zion Lutheran School in Belleville.

While Zion Principal Gary Spieler said he is "somewhat disappointed" by Edgar's decision, he was not surprised.

"I was kind of expecting it," he said Thursday.

Spier said he's disappointed because the state issued \$1.2 billion in tax abatements and tax credits to other businesses and industries in 1996.

"I think Illinois missed the boat on this one," said Spieler, citing Wisconsin and Ohio as states already having some sort of tax credits in place.

State highways safer during holiday season

By Terry Hillig
Telegraph staff writer

The streets and highways were safer during this New Year's holiday than they are on the average day year-round.

Illinois State Police reported nine fatalities in traffic crashes statewide during the period

from Dec. 31, 1997, through Jan. 4 of this year.

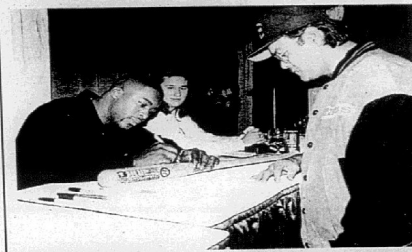
"That's very low," said Mark McDonald, State Police public information officer. "We average three to four traffic deaths per day year-round."

There were 10 traffic fatalities statewide during a six-day New Year's period a year ago.

McDonald said New Year's driving has become safer in recent years, in part because people have become more knowledgeable and concerned about the dangers of drinking and driving. He said there remains a perception that the period around New Year's Day

(See ROADS, Page 4A)

Warming up for baseball



Photos by PAM DÖPKE-HURD

St. Louis Cardinals outfielder Ron Gant signs a bat for South County resident Pat Delgado on Saturday at the Cardinals' Winter Warm-Up at the Regal Riverfront Hotel in downtown St. Louis. Fees were charged for autographs, with proceeds going to Cardinals Care, the club's special charity organization.



Fredbird has fun with the fans Jan. 17 at the Cardinals' Winter Warm-Up.

2 teachers for 'looping' program among additions

By Scott Cousins
Staff writer

The Madison School Board has hired five new employees, and appointed board members to various committees.

New hires include two elementary teachers for the new "looping" program at Madison Middle School, an educational aide at the middle school, and a substitute custodian.

The board also approved on Thursday committee appointments by President Sharon Cass.

Committees will be: building and safety

MADISON SCHOOLS

— Harry Peterson, Joseph Garcia and James Newhouse; supplies, textbooks and equipment — Jeffrey Bridick, John Ervin, and Peterson; personnel — Sharon Cass, and Peterson; negotiations — Carol Hamm and Newhouse; policy and procedure — Bridick, Garcia and Peterson; finance — Cass, Hamm and Newhouse; transportation — Cass, Garcia and Peterson; school lunch — Bridick, Ervin and Peterson; and stewardship — Peterson, Bridick and Garcia.

Garcia told the board he had been interviewed by members of a state review team visiting the district as part of the normal accreditation process.

He noted numerous positives in the district, adding "we definitely need" safety

involvement. Meeting board members after the meeting, he said, "I was watching 'Byron's Last Day,' an opera about a man who was executed for the dangers of trespassing on railroad property."

Much of the video was filmed at Madison High School using MHS students as extras.

HAIR DESIGNS BY Phil

Model: Jessica Hunt

IOWA and NAMEOKI Next to Schuck's

Shampoo & Cut	\$12.00 Value	\$7.99
Perm Special	\$55.00 Value	\$35.00
French Braid	\$10.00 Value	\$8.00

Must have coupon for special price. Offer expires 1/30/98

TRIVIA NIGHT

Saturday January 31, 7 PM

To Benefit Friends of the Morrison Talbot Library

At Sts. Peter & Paul Gym

217 W. Third St., Waterloo, IL

6-8 person team & \$10 per person

FREE POPCORN

BEER & SODA AVAILABLE

CASH PRIZES

ATTENDANCE PRIZES

For reservations call: 939-6232 or 939-6793

ATTENTION MOBILE HOME OWNERS

"THE ROOF THAT PAYS FOR ITSELF"

CUTS UTILITY COSTS DRASTICALLY

- Protects Against Leaks
- Beautifies Your Home
- SAVE ON UTILITY BILLS
- So Sturdy You Can Walk on It!
- We Do Doublewides

NEVER HAVE TO ROOF COAT AGAIN!

Cooler In The Summer • Warmer In The Winter

MIDWEST THERMAL MAX

CALL TOLL FREE 1-800-235-6646 Ext. 684

Senior Citizen Discount

RAILROAD, BARGE & WORKPLACE ACCIDENTS

FREE CONSULTATION

For any type of on the job injury

CONTACT LAW OFFICES OF

MORRIS B. CHAPMAN AND ASSOC., LTD.

GRANITE CITY ST. LOUIS

1406 NIEDRINGHAUS • GRANITE CITY

ILL. 876-8440 MO. 231-1113

NOW HIRING SEASONAL STAFF

YOU MUST APPLY IN PERSON

TUES. JAN. 20TH - THUR. JAN. 22ND

YOU Must Be At Least 18 Yrs. Of Age.

- High School Graduate.
- People/Customer Service Friendly with Good Communication Skills.
- Capable Of Sporting A Tan From Tanning Beds For Your Skin Type.
- Dependable Transportation.
- Neat In Appearance
- Energetic And Outgoing!

TANSPA

Travel & Cruise

Apply In Person Regular Business Hours

3361 Fehling Road - Suite #10

Granite City, IL 62040

(618) 876-0034

(for Business Hour Info Only)

WHAT BANK WILL SAVE YOU THOUSANDS OF DOLLARS WITH A FIXED RATE 15 YEAR MORTGAGE LOAN?

PURCHASE OR REFINANCE.

876-7450

GSB

GUARDIAN SAVINGS BANK

Feed The Wild Birds!

JANUARY SALE!

50LB. BLACK OIL SEED \$9.95

THISTLE SEED 75¢ lb.

C&S SUET CAKES 99¢ each

ALL FEEDERS 20% OFF!

Sale Ends 1-31-98 • No Limit!

WINTER HOURS

M-F 9-5:30

SAT 9-3:00

SUN CLOSED

877-8694

schermers' garden shop

12th & Madison Ave., Madison

Clinical Research Associates

Of Edwardsville

Is in need of volunteers, ages 18 or over, with Bipolar Disorder who are currently depressed but who have a history of mania or hypomania to participate in a research study comparing an investigational drug with a placebo for this disorder. Symptoms include:

DEPRESSION

- Blue Spells, Crying Spells
- Loss of interest & pleasure
- Fatigue
- Difficulty concentrating, indecisiveness
- Appetite or weight changes
- Sleep disturbance
- Loss of interest in sex
- Feeling of guilt or worthlessness
- Thoughts of death or suicide

MANIA / HYPOMANIA

- Elevated, expansive or irritable mood.
- Initiated self-esteem, grandiosity
- Increased need for sleep
- Excessive or pressured talking
- Racing thoughts
- Distractibility
- Increased activity, agitation
- Bad judgment

Suitable volunteers will receive a study related medical and psychiatric evaluation and study drug from a psychiatrist free of charge. If you or someone you know would like to be considered for a study please call (618) 659-0292

Clinical Research Associates

1121 University Drive • Suite 4

Edwardsville, IL 62025

(618) 659-0292

Lynn A. Cunningham, M.D.

Director of Clinical Research

HEALTH NEWS

Winter no reason not to exercise

Too cold to exercise, you say? Despite the chilling temperatures, a University of Missouri at St. Louis professor says you can still exercise during the winter months.

"At this time of the year there is really no problem with exercising outside as long as you dress appropriately and take a few precautions," said Bruce Clark, an exercise physiologist and associate professor of physical education.

Below are a few tips Clark suggests for the cold weather exerciser.

- Dress in layers of breathable clothing. The layered clothing provides insulation. Don't put on layers of breathable clothing and then throw on a plastic raincoat over top that doesn't breathe. You will start to sweat and the sweat can't evaporate — it will be held

close to your skin, and then you get cold.

- Go out with the wind facing you.

The worst thing that can happen is that you go out with the wind at your back and you begin to feel warm. When you turn around, the wind is facing you. Wind chill causes you to lose body-core temperature, and that's when problems develop.

- Make your loop a little bit shorter.

Rather than walking a mile out and coming a mile back, you might try walking three half-mile loops, so if you get cold or have problems with the weather, you can stop early.

- Consider your warm up and cool down. As you're warming up, your body-core temperature is

increasing, and you are creating energy. On cold days, think about dressing for how warm you are going to be during your workout phase.

If you dress to feel warm at the beginning of your warm-up phase, then you are going to be too warm when you are working out. By being too warm, you will sweat and increase the likelihood of becoming chilled during the cool down or during exercise of lower intensity. Dress for how you feel when you're warmed up.

- Warm up indoors if you can.

Do a little exercising to increase your body temperature, then go outside. Do the same with the cool down.

"I think it's important that people start with their exercise plans," said Clark.

Free eye-care program offered

Low-income workers and their families can sign up to receive free eye care in March through a program called Vision USA.

Doctors who are members of the Illinois Optometric Association are among nearly 8,000 optometrists nationwide who are donating their services through Vision USA to provide the eye exams.

To qualify for the free eye care, people must have a job or live in a household in which at least one member is working part-time.

Have no health insurance that covers eye exams.

Meet certain income criteria based on household size, and

Not have had an eye exam at a doctor's office within the last two years.

People can obtain application forms from Vision USA, 243 N. Lindbergh Blvd., St. Louis, MO 63141.

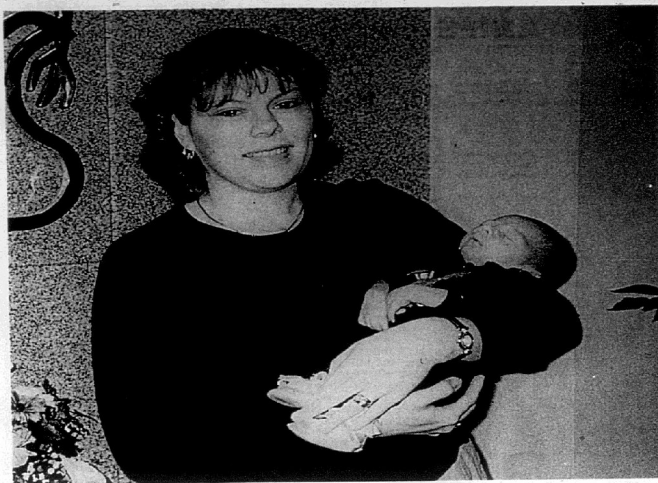
Completed forms must be postmarked by Jan. 23.

Applicants will also be screened for eligibility by phone until Jan. 30.

The number is (800) 766-4466. Lines will be open weekdays from 7 a.m. to 9 p.m.

Approximately 220,000 low-income children and adults have received free eye care in the first seven years of the USA program.

Among the 20,000 examined last year, more than seven out of every 100 had eye health conditions and seven out of 10 needed a new eyeglass prescription.



Melissa Dawes and baby Elizabeth

Elizabeth Dawes first local baby of 1998

Special to the Journal

While babies across the Metro St. Louis area raced to be the first born in the new year, Elizabeth Kaye Ann Dawes took her time but won a couple of "firsts" herself.

Born at St. Elizabeth Medical Center on Jan. 2, Elizabeth became the first baby of the new year born in Granite City and the first child to Melissa and Rick Dawes. Baby Dawes weighed in at 7 pounds, 3 ounces.

"It was a real surprise to

find out Elizabeth was Granite City's first in 1998," said Melissa Dawes.

"Early in the morning we came to St. Elizabeth's, but went home with a false alarm. Around 5 p.m. we returned to the hospital and our baby was born at 8:07 p.m. on the second.

"She's beautiful," she said. In celebration, the Dawes' family received a dozen roses, layette and festive balloons, compliments of Perle's Florist of Granite City and the New-born Services department at SEMC. The Dawes baby was born in one of four state-of-the-art birthing suites designed to make each birth a more satisfying and memorable experience. Labor, delivery, recovery and postpartum occur all in one spacious, homelike environment.

"It was a real surprise to find out Elizabeth was Granite City's first in 1998."

Melissa Dawes

Additional rooms and a nursery are currently being remodeled to take obstetric and gynecologic services well into the 21st century. In baby Elizabeth sleeping through the night? "No way," said her mother. "That I think her father is back to sleeping the night through, already."

HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN

HIT-N-RUN FOOD STORE

Ad Good Jan. 20 thru Jan. 26

STAY IN YOUR CAR LEAVE THE WALKING TO US!

WE ACCEPT FOOD STAMPS AND MANUFACTURERS COUPONS

89¢ Humminger & A Regular Size Nestle Candy Bar

100 GRANNY Butterfinger 99¢

CRUNCH Baby Ruth

MUG CHERRY PEPSI DIET MOUNTAIN ROOT BEER PEPSI \$2.99 SAVE \$1.19 2 LITER BOTTLE

100% PURE ORANGE JUICE 79¢ QUART

PLASTIC HOMO OR CHOCOLATE 49¢

DEVELY CHOCOLATE QUART 69¢

OLD MILWAUKEE LIGHT OR N/A \$3.99 COLD 12PK CANS

BUSCH 79¢ COLD 24OZ CANS

BUD OR BUD LIGHT \$6.89 COLD 12 PACK CANS

WALKERS PEPPERMINT SCHNAPPS \$5.79 750ML

Tosti Asti \$5.29 750ML

SMIRNOFF VODKA \$7.99 750ML

BOX KOOL \$1.89 PER PACK

CIGARETTE TOBACCO BUY 1 GET 1 FREE 69¢

YOUR BASIC SPECIAL OFFER \$1.79 per pack CARTON \$16.59

HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN HIT-N-RUN

TABLE TOP GLASS ANY SIZE & SHAPE
Granite City Glass
1817 Madison Ave.
577-5400

KFC Delivery NEW

HOME DELIVERY

Now At Your
Granite City KFC

Call 452-3300

JANUARY'S DELIVERY SPECIAL

Superbowl Special

10 Pieces of Chicken
Large Mashed Potatoes
Large Cole Slaw
Gravy
4 Fresh Baked Biscuits
2 Liter Pepsi/Diet Pepsi

No Coupon Required. Offer Expires 1/31/98
(Mixed white/dark pieces)

Hours:
11:30am-8:30pm Sun-Thurs
Friday & Saturday 11:30-9:30

Minimum \$7.00
Order Required
For Delivery
\$1.00 Delivery Fee

Limited
Delivery Areas
And Hours.

view videotapes about the universities. They will also have the chance to meet college officials who will discuss courses and majors available at the universities.

"This grant program allows Illinois Power the chance to invest in the most valuable asset in our communities: our youth," DeVore said.

ers feel the field trip provides interdisciplinary as well as real life activities for the students.

Granite City Senior High School will use its grant money to send a group of junior level PLUS (Positive Learning With Us) students who are on track to graduate from high school on field trip to visit St. Louis and Washington Universities.

During the tour, students will have the opportunity to

The deadline to apply for most Foundation scholarships is March 27, although two scholarships have a March 6 deadline. For more information, call Michele Burger, the Foundation's Scholarship Coordinator, at 1-800-BAC-5131, extension 215.

GRANITE CITY ST. LOUIS
1406 NIEDRINGHAUS • GRANITE CITY
ILL. 876-8440 MO. 231-1113

**OD
RE
Y**

ALTON, IL
ALTON SQUARE MALL
213 ALTON SQUARE
Located on the 2nd floor inside mall
Alton, IL 4 Minutes North of
Lewis & Clark Bridge
618-463-0316

ALTON STORE HOURS Mon-Sat 10:30 Sun No

In the event that ICA does not receive a minimum of 1,500 paid tickets, ICA reserves the right to substitute the First Prize as follows:
 After rewording the second through thirteenth prizes, the remaining proceeds less expenses will be split 50/50 between the ICA and the
 First Prize Winner. ELIGIBILITY: Persons must be 21 years of age or older to participate. No substitutes for prizes as listed. Winners
 assume all fees, local, state and federal taxes. ICA reserves the right to publish the names of all winners.

PRODUCTION POSITIONS
\$8.80/Hr To Start
Join a growing company. Offered positions in production, assembly and inspection. Candidates must have a high school diploma or GED. High school diploma or GED, please work regular and be able to work any shifts and overtime hours. No experience. Full range of benefits and profit sharing. Starting pay to \$13.50/hr. For consideration, please send resume or application to 2400, January 7, 1992.

MARQUETTE TOOL & DIE
2185 S. Kensington
St. Louis, MO 63116
No personal calls please

Granite City Campus
BELLEVILLE AREA COLLEGE

SCHOOL NEWS

PSOP honored for work

Accustomed to giving throughout the year, 84 Senior Companion Program volunteers, this time, were recipients at a Christmas party held at the Lanes in Belleville. The SCP volunteers represented the four counties served by the program: St. Clair, Madison, Monroe and Randolph. Each Companion received two gifts, one from the program and one from the SCP staff.

The Senior Companion Program is operated by Belleville Area College's Programs and Services for Older Persons. Under the program, SCP volunteers may spend up to five days a week in the homes of clients, providing encouragement and friendship, as well as respite for their caregivers. For more information on the Senior Companion program call PSOP at 234-4410, extension 28.

Deckhand program offered

If you are interested in a career on the Mighty Mississippi, then consider the 16-credit hour Deckhand Certificate program offered at Belleville Area College's Granite City campus. The current session of eight-week classes began Jan. 20 and runs through March 3.

barge deckhand.

Classes are offered at the Granite City campus, 4950 Maryville Road, with hands-on training offered on nearby Mississippi barge lines.

Classes will be from 8:30 a.m. to 2:30 p.m. five days a week. For more information, call program coordinator Gary Coates at 797-1367.

Youth forum set for next month

The Madison County Youth Board and Eta Sigma Gamma National Health Honorary Society from SIUE in cooperation with several community and university programs are hosting the Second Madison County Youth Forum on Tuesday, Feb. 17.

The event will be held at Southern Illinois University at Edwardsville in the University Center.

High schools from across the county will be invited to send student representatives to the forum. Every community that participates may then send two student delegates, one adult chaperone, and two community leaders to the State Youth Forum on April 27, 1998 in Springfield.

These youth forums provide the opportunity for youth to hold a voice in policy making that affects their daily lives. Policies such as the Zero Tolerance Law have resulted from student recommendations at county and state youth forums.

We are requesting a small donation to help provide food and T-shirts for the participants the day of the event. Let's all support the youth of Madison County on Feb. 17.

Checks can be made payable to: Piassa Prevention-Youth Forum, 2148 Vandalabene Road, Maryville, IL 62062.

Please feel free to call Amy Yeager, Madison County Youth Board Adult Advisory Committee, with questions at 288-3546.

BAC sponsoring academic success series through March

Many people put stock in the old saying, "You're never too old to learn." Belleville Area College's Counseling Department believes you're never too old to learn how to learn.

With effective learning for college being the focus of the series, people will learn memorization techniques, coping strategies and academic skills. The series will benefit both new and returning students.

The series will be offered from 5:30 to 6:25 p.m. Mondays, Jan. 26 to March 9 except Feb. 16; 5:30 to 6:25 p.m. Tuesdays, Jan. 27 to March 3; 1 to 1:55 p.m. Wednesdays, Jan. 28 to March 4; 1:40 to 2:35 p.m. and 6 to 6:55 p.m. Thursdays, Jan. 29 to March 5.

The Academic Success Series is one of several ongoing human development seminars sponsored by BAC's Counseling Department. For more information, call 235-2700, extension 360, or (800) BAC-5131, extension 360.

SIU can live with funding, Sanders says

By Linda N. Weller
Telegraph staff writer

Southern Illinois University won't be getting all the state funding it wanted for fiscal year 1999, but its president said it still may fare slightly better, on average, than other institutions.

"We didn't get everything we asked for," said President Ted Sanders, who said he wasn't surprised.

"Can we live with this? Yes, we can. But if we had additional resources, we could do more," Sanders said during a teleconference Wednesday from Carbondale.

Sanders invited reporters about the impact a package of recommendations approved Tuesday by the Illinois Board of Higher Education in Chicago would have on SIU should Gov. Jim Edgar and the General Assembly leave it intact.

Edgar will present his recommendations on appropriations to universities and community colleges in a speech before legislators Feb. 18.

Sanders said the recommendations call for the state to increase operating and capital funding to the university by 4.6 percent over last year's level; the average increase for the other state institutions is 4.5 percent, he said.

The IBHE recommendations also call for all of the colleges and universities to receive 10 percent increases in funding for library materials, which Sanders said is important with rising costs.

Overall, the recommendations are for the state to provide SIU with \$292.9 million, an increase of \$12 million over fiscal year 1998.

Of that total, the recommendations call for appropriations of \$63 million for operations and grants at SIUE, up from \$79.2 million in fiscal year 1998.

Fiscal year 1999 begins July 1. Sanders said the recommendations call for the state to increase operating and capital funding to the university by 4.6 percent over last year's level; the average increase for the other state institutions is 4.5 percent, he said.

The IBHE recommendations also call for all of the colleges and universities to receive 10 percent increases in funding for library materials, which Sanders said is important with rising costs.

Overall, the recommendations are for the state to provide SIU with \$292.9 million, an increase of \$12 million over fiscal year 1998.

Of that total, the recommendations call for appropriations of \$63 million for operations and grants at SIUE, up from \$79.2 million in fiscal year 1998.

Fiscal year 1999 begins July 1. Sanders said the recommendations call for the state to increase operating and capital funding to the university by 4.6 percent over last year's level; the average increase for the other state institutions is 4.5 percent, he said.

The IBHE recommendations also call for all of the colleges and universities to receive 10 percent increases in funding for library materials, which Sanders said is important with rising costs.

Overall, the recommendations are for the state to provide SIU with \$292.9 million, an increase of \$12 million over fiscal year 1998.

Of that total, the recommendations call for appropriations of \$63 million for operations and grants at SIUE, up from \$79.2 million in fiscal year 1998.

Fiscal year 1999 begins July 1. Sanders said the recommendations call for the state to increase operating and capital funding to the university by 4.6 percent over last year's level; the average increase for the other state institutions is 4.5 percent, he said.

The IBHE recommendations also call for all of the colleges and universities to receive 10 percent increases in funding for library materials, which Sanders said is important with rising costs.

Overall, the recommendations are for the state to provide SIU with \$292.9 million, an increase of \$12 million over fiscal year 1998.

Of that total, the recommendations call for appropriations of \$63 million for operations and grants at SIUE, up from \$79.2 million in fiscal year 1998.

Fiscal year 1999 begins July 1. Sanders said the recommendations call for the state to increase operating and capital funding to the university by 4.6 percent over last year's level; the average increase for the other state institutions is 4.5 percent, he said.

The IBHE recommendations also call for all of the colleges and universities to receive 10 percent increases in funding for library materials, which Sanders said is important with rising costs.

Included in the operating funds recommendations are the following appropriations:

Masters of science in mechanical engineering, \$245,400; enhancement of off-campus nursing programs, \$125,000; implementation of professional development in local schools, \$100,000; expansion of technologically delivered education, \$512,600; enhancement of undergraduate education, \$200,000; and enhancement of dental medicine program, \$12 million.

Sanders said the appropriations for off-campus nursing programs will help SIUE provide care to rural sites where people are placed.

Among recommendations for the largest capital projects at SIUE is \$6 million to equip the engineering building under construction, \$1.2 million for planning and design services to replace the East St. Louis Center, and \$2.5 million to update the university's cooling system.

Sanders said the chancellors will have to "pare" some programs because the state board is not recommending the total amount of funding that SIU asked for, such as enhancement of undergraduate education to \$200,000, when SIU officials asked for \$250,000.

The board also didn't recommend SIUE get money for retaining critical faculty and staff, and for salary equity with "peer institutions," but the board did recommend SIUE get \$550,000 for that purpose.

The recommendations call for 3 percent average raises for faculty and staff members next fiscal year.

Although the recommendations fell short of SIU's requests, Sanders said he was "delighted at how responsive the IBHE has been to our program priorities. We have to be pleased to get the cost of living adjustment in salaries."

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Sanders said he was glad the IBHE recommendation conformed to the university's priority list.

Auffenberg

PRE-OWNED SUPERCENTER PRESENTS

DRIVE & A MOVIE

STOP BY OUR PRE-OWNED CENTER TO TEST DRIVE A VEHICLE & RECEIVE A FREE SET OF TICKETS FOR...

WEHRENBURG THEATRES

WE BEAT AUTONET

We'll Pay Off Your Trade No Matter What You Owe

WE BEAT CARNECION

97 Suzuki Sidekick JX



4x4, Auto, A/C, Cassette, 4 Dr.

\$14,159⁹⁸

97 Hyundai Tiburon FX



5 SPD., A/C, Cassette, P.W., P.L. Alloys

\$13,237⁹⁹

BLOW OUT PRICE 95 Hyundai Accent



Stock # 10725A

\$6,514⁹⁶

96 Chevy Cavalier Conv.



A/C, Auto, Cassette, 30,xxx Miles Only

\$13,432⁹²

97 Mercury Sable Wagon



3rd Seat, V-6, Auto, A/C, P.W., P.L., Load-Up For

\$16,505⁹⁹

94 HYUNDAI EXCEL



\$500 Down & Under

\$150⁹⁰ Mo. w/ Approve Credit

DEALERS WELCOME NOW SHOWING NOW SHOWING NOW SHOWING

94 CHEVY CAMARO Z28 Auto, A/C, P.W., P.L., 150 LTI, Alloys

91 CHEVY BERETTA Auto, A/C, Like New only 14,xxx Miles

96 FORD F150 XLT V-8, Auto, A/C, Alloys, Bedliner & More

95 FORD ESCORT LX Auto, A/C, 2 Dr., Alloys, Clean Car

97 MAZDA PROTEGE LX A/C, Cass., P.W., Spoiler, 13,xxx Miles

97 GEO PRIZM LX Auto, A/C, Cass., 4 Dr., 840+ M.P.G.

96 FORD LTD LX 4.9 straight 6, Auto, A/C, Wheels, 2 Tons

95 CHEVY TAHOE LS 4x4, 150 C.I., 4 Dr., Auto, Full Power & 40,xxx Miles

94 MERCURY COUGAR XR7 This Car Has Style With Comfort & Not to mention Sporty

93 DODGE RAM 150 P.U. 318 V8, Auto, A/C & Only 35,xxx Original Miles

92 HYUNDAI SONATA V-6, Auto, A/C, P.W., P.L., 8 & 8 Miles

95 FORD F150 FLARESIDE X Cab, 4x4, 31,xxx Miles

96 SUZUKI SIDEKICK JX Have the best of both Worlds Convertible 4x4

97 ISUZU RODEO S 4x4, Auto, V-6, A/C, Cass., Alloys & Only 14,xxx Miles

97 HONDA CIVIC LX Power Roof, Til. Cruise, P.W., P.L., Only 14,xxx Miles

97 PONTIAC GRAND PRIX GT V-6, Auto, A/C, C.D., Full Power (Save Thousands)

93 PONTIAC BONNEVILLE V-6, Auto, A/C, Cass., Spoiler, Shop de

97 MITSUBISHI MIRAGE 3 TO CHOOSE FROM

94 MAZDA 626 LS V-6 Auto, A/C, Power Roof & Full Power

95 GEO METRO Auto, A/C, 14,000 Miles Great Gas Mileage

97 FORD F150 LARIAT X-Cab, Auto, A/C, Cass., Leather, V-8, 8 & 8 Miles

94 FORD EXPLORER Limited, 4x4, Auto, V-6, Sunroof, Alloys, Full Power

96 CHEVY CAMARO RS Auto, A/C, Cass., Alloys, Red & Sharp

97 FORD WINDSTAR GL V-6, Auto, A/C, Full Power Passenger

97 FORD T-BIRD LX Auto, A/C, Cass., P.W., P.L., Til. Cruise, Spoiler

96 CHRYSLER SEBRING LXI V-6, Auto, A/C, Cass., P. Roof, P.W., P.L., Til. Cruise, Auto

97 CHEVY S-10 XCAB LS, 4.3, V-6, Auto, 2nd Door, A/C, Alloys, Red

93 JEEP CHEROKEE COUNTRY Auto, A/C, 6 Cyl., Full Power, Only 54,xxx Miles

96 FORD EXPLORER XLT 4x4, Auto, A/C, Alloys, Cass., P.N., P.L., Til. Cruise, Leather

95 CHRYSLER LHS V-6, Auto, A/C, Cass., T.V., P.L., Til. Cruise, Leather

Auffenberg
ST. CLAIR AUTO MALL
105-176 AUTO COURT, O'FALLON, ILLINOIS
SHOP US ON A.M. - 8:30 P.M. Monday to Saturday
THE WEB @
auffenberg.com
624-CARS

*Auto Approved Credit

100% Financing

100% Financing

100% Financing

100% Financing

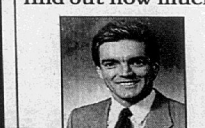
STORM WINDOWS & SCREEN REPAIR
Granite City Glass
1927 Madison Ave.
877-5400

Are you paying for the mistakes of drunk drivers?

Drunk drivers cause thousands of deaths and millions of dollars in damage each year. What's worse, you may be paying for their mistakes with your car insurance premiums.

Sentry's Payback Auto Policy keeps drunk drivers out. And it rewards responsible drivers by returning half their premium for remaining claim-free.

If you're a responsible driver, call your Sentry representative today and find out how much you can save.



Glen Rakers
95 Sundew Lane
Highland, IL 62249
618-654-5016



Steve Bloomer
309 Sumter Dr.
Belleville, IL 62221
618-277-7811

Sentry Insurance
Rated A+ by A.M. Best
955 Executive Parkway
Suite 110 St. Louis, MO 63141
Sentry Insurance a Mutual Company

Guinness Book of Records a must-have for trivia buffs

By Kevin Carbery
Correspondent

I would love to see my name listed in the Guinness Book of Records, but not for the reasons many folks already have earned that honor.

There are people in Guinness for feats such as riding a pogo stick for 16 miles, collecting a 13-foot-around ball of string and for making a 5,000-pound hamburger.

While those feats are all interesting, they are not the type of things I would like to

have as my claim to fame. Instead, I would want a more glamorous record, such as hitting the most home runs ever in a big league season or winning the most Nobel prizes.

For trivia enthusiasts, the Guinness Book of Records is a must-have item. It contains world records covering sports, entertainment, nature, the human body, disasters, governments — you name it, I have

been buying a new Guinness every few years since the early 1970s. Unfortunately, I stupidly threw out most of them, though, I recently found one from 1982 I had put in our garage.

While the 1982 edition is not that much different from the latest Guinness books, it does have some records not currently noted. Back then, the editors included records regarding the individual consumption of food. A man named Bozo Miller from Oakland, Calif., owned many of the eating

records, such as downing 27 2-pound chickens in one sitting in 1963.

The Guinness people stopped publishing eating records by individuals at some point. Maybe another listing in the 1982 book helps explain why. It don set a record in 1979 by scarfing 144 snails in 11 minutes, 30 seconds. The problem is he died a few months later while trying to break his own record. Guinness reported that some of the snails in that batch may have been toxic.

What a way to go.

For this week's quiz, the questions come from information supplied by the Guinness Book of Records.

1. Robert Wadlow is listed in Guinness as the tallest person ever recorded in medical history. He was 8-feet, 11-inches tall and came from what city in the St. Louis metro area?

2. The oldest authenticated age ever attained by a human is attributed to Jean Calment of France, who died in 1997. Within three years, how old was she at the time of her

death?

3. The person with the largest parking meter collection in the world is from which Scandinavian country?

4. Which country has the oldest airline still in existence?

5. The world's tallest monument is in which city?

6. The world's largest totem pole is in which country?

7. What is the deepest lake in the world?

8. Which language has the longest alphabet?

9. What is usually the largest muscle in the human body, according to Guinness?

10. The world's oldest brewery is in which country?

Answers: 1. Alton, Ill. 2. 122, so 119 to 125 is acceptable. 3. Sweden. Lotta Sjolin has 288 of them. 4. The Netherlands. Its national airline goes back to 1919. 5. St. Louis, The Gateway Arch is 630 feet high. 6. Canada. The 180-foot pole stands in the city of Victoria. 7. Lake Baikal in Russia, which is 5,371-feet deep. 8. Cambodian, with 74 letters. 9. The gluteus maximus. 10. Germany. It dates back to A.D. 1040.

Kevin Carbery can be heard as a regular on "The Trivia Coast-to-Coast Show" from 8 to 11 p.m. Sundays on radio station KMOX-AM (1120).

Creative students wanted

Creative Express, a nonprofit arts organization for young people, is accepting registration for January 22-24 drama classes. Classes are held at the Glen Carbon New Bethel United Methodist Church, 131 N. Main St. Call 659-0445 to register.

Mural Painting classes are from 8 to 7 p.m. Thursdays, Jan. 22 to Feb. 26. The cost is \$39. Drawing and Painting II will be from 5 to 6 p.m. Thursdays, Jan. 22 to Feb. 26. The cost is \$39.

Music and Art in Time classes will be from 10 to 11 a.m. Saturdays, Jan. 31 to Feb. 28. The cost is \$45.

Beginning Scenework will be from 6:30 to 7:30 p.m. Mondays, Jan. 26 to March 2. The cost is \$30.

Acting II will be from 5:30 to 6:30 p.m. Mondays Jan. 26 to March 2. The cost is \$36.

Flicks

(Continued from Page 8A)

Tomorrow Never Dies (PG-13) 1:00, 4:00, 7:00, 9:45
Amistad (R) 1:15, 4:30, 8:00

QUAD CINEMA

Belleville, Ill., 233-1220
Good Will Hunting (R) 4:30, 7:15, 10:00
Hard Rain (R) 4:45, 7:30, 9:50
Titanic (PG-13) 4:00, 8:00
Fallen (R) 4:15, 7:00, 9:40

ROXANA CINE THEATER

Roxana, Ill., 254-6746
For Richer Or Poorer (PG-13) 7:00, 8:45

ST. CLAIR 10

50 Ludwig Drive, 398-8383
Mousehunt (PG) 2:15, 4:45, 7:15, 9:35
The Full Monty (R) 1:30, 4:30, 7:40, 9:40
Half Baked (R) 2:30, 5:30, 7:30, 9:45
Firestorm (R) 1:00, 5:30, 7:50
Firestorm (R) 2:10, 4:20, 7:10, 9:40
Mr. Magoo (PG) 2:15, 5:45
The Postman (R) 8:00
Hard Rain (R) 1:00, 4:00, 7:00, 9:30
Scream 2 (R) 1:10, 4:10, 7:00, 9:35
Flubber (PG) 1:15, 4:15, 7:10, 9:20
An American Werewolf in Paris (R) 2:30, 5:15, 7:30, 9:30

Stars

(Continued from Page 8A)

tonight, and meet new partners.

CAPRICORN (Dec. 22-Jan. 19). A loved one hints at his or her needs. You'll be a star if you can lend emotional support to your team. Honesty gets you just what you want without wasting time. Display your musical talents.

AQUARIUS (Jan. 20-Feb. 18). The results of your past efforts will come to fruition. A trip will increase your business knowledge. Forgive a co-worker. Your companions place too much emphasis on social standing.

PISCES (Feb. 19-March 20). Don't be ashamed of your background. Impress others with your self-confidence. A parent's plea is moving. A lover who is pressing you for a reply for more time. Additional work means steadier income.

23%

BONUS SALE*

3 DAYS ONLY!

THURSDAY JANUARY 22, 1998 - SATURDAY JANUARY 24, 1998

FREE FURNITURE



Heilig-Meyers

FURNITURE

NO CREDIT REFUSED*
All Accounts Subject To Credit Limits

We Also Accept



FESTUS

1120 Gannon Dr.
314-937-4727

GRANITE CITY

3801 Nameoki
618-452-2617

NORMANDY

7241 Natural Bridge Rd.
314-385-0677

O'FALLON FAIRVIEW HTS.

2011 WEST HWY. 50
618-624-2211

ALTON

2996 Homer M. Adams Pkwy.
618-463-9564

FLORISSANT

Paddock Hills Plaza
(next to Post Office)
314-838-9003

CAHOKIA

1683 Camp Jackson Rd.
618-337-8800

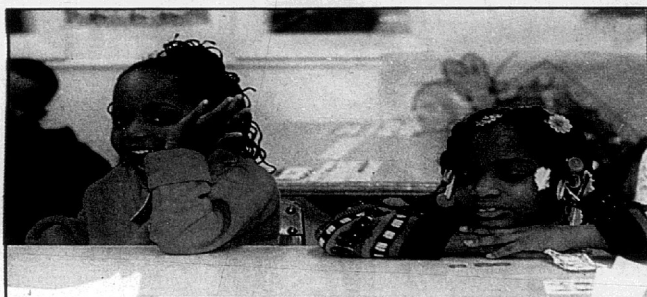
ST. CHARLES

Corner of Zumbuhl &
First Capitol Dr.
314-947-0677

NEWS



Nortisha Bailey, right, a Venice eighth-grader, hands out candy to the kindergartners as a reward for their attention to the program.



Kindergartners Arielle Houltis and Bernice McDonald listen to the program.

King

(Continued from Page 1A)

think the little ones are really loving it.

Ezell Trice is one of the eighth-grade instructors. "I'm teaching the kids about respect and moral courage," he said. "You should respect people in order to get respect for yourself. You have to have respect to get a job, and must have it to get along in the world."

He said the program was "very fun."

"It's almost like I'm a real teacher," he said. "I can tell them to do something and they'll do it and they'll listen."

Denia Hill was teaching about honesty.

"We taught them it's not always fun to tell the truth, but sometimes when you lie, you make bigger lies to get out of them," she said. "It's helped a lot."

Artis said the program's timing couldn't have been better.

"As part of the national effort is moving toward character education, this came in at just the right time," she said.

She said another beneficial part of the program is having the children being able to sign on to the Internet.

"They come to school every day, thinking what they can do," Artis said.



Celebrating life and the human spirit....

Doing our best to keep you healthy!!



*We are proud to serve your community!
Ask your doctor OR call us at
394-1055*

MIDWEST CARPET

TRADITIONALLY OUR GREATEST SALE!

1/2 PRICE CLEARANCE SALE! ON SELECTED ITEMS

Just after the great CARPET MARKETS we dispose of inventory to effect prompt close-out of thousands of yards of America's finest broadlooms! And here we go with some of the most dramatic price cuts in our history... where else can you save up to 1/2 off on First Quality Carpeting!

SAVE UP TO 50% OFF ON CARPET... VINYL... HARDWOOD AND MORE!

Featuring all the Newest Styles and Colors in the Latest Stain Resistant Fibers from **Mohawk • Horizon • Galaxy • and More**

COME IN AND REGISTER FOR A FREE AREA RUG!

SERVING THE COMMUNITY FOR OVER 40 YEARS!

Mon & Fri 9-6, Tues-Thurs 9-5, Sat 9-4
1825 Vaughn Rd., Wood River

259-0660

MIDWEST CARPET

Awards

(Continued from Page 1A)

• **Blue Light Award** — Lt. David Bradford and Lt. Charles Hall, both of the Edwardsville Police Department; and Deputy Kevin McGinnis of the St. Clair County Sheriff's Department.

• **Telecommunicator Award** — Sheila Taylor, Clinton County Sheriff's Department.

• **Law Enforcement Certificate of Merit** — Sgt. Theodore Beatty and Deputy Paul Pozagay, both of the St. Clair County Sheriff's Department.

• **Outstanding Citizen Award** — Hector Gonzales, Fairview Heights.

• **SILEC/SIPCA Life Saving Award** — Sgt. Kenneth R. Anderson, Madison County Sheriff's Department; Angela

Garde, SIUE Police Department; and Officer Scott Swift, Bethalto Police Department.

• **SIPCA Presidential Award** — Larry Gilbert, Belleville Area College police academy director.

• **SILEC Presidential Award** — Sgt. David Hayes, Alton Police Department.

For information call 277-1550.

Menopause: Myths and Truths

Today's woman is in control of her life, her health and her body. Menopause doesn't have to change that. More than mood swings and hot flashes, menopause also can involve complications such as heart disease and osteoporosis. Designed for pre-menopausal and menopausal women, this program will focus on:

- Conditions and symptoms of menopause—the myths and truths
Richelle Rennegarbe, RN
- Coping with Menopause
 - Hormone Replacement Therapy and Osteoporosis
Stephanie Skelly, M.D., Midwest Obstetrics and Gynecology
 - Exercise
Karen Moore, exercise specialist
 - Diet
Angela Weeks, RDLD, dietitian
 - Alternative treatments such as vitamin supplements, primrose oil, ginseng, relaxation, and biofeedback
- Keeping a hot flash diary and self-care practices

**Saturday, January 31, 1998
9 a.m. to Noon**

(Lunch will be provided)
Memorial Hospital's Auditorium

This program is free. However, reservations are requested. To register, call Memorial's Community Relations Department at 257-5649.



MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62226

You'll Find

FOOD FOR LESS

Every Wednesday in the

Today's Food

section of
Your Suburban Journal

Suburban Journals

GLIK'S
Bellemore Center
Mon.-Sat. 9:30-9:00 Sun. 12-6
Glik's Charge Mastercard Visa Discover

WINTER CLEARANCE

SAVE 40% TO 60%

**ON SELECT WINTER SPORTSWEAR
TAKE AN ADDITIONAL 20% OFF
LOWEST MARKED PRICE**



Alice@104.1
TODAY'S MUSIC

VISIT US ON SATURDAY JANUARY 24, from 12-2
for a chance to win Birthday Party TICKETS.

SPORTS

Eliminators are
team of the week
Page 2B

Southwestern Conf.
basketball standings
Page 3B



Art
Voellinger

Baltz takes the helm for Post 58 team

One constant of southwestern Illinois, is that once you turn your calendar past Jan. 1, you can bet on someone talking baseball.

No wonder then why I was not surprised to learn recently of the intentions of Tom "Walley" Baltz of Millstadt to take the reins of the Belleville Hilgards Post 58 Senior American League baseball team.

A 1970 graduate of Belleville West High School, where he was an outstanding catcher and a starter on the O'Fallon Legion team that won the District 22 championship that summer, Baltz succeeds George Vineyard, who retired as the Belleville coach at the end of last season.

"Obviously, I have an interest in the team since I have a son (Todd) who played for the Hilgards last year, but it's my love of baseball that is as much a reason for taking the job," said the 45-year-old Baltz.

"I'd like to say that I'm going to coach for more than a year, but right now I'm just going to see how it goes."

A coach of the Belleville Junior Legion team in 1996, Baltz played 17 years with the Millstadt VFW of the Mon-Clair men's league where he also served as a league officer, but his familiarity with the current players appeals to Hilgards business manager Don Wallis of Belleville.

"He knows who is available and has been around baseball all his life," said Wallis, who helped coach the Belleville team for two seasons prior to the three-year tenure of Vineyard.

Also an umpire of high school, Legion and Mon-Clair games, Baltz will select players from Althoff and West high schools.

"We have five players returning," Baltz said with references to his son, a pitcher-firstbaseman at West, along with West infielders Travis Jones and Adam Vance and Althoff infielder Jeff Gansman and outfielder Ryan Tribout.

Gansman's dad Gary is expected to be an assistant coach to Baltz, meaning he also will have to join Baltz and Wallis in fundraising.

"At this time we are planning a dance and a bowling night," said Baltz, who said the Hilgards will use the BTHS West and Belleville Area College diamonds as home sites with "a couple of games also in Millstadt."

"We've got a lot of work ahead of us," said Baltz while noting his home phone number (476-3252) and that of Wallis (397-0237) for persons interested in aiding the Post 58 cause.

Extra innings

Baltz pointed to "being around baseball as long as I have" as one of his strong points in moving to the Senior Legion post and referred to Dennis Schutzenhofer, the Fairview Heights Legion coach, and Syl "Tuffy" Mueh, a Mon-Clair League Hall of Famer, as among the persons he admired in baseball.

"I've been around good baseball people," said Baltz, a teammate of Schutzenhofer on championship Millstadt teams coached by Mueh.

Overtime

When McKendree College's men basketball team defeated Barab 90-61 on Jan. 10 at Lebanon for Coach Harry Statham's 700th career victory, the coach was Vintage Statham.

In addition to having six players in double figures, the Bearcats lineup featured all nine of the players used in the game with double figures in minutes played.



(Staff photo by JOHN FRES)

Granite City's Brett Sollberger (dark jersey) scored the fourth goal in the Warriors' 6-1 victory against Althoff last Wednesday.

Warriors hammer Crusaders, take over conference lead

By Patrick C. Heston
Staff writer

The rematch was nothing like the original.

When Granite City traveled to Belleville Althoff on Dec. 17 for Mississippi Valley Club Hockey Association action, each team was limited to 18 shots on goal as the Warriors won the defensive struggle 1-0.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

Granite City outshot Althoff 23-21 on its way to a 6-1 thumping of the Crusaders.

The win, coupled with Cahokia's win against Belleville West on Sunday, moved the Warriors into first place in the Southern Conference. Granite City is now 6-1-1 (13 points) in conference play and 6-1-1 overall.

The first half of the first period was penalty free as the teams went end-to-end non-stop.

CLUB ICE HOCKEY MISSISSIPPI VALLEY

for more than seven minutes of intense action. Quality goal-tending and rapid, on-the-fly player changes by the Warriors kept the pressure on the Crusaders. Finally, with about a minute remaining in the period, Warriors sophomore Matt Salzman beat Althoff goalie B.J. Vogt on an unassisted goal for a 1-0 Granite City lead.

The Crusaders evened the score early in the second period, but it was all-Warriors from there.

With the score knotted 1-1, Granite City defenseman Billy Fior held the puck in at the blue line before feeding Bobby Meszaros, who skated to the top of the circle and shot low glove-side for a 2-1 Warriors lead with 9:43 to play in the period.

About two minutes later, Greg Pritchard picked up a



Greg Pritchard scored a goal as Granite City defeated Althoff last week.

loose puck, deked three defenders, faked a backhand shot and went to his forehead, blasting the puck past Vogt for a 3-1 lead.

(See MVCHA, Page 3B)

Granite City startles foes in Mid-States

By Patrick C. Heston
Staff writer

The line on the Granite City Warriors Mid-States hockey team at the start of the 1997-98 season was that they lacked the depth to seriously compete in the newly aligned Mid-States Club Hockey Association.

After all, too many key players had made the jump between seasons to the new Illinois Warriors, maiden members of the Mississippi Valley Club Hockey Association.

"Nobody was giving us much of a chance this year," said Granite City coach Dave Yurkovich. "People felt we'd lost too much of our team to play at the level necessary to be successful in the Mid-States league. But, we've proved them wrong."

"We're a strong team. Our goalies have been solid and we've had great defense all year long. Our offense can be very good. And we certainly have the firepower on offense. We're a team that people thought we would be. I feel very good about where we're at and about how we're playing."

Where the Warriors are at is second place in the MSCHA's Suburban North conference, trailing only Hazelwood Central. How they're playing is more than enough to fashion a more than respectable 10-1 record with only five regular season games remaining.

On Saturday, Jan. 10, against the McCluer North Stars at the North County Ice Rink, the Warriors scored the first four goals of the game, skating to a 6-4 win.

Bryan Loftus swept the puck to Ty Suhre who found the back of the net for a 1-0 Granite City lead at 13:52 of the first period.

It stayed close until the 5:17 mark of that same period.

CLUB ICE HOCKEY MID-STATES

when Bobby Pritchard ignited an offensive explosion that produced three Warriors goals in a span of 25 seconds.

Pritchard scored at 5:17 off a feed from Bobby Harris and Mike Angle. Eighteen seconds later, at 4:59, Bobby Scott scored, assisted by Harris and Suhre, to give Granite City a 3-0 lead. And, just seven seconds later, the Warriors stole the puck at center ice and stormed the Stars net on a two-on-one break. Pritchard fed Todd McQueen, whose wrist shot made it 4-0.

At the 3:52 mark, McCluer North scored on their first and only shot of the period.

"It was a giveaway," said Yurkovich flatly.

A defensive breakdown at mid-ice left goalie Matt Wojciechowski with little he could do. The score drew North within 4-1. They had been outshot 13-1.

Suhre scored at 11:44 of period two, assisted by Harris, for a 5-1 Warriors lead. Then, at 8:27, Scott scored an unassisted goal to up the margin to 6-1. Scott's goal came while the Warriors were short-handed.

McCluer North scored at the 6:41 mark, leaving the Stars on the short end of a 6-2 game after two periods.

The Stars picked up the only goals of the third period, even though they were outshot by the Warriors 12-6 in the period.

"We were getting our offense so cranked up in that first period that our defensemen were pushing too far up and taking too many chances," said Yurkovich. "As a result, we got needlessly burned several times. Our defenders turned off and our players too often and left us looking at

(See MID-STATES, Page 3B)

Tournament time Tigers are No. 1 seed at Salem

By Patrick C. Heston
Staff writer

The Salem Invitational Basketball Tournament opens tonight with one of its most powerful lineups in recent memory. Always a tough tournament, Salem is especially tough this year with 13th-ranked Edwardsville (12-0), 14th-ranked Mount Vernon (12-1) and 18th-ranked Centralia (14-2) from the state's Class AA poll crowded into the eight-team affair.

Edwardsville is the defending tournament champion and also the tournament's top pick this go-around. The Tigers of coach Mike Waldo are powered by sure-bet all-star Jon Harris (6-foot-7 senior forward), bound for Marquette University, and feature a strong supporting cast in Mark Allaria (6-3), Matt Turner (6-3), Derek Cowan (6-6), Dan Lytle (6-10) and Chris LaRose (6-4).

The Tigers ran their record to 12-0 Saturday

night, beating Alton at West Middle School 58-47. Harris scored 16 points and bagged seven rebounds while Turner hit for nine points, nailing three of five shots beyond the arc.

Edwardsville faces host Salem in the late game tonight (8:30 p.m.).

But the Tigers face a stiff challenge just to get to the title game this year as the Centralia Orphans loom on the semifinal horizon. Rick Moss' powerhouse team plays the 7 p.m. game tonight against Charleston and should advance without difficulty. That would set up a classic semifinal clash between the Orphans and the Tigers.

Moss' Orphans are paced by a pair of Division I prospects in 6-8½ senior center Luke Sharp, averaging 22 points and nine rebounds a game; and 5-11 point guard Ty Moss, the coach's son. Moss hits for 17 points per game

(See BASKETBALL, Page 3B)

Madison is in tough field at Nashville

By Patrick C. Heston
Staff writer

Maurice Baker of Madison may well be the best player in this week's Nashville Invitational Tournament. But his team will be fortunate to survive either of its first two games.

The Trojans drew Waterloo Gibault in a first round game at 6:30 p.m. tonight. Gibault is the 11th-ranked team in the Class A state poll. Led by 6-foot-10 Chris Braun (15 points per game) and 6-6 John Thomas (12 points per game), the Hawks possess a deep bench with good balance, rotating eight players in and out of the line-up.

"We're not a great team. We're a nice team," said Hawks coach Dennis Rueter. "We're not as good as Nashville or Mater Dei.

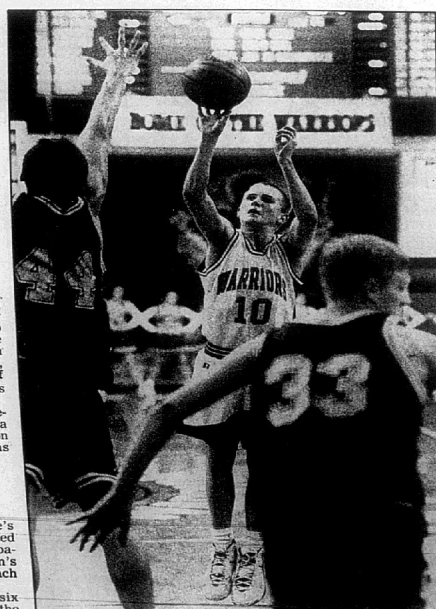
BOYS BASKETBALL

But on the right week, if we're on our game, we could win this tournament. And that's really saying something. This is an exceptional tournament with four excellent teams, all ranked in the state's top 20. It's going to be quite a show."

Gibault took it on the chin Saturday night at Breese, failing to host Mater Dei 64-50 in a non-conference game. The loss dropped the Hawks to 14-4, while the Knights improved to 13-4 and served notice that they are currently one of the hottest teams in the state.

"Right now, Mater Dei is playing better basketball than anyone in this tournament," said

(See MADISON, Page 3B)



(Staff photo by JOHN FRES)

Zack May of Granite City takes a shot in recent tournament action.

-SPORTS

Eliminators capture Gillespie Tournament

Sixth-grade team rolls to title

The Eliminators Youth Basketball Club sixth-grade girls basketball team, coached by Don Padgett and Bill Koehler, won the championship of the Gillespie Junior High Girls Holiday Tournament.

The Eliminators defeated Roxana, Gillespie and Bethalto to win the crown.

Melissa Koehler, from Douglas School in Belleville, led the team by scoring 30 points and grabbing 15 rebounds in the tournament. She was followed by Rachel Padgett with 18 points, and the Boron twins, Kris and Kim, with 13 and 12 points respectively.

The team will play in AAU competition later this year with the goal to reach finals, in Florida.

Other members of the team are Tara Brenner, Sarah Thomas, Brittany Hubbard, Jennifer Walta, Katherine Allen, Cierra Putnam and Beth Keck.

The Eliminators are based in Belleville and have been successful in tournaments in St.

Members of the Belleville Area Eliminators sixth-grade girls basketball team pictured at right (from right to left) are: in front - Kris Boron, Rachel Padgett, Melissa Koehler, Kim Boron; Second row - Terra Brenner, Sarah Thomas, Brittany Hubbard and Jennefer Walta; In back - coaches Don Padgett and Bill Koehler. Absent from photo are Katherine Allen, Cierra Putman and Beth Keck.



Cardinals Team of the Week

Sponsored by
Alliance BlueCross BlueShield

**INDEPENDENT
TIRE DEALER
BUYING GROUP**

ITD

OUR VOLUME SAVES YOU MONEY!

Over 65,000 Tires in Stock At
Our Central Warehouse!
Largest Inventory in Metro Area!

PRICED TO GO

★ MOUNTING
★ BALANCING
★ VALVE STEM
★ ROTATION
★ ROAD HAZARD*

COMPETITORS CHARGE UP TO \$20
MORE PER TIRE FOR THESE SERVICES.
WE OFFER THEM FREE!

EVERY NEW TIRE IN THIS AD
INCLUDES ABSOLUTELY FREE:

UNIROYAL

DRIVING DEPENDABILITY HOME:

TIGER PAW ASC

All Season Radial

P205/75R14	WW	\$57
P205/75R15	WW	\$7
P215/75R15	WW	\$9
P225/75R15	WW	\$3
P235/75R15	WW	\$9
P205/70R14	WW	\$9
P215/70R14	WW	\$1
P205/70R15	WW	\$3
P215/70R15	WW	\$5
P195/70R14	BLK	\$9

- 50,000 Mile Limited Treadwear Warranty
- DuraShield® construction for durability, and strength
- Available in Handwriting and Blackwalls
- Superb Tread - Great Value
- Free Road Hazard Policy

UNIROYAL

DRIVING DEPENDABILITY HOME:

TIGER PAW XTM

Premium Passenger Radial

P205/75R14	RWL	\$75
P205/75R15	WW	\$75
P205/75R15	RWL	\$81
P215/75R15	BLK	\$76
P215/70R15	WW	\$77
P225/75R15	RWL	\$84
P235/75R15	BLK	\$82
P235/75R15	WW	\$84
P235/75R15	RWL	\$87

- 60,000 Mile Limited Treadwear Warranty
- Proven Original Equipment Performer
- Free Road Hazard Policy
- Many Other Sizes Available!
- Call For Your Size And Price!

UNIROYAL

DRIVING DEPENDABILITY HOME:

TIGER PAW TOURING TR

Premium Touring Performance

NEW

P205/70R15	\$77
P175/65R15	69
P185/65R15	75
P195/65R15	79
P205/65R15	83
P215/65R15	86
P195/60R15	75
P205/60R15	78
P215/60R15	87
P225/60R15	94
P205/55R16	97

- 70,000 Mile Limited Treadwear Warranty
- Wide Tread & Shoulder Blocks For Precise Steering Response
- Free Road Hazard Plus A 24 Hour Road Side Assistance!
- Many Other Sizes Available! Call For Your Size And Price!

UNIROYAL

DRIVING DEPENDABILITY HOME:

LAREDO AWP

Durable Light Truck Radial

P235/75R15	\$84
P265/75R15	96
LT235/75R15/6	98
LT225/75R16/8	104
LT245/75R16/10	107
LT265/75R16/6	110
LT215/85R16/8	107
LT235/85R16/10	105
309.50R15/6	99
31/10.50R15/6	107

- DuraShield® construction for durability, puncture resistance, and long tread life
- Quiet, smooth passenger tire ride
- Reliable, all weather light truck traction
- Perfect for sport utility vehicles
- Free Road Hazard Policy

SPECIAL PURCHASE ORIGINAL EQUIPMENT SPECIALS

UNIROYAL	MICHELIN	BFGoodrich	GENERAL	Firestone	BRIDGESTONE
MICHELIN X-ONE RAINFORCE MX4 XW4 XZ4 LTX In Stock Now! Call For Your Price! BFGoodrich TOURING T/A RADIAL T/A ALL TERRAIN T/A MUD TERRAIN T/A	UNIROYAL P215/70R15 FTS FORD WINDSTAR P235/75R15 LAREDO A/V5 P215/70R15 FTS CHEVY BLAZE - GMC BUICK BFGoodrich P205/70R15 TOURING T/A SR4 P195/65R15 FTS FORDT GRAND AM & PONTIAC GRAND PR MICHELIN P215/65R15 XW4 P215/70R15 FTS CADILLAC ALPHAVOLT VOYAGER P215/70R15 FTS FORDT TOWN CAR P235/60R16 XGT4 P235/60R16 ELDOCAHO - SERVICE	ROYAL SEAL AWP BLK. \$ 72 LAREDO A/V5 OWL II. \$ 84 TOURING T/A SR4 BLK. \$ 59 TOURING T/A SR4 BLK. \$ 39 XW4 RBL. \$ 90 ALPHAVOLT VOYAGER WW. \$119 XGT4 RBL. \$119	MANY SIZES AVAILABLE! CALL FOR YOUR SIZE & PRICE! More than a rain tire, all-weather, low or long mileage tire. It's a whole new category. Of One. For better wet traction than any rain tire. Plus, more control in more conditions for more miles than any other tire.	Firestone P235/75R15 ATX II WILDERNESS OWL \$ 82 P235/75R15 FTS FORD EXPLORER OWL \$ 82 P215/70R14 FTS FORD F150 F480 BLK \$ 81 P215/70R15 FTS FORD F150 F480 BLK \$ 81 P225/70R14 FTS RANGER / MAZDA PICKUP F480 OWL \$ 82 P215/70R15 FTS FORD RANGER F480 BLK \$ 67 P215/70R15 FTS FORD COUGAR F480-62 BLK \$ 70 P215/70R15 FTS FORD CONQUEST F480-62 BLK \$ 59 P215/70R15 FTS FORD LTD. LTD. 02 BLK \$ 88 GENERAL P215/70R13 FTS HOLDEN SENTRA AMERI-GAS BLK \$ 47 P215/70R14 AMERI-GAS BLK \$ 59 P215/70R15 FTS FORD CONTOUR/MUSTANG AMERI-GAS BLK \$ 59 P215/70R15 FTS PONTIAC GRAND AM & PONTIAC GRAND PR XP-2000-GT BLK \$ 59 P215/60R15 AMERI-GAS BLK \$ 63 P215/70R15 FTS FORD TALUS AMERI-GAS BLK \$ 63 P215/70R15 FTS PONTIAC MONTANA AMERI-GAS XP-2000-GT GEN SEAL BLK \$ 67 P215/70R15 FTS FORD F150 AMERI-550 A/V BLK \$ 89	

SUPER VALUE PASSENGER SAVINGS

4 FOR \$99

SIZE	ECONOMY*	45,000 MILE	55,000 MILE	70,000 MILE	PRICE
P155/80R13	\$24	\$39	\$49	\$55	
P165/80R13	37	44	50	57	
P175/80R13	39	45	51	57	
P185/80R13	40	46	54	59	
P185/75R14	45	48	53	61	
P185/70R14	46	51	58	63	
P195/75R14	45	49	57	64	
P195/70R14	47	53	59	65	
P205/75R14	47	53	59	65	
P205/70R14	52	55	60	66	
P215/70R14					

NEWS

ORGANIZATIONS

Rocky Mtn. Elk

The local chapter of the Rocky Mountain Elk Foundation has scheduled its third annual banquet for Feb. 7, in the Aerie Lounge at the Alton Ball Casino. The banquet starts at 5 p.m. with a social hour, 6:15 is the prime rib and seafood banquet, 7 p.m. the live auction begins with cruise reservations at 8:15.

The RMEF is one of few wildlife organizations that invests over 90 percent of funds into preserving or improving habitat for wildlife.

Call Joe Wisnasky at 658-3119 for reservation and tickets.

Home Extension

Granite City Unit of the Home Extension held their Christmas party at Charlie's on Dec. 2. Hostesses for the party were Florence Stokes, Florence Hagnauer, Vincine Zerland and Ann Pates.

There were 12 members in attendance with three guests: Kassie Hagnauer, Adele Wasylak and Martha McElroy. Two of the members present were new members Bobbie Vences and Tina Cross.

Lunch was enjoyed by all. Elizabeth Edwards won the attendance prize. The hostesses passed out a gift for each one present.

Members present were Mary Thibault, LaNell Lessag, Florence Stokes, Florence Hagnauer, Vincine Zerland, Ann Miller, Elizabeth Edwards, Nina Dittman, Phyllis Bernatti and Sophia Thomas.

Eagles Auxiliary

The Eagles Auxiliary Christmas Party was held at the Eagle Home on Dec. 23. There was a dinner, by Lakeview Restaurant.

After the dinner the Auxiliary President Mildred and Auxiliary Secretary Mother Hilda Melton were presented gifts from the auxiliary and members present.

After this a short meeting was held. Roll call of officers was taken with all officers present.

Secretary Vincine Zerland read one application on the floor. The correspondence was read. The bills were read and approved.

There was no jackpot winner. Good of the Auxiliary was won by Mary Church and Billie Schuler. Closing ceremony was held and the meeting was adjourned.

Concours class

The Concours Sunday School class of Nidringhaus United Methodist Church held their 35th consecutive New Year's Eve Party in the parlor at the church. Rev. William Leckrone gave the blessing before a meal of finger foods. At midnight the class went into the sanctuary and knelt at the altar for prayer. Those attending were Bud and Susan Skattemo, George McMillan and Mary Ann Reid, Kay Greene, Mary and Bob Rouland, Preston and Gladys Wallace, Leonard and Marie Lucia, Rev. William and Shirley Leckrone, Lee and Eula Davis, Leonard and Marie Gertson and Frank and Betty Zaruba.

C.W.U.

Church Women's Union held its first meeting of the new year on Jan. 6 with Mildred North presiding. Sandy Kozay, chaplain, gave the prayer before the business was discussed as well as at the close of the meeting.

A "Thank You" note was read by Hilca Lombardi, corresponding secretary, from the social worker of the Granite City school system regarding the monetary donation to the Ellette members made at Christmas. A sympathy card was sent to Esther Vassileff, past president of the Ellette, in memory of her husband who recently had passed away. Money to the Ellette lodge to purchase kitchen equipment.

Hostesses for the evening were Bess Weiss, Dorothy Kinney, Helen Podroff and Roberts Cottrell. Tentative plans were made to have a spaghetti dinner as a fund raiser on March 14.

Dues for 1998 are now due. The next meeting of the Ellette will be on Feb. 2, with a pot luck starting at 6:30 p.m.

Trio Club

The regular meeting of TRIO Homemaking Club met Jan. 6 at Hope Lutheran Church in Granite City with 22 members and one guest present.

President Sarah Huber thanked the hostesses Emma Sakich, Pauline Nichols and Catherine Puskar for the delicious desserts and coffee.

Judie Schatz played a very interesting tape on achieving and maintaining good health by inexpensive measures. Judie Schatz and Sarah Huber presented the informative lesson on achieving and maintaining a healthy body composition.

Sarah Huber read "A Touch of Innocent Humor to Brighten Up the Corner."

Secretary Roberta Cottrell read the Oct. 7, 1997 minutes. Huber introduced the guest Leona George to the members.

Treasurer Barbara Phelps gave the bank balance of TRIO Club. Huber mentioned that on Jan. 13 the County Meeting was to be held in Edwardsville. She also showed the dolls to be made for Operation Rest of the World Day will be Jan. 26 at 9 a.m. at the Farm Bureau Building in Edwardsville.

Gen Hill gave a very informative demonstration on "Hand Washing and How to Be Sanitary in Public Restrooms."

Eve Loman broke her leg on Dec. 20. She is in Rosewood Care Center in Edwardsville.

Louise Anderson is in St. Elizabeth's hospital in Granite City.

Wilma Pulaski, Gen Hill and Mildred Talley won the attendance prize.

Meeting was adjourned.

County AKA

The first Madison County alumnae chapter of Alpha Kappa Alpha Sorority Inc. will be established at a chartering ceremony on Jan. 31.

Alpha Kappa Alpha Sorority Incorporated's Regional Director Peggy Lewis-LeCompte will conduct the ceremony. This occasion will be a landmark historical event.

Alpha Kappa Alpha Sorority Incorporated, founded in 1908 as the first Greek letter organization for college-educated African-American women, is a service-oriented organization of more than 140,000 women with more than 900 chapters in the United States, West Africa, the Bahamas, the Virgin Islands, Ger-

many, Bermuda and Korea.

The sorority has maintained a 90-year tradition of sponsoring programs that promote education, health care, family, economic growth and development. The founding of the new chapter in Madison County will provide a local focus of this fraternal organization's commitment to humanity.

The public is cordially invited to participate in the celebration, 3 p.m. at Mount Joy Baptist Church, 327 Olive St., Edwardsville.

Members of the American Institute of Architects, Southern Illinois Chapter has elected the following officers and directors for 1998:

President — Van Voyles (Makanda); Vice President/President-Elect — Tim McMin (Belleville); Secretary — Kevin Roth (Carbondale); Treasurer — Leroy Dawson (Lebanon); Past President — Norm Lach (Murphysboro); Director — Ben Polier (Carbondale).

Marion Pogges (Carbondale) will continue to serve as a director. David Pool (Greenville) will continue as a director and continue to serve as the chapter delegate to AIA Illinois.

Grace Baptist program

Broken Promise is a recovery ministry to children who are living in a single-parent home. It is a place where children come for help to freely discuss their emotions and needs with understanding adults.

The program is designed for children preschool (age 4) through high school. Free child care is available for children under 4 years.

New Beginnings runs concurrently with Broken Promise and is for men and women whose children are attending Broken Promise of for those noncustodial parents, whose circumstances will not permit their children to attend.

"Broken Promise" and "New Beginnings" are sponsored through Grace Baptist Church, 2600 Edwards Street, Granite City. The sessions will be Wednesday evenings from 7 to 8:15 p.m. for 14 weeks, starting Feb. 11. The fee for a single parent and any number of children is \$10. Those not enrolled in one session will be placed on a waiting list with first priority for the next session. To enroll call Grace Baptist Church at 677-6672.

The Plus means better

We're out to make your life a little easier with automotive service better than it's ever been before.

NEW GM Goodwrench Service Plus

offering our traditional quality parts, service and factory-trained technicians.

LIFETIME GUARANTEE ON PARTS AND LABOR!

(select parts and labor covered as long as you own your GM vehicle. See us for details of this limited warranty.)

GOODWRENCH "QUICK LUBE PLUS"

20 MINUTES OR THE NEXT ONE IS FREE. Includes up to 5 quarts of Goodwrench 5W30 motor oil, A/C oil filter and chassis lubrication. Diesels slightly higher.

GOODWRENCH TUNE UP

4 CYLINDER \$44.95 6 CYLINDER \$49.95 8 CYLINDER \$54.95

GM GOODWRENCH BRAKE SERVICE

• Install GM disc brake pads • Inspect and/or resurface or turn rotors • Check calipers, master cylinder fluid level and parking brake - adjust as needed

GM GOODWRENCH ENGINES

(IN STOCK) **\$100.00** OVER COST

GM GOODWRENCH FREE 30 PT. SAFETY INSPECTION

All Plus's add up to "Best Service Available"

Senior Citizens Save 10% Every Thursday

(Does not apply to advertised specials)

BUICK • PONTIAC • GMC

903 N. BLUFF ROAD • HWY. 157

Just W. of I-70 on Rt. 157 in Collinsville

618-344-0121 • 314-621-0824

TOLL FREE 800-782-9882

Laura

GO ON-LINE with Your Journal and WIN a St. Louis Edition of Monopoly!

To enter the Suburban Journal Monopoly On-Line sweepstakes you must answer the following questions correctly. You can find the answers to the questions in our classified section on our web site at www.yourjournal.com or call 314/821-1157 ext. 106.

Mail your entry to: Suburban Journal On-Line, 1714 Deer Tracks Trail, St. Louis, MO 63131. Entries must be received by noon on January 23, 1998.

Name _____ Telephone # () _____

Q. How long is the world record for the Monopoly game played upside down?

A. _____

Q. A custom Monopoly game created for Albert Dunhill featured houses and hotels made of gold and silver. How much did this unique game sell for?

A. _____

Q. What St. Louis property now sits on "Park Place"?

A. _____

Q. What St. Louis newspaper is featured on the St. Louis edition of Monopoly?

A. _____

Q. What St. Louis children's charity benefits from each St. Louis edition of Monopoly sold?

A. _____

Suburban Journals www.yourjournal.com

HOUSER'S

Discount Tire & Auto Parts

HOURS: MON - FRI 9am - 6pm SAT - 9am - 5pm SUNDAY 10am - 5pm

1749 Madison Ave. Granite City

451-7446

Every New Tire Purchase Includes:

FREE MOUNTING! BALANCING! VALVE STEMS!

35,000 MILE ALL SEASON RADIAL

4 FOR \$99

SIZES 13" 4 For \$149 SIZES 14" 4 For \$169 SIZES 15" 4 For \$189

BRAND NAME SAVINGS MERIT 4 SEASON

50,000 MILE ALL SEASON RADIAL

FREE ROAD HAZARD POLICY

SIZES 13" 4 For \$169 SIZES 14" 4 For \$189 SIZES 15" 4 For \$199

LIGHT TRUCK SUPER VALUE

MERIT ALL COUNTRY

45,000 MILE ALL SEASON RADIAL

4 FOR \$199

SIZES 15" 4 For \$269 SIZES 15" 4 For \$359 SIZES 16" 4 For \$379

SAVE UP TO 50% OFF

ON ALL YOUR AUTO PART NEEDS!

(not valid with other discounts)

FREE HAND CLEANER!

WINTERMASTER PLUS

Whitewall P185/R0R13 \$55.00 P185/75R14 \$56.77 P195/75R14 \$58.43 P205/75R14 \$60.09 P215/75R14 \$65.95 P205/75R15 \$64.07 P215/75R15 \$66.44 P225/75R15 \$70.63 P235/75R15 \$72.14 P185/70R14 \$60.06 P195/70R14 \$62.73 P205/70R14 \$65.17 P215/70R14 \$68.14 P205/70R15 \$66.67 P215/70R15 \$70.31 P225/70R15 \$74.33

Black Sidewall P205/65R15 \$79.31 P215/65R15 \$80.75 P215/60R16 \$86.14 P225/60R16 \$94.73

Black Sidewall for Light Trucks P225/75R16 \$75.10 P245/75R16 \$82.74 P265/75R16 \$83.14

FREE ROAD HAZARD POLICY

RUGGED WINTER DESIGN

4 SEASONS ANTI-FREEZE

\$4.97 Per Gallon

We reserve the right to limit quantities. No Dealer's Please.

WINDSHIELD WASHER FLUID

.89¢ Per Gallon

Protects To -25° Below Zero!

POLAR (PREMIUM) WINDSHIELD WASHER FLUID

\$1.99 Per Gallon

Starts On Cold Days! For Gas and Diesel Engines

STARTING FLUID

.79¢ Per Can

Fast Starts On Cold Days! For Gas and Diesel Engines

GAS LINE ANTI-FREEZE

3 FOR .99¢

Prevents Frozen Gas Lines

THERMOSTATS BY ROBERT SHAW

50% OFF!

Most Passenger Cars & Light Trucks

MOTOR OIL WOLF'S HEAD & COASTAL

\$1.99 Per Qt.

30W, 5W30, 10W30, 10W40, 15W40

DISC BRAKE CALIPERS

MANUFACTURED BY MID ILLINOIS CALIPER

AS LOW AS \$11.69

Each Exchange

NEW DISC BRAKE PADS

AS LOW AS \$4.99

Organic Most Vehicles

FRONT WHEEL DRIVE AXLES

REMANUFACTURED BY DSR

AS LOW AS \$59.95

Most Vehicles Exchange

WATER PUMPS

REMANUFACTURED BY CARDONE A-1

50% OFF!

Exchange Most Vehicles

LAVA LIQUID HAND SOAP

.99 Each

15oz. With Fingernail Brush

DEKA BATTERIES

DISTRIBUTED BY EAST PENN MFG. CO. INC.

Deka has the right battery for virtually any application. We reserve the right to limit quantities. No Dealers Please!

DEKA BATTERIES

COMMUNITY CALENDAR

Church

ST. JOHN UNITED CHURCH OF CHRIST, 9 a.m., 2001 N. Main Road, Sunday School; 9 a.m., Two Sunday Worship Services, 9 a.m. and 10:30 a.m. Noisy, very available. Everyone is welcome.

GENERATION JESUS YOUTH GROUP, led by youth minister, 6 to 8 p.m., Sunday at N. Main Road, 1900 Ponton Road.

CENTRAL CHRISTIAN CHURCH, 2020 Johnson Road, holds Sunday School at 9:30 a.m. and morning worship at 10:45 a.m. Every Sunday. Everyone is welcome.

ST. PETER UNITED CHURCH OF CHRIST, 2101 Cleveland Blvd. holds Sunday School at 9 a.m. and has preschool available. Morning worship services at 10:15 a.m. Nursery available. Everyone is welcome.

NIEDERUNGHAUS UNITED METHODIST CHURCH will be welcoming the new minister, the Rev. Gary Motta, on Sunday, Jan. 25. Worship services will be at 8:30 a.m. and 10:30 a.m. and 20th and Delmar in Granite City. Sunday School is at 8:30 a.m. A reception is set for 9:15 to 10:15 a.m. Everyone is welcome.

Community

MADISON COMMUNITY ACTION GROUP, meets at 7 p.m. the fifth Monday of the month for more information call Dan at 452-2336 or Diane at 576-1360.

MITCHELL FIRE PROTECTION DISTRICT 2 monthly meeting, 7 p.m., second Tuesday of each month, Maryville and Old Alton roads.

Dance

MIDWESTERN UNITED STATES IMPERIAL DANCE CLUB (MUSIC) regular monthly meeting is held every other Sunday evening at the American Legion Hall in Collinsville. Non-members welcome. Dance lessons from beginning to advance are given from 6 to 8 p.m. Open dancing in the main hall is open from 8:10 p.m. at a cost of \$4 for nonmember and \$2 for members. For more information, call 463-2405.

BOOTS & SLIPPERS SQUARE DANCE CLUB, square dance lessons, 7 to 9 p.m., every Monday, St. Paul Lutheran Church, Fairview Heights. The cost is \$2.50 per person, per lesson. For more information, call 797-6526 or 344-4636.

Food/Nutrition

POLISH PIEROGI SALE, Sacred Heart Polish National Catholic Church, 930 Reynolds, Madison, first Saturday of the month. Seven varieties: cabbage, cheese, meat, potato, sausage and kraut, plum pudding and lard. Carried over from the previous year. The sale is free and open to the public. To register or for more information, call 796-3688.

ST. JOHN LUTHERAN CHURCH monthly breakfast the second Saturday of every month, 4420 2001 St. Clair Ave. Meals are \$4 for adults and \$2 for children. Breakfast includes scrambled eggs, sausage, homemade jellies, coffee and more. Call 451-7758 for more information.

RESCUE MISSION, 1536 Fourth St., Madison, food pantry is open from 9 a.m. to noon every Saturday. Sam Turner is the chairman, Valonia Turner is the secretary and Alfred Turner is the pastor.

GRANITE CITY FOUR SQUARE CHURCH, 12111 Street, Edwardsville, holds hot meals served free of charge, the last Monday of each month, to those in need or those who just want someone to talk to. Open to the public. For information or a ride, call 451-9635.

Health/Exercise

Bemis Chiropractic, 3361 Peeling Road in Granite City, is offering FREE ELECTRONIC SPINAL SCREENINGS from 9 a.m. to noon every Tuesday and Thursday. Call 876-2273 for more information.

TOPS 2363, 8:30 p.m. every Thursday at the Anchorage Recreation Center, 2909 Edwards St. For more information call Bobbie at 452-0273.

FREE SENIOR CITIZEN EXERCISE CLASS, 9 a.m., every Thursday, Anchorage Recreation Center, 2909 Edwards St.

TOPS 2048 (Take Off Pounds Sensibly), 6 p.m. every Monday, Melvin Price Support Center in Granite City, 876-2124.

TOPS 1145, 7 p.m. every Monday, Anchorage Recreation Center, 2909 Edwards St., Granite City, 452-6102. Men and women are welcome to attend.

TOPS 1899 (Take Off Pounds Sensibly), will meet at 8:45 p.m. every Tuesday at the Anchorage Recreation Center, 2909 Edwards St.; call 876-2124 for more information. Men and women are welcome to attend.

TOPS 1147, 6 p.m. every Tuesday, Biarciff Pentecostal Church, 1120 St. Paul, Granite City, 452-6102. Men and women are welcome to attend.

ST. ELIZABETH MEDICAL CENTER'S BEHAVIORAL HEALTH SERVICE will present a talk on "Prevention of Natural High" at 7:30 p.m. Jan. 27 at Wiesman Room at St. Elizabeth.

Medical Center. The presenter will be Ellen Plotner, of the Behavioral Health Service. The talk is free and open to the public. To register or for more information, call 796-3688.

Organizations

AMERICAN ASSOCIATION OF RETIRED PERSONS CHAPTER 1303 meets at Granite City Township Hall second Wednesday of each month. Doors open 5 p.m., refreshments served at 6 p.m. All seniors 50 and over are welcome. For information call 877-3020.

MEN'S FELLOWSHIP GROUP of Central Christian Church meets at 8:30 a.m. the second Wednesday of each month for breakfast and fellowship. For more info and location of meetings call 931-2096.

GRANITE CITY BUSINESS AND PROFESSIONAL WOMEN, meeting at Jerry's Cafeteria, Dinner at 6:30 p.m., followed by a program at 7:15. Open to the public. For more information call 452-5331 or 451-6914.

NOON NETWORKING FOR WOMEN, third Wednesday of each month, noon to 1 p.m., Ramada Inn in Fairview Heights. Cost is \$10 (no annual dues). Please feel free to bring your business cards and brochures. Bring a friend a get \$4 off your next lunch at Noon Networking.

CHRISTIAN WOMEN'S FELLOWSHIP of Central Christian Church meets at 1 p.m. the first Thursday of each month. For more information call Helen Stumpe at 931-2096.

SONS OF CONFEDERATE VETERANS, a hereditary group for descendants, over age 12 of Confederate veterans, meet every third Thursday of every other month at Ravanel's House. For more information call 877-3020.

NAVY MOTHERS CLUBS OF AMERICA, meets at 7:30 p.m., second Thursday of each month, at the Veterans of Foreign Wars Post in Granite City. Mothers, fathers, daughters, wives or sisters of former and present Navy Marines, Coast Guard or Navy. Members encouraged to join. For further information, call 931-2292 or 876-2299.

THE SARAH AND DORCAS CIRCLES OF CHRISTIAN WOMEN'S FELLOWSHIP, meets at 9:30 a.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpe at 931-2096.

THE RUTH CIRCLE OF CHRISTIAN WOMEN'S FELLOWSHIP, meets at 7 p.m. the third Thursday of each month. For more information and/or meeting location, call Helen Stumpe at 931-2096.

LYDIA CIRCLE of Nameoki United Methodist Church meets at 1 p.m. the third Thursday of each month. For more information phone, 877-1936.

CHURCH WOMEN UNITED will meet at 10 a.m. the fourth Thursday of each month, except July, at Nameoki United Methodist Church, 1900

Ponton Road. Installation of officers will be at 11 a.m. Jan. 23.

MODERN WOODMEN OF AMERICA Life Insurance Society meets the last Thursday of each month at 5 p.m. at Ravanel's Restaurant in Granite City.

THE JOLLY QUILTERS, 9 a.m. to 2 p.m., every Thursday at the Social Center, 906 Thorngate Drive, Mitchell.

GRANITE CITY COMMUNITY BAND rehearsals, 7:30 to 9 p.m., Thursday, St. John United Church of Christ, 2001 N. Main Road, Granite City, 831-0443.

GREATER BENEFICIAL UNION OF PITTSBURGH, District 491, Granite City Council, meets at 8 p.m., first Friday of each month, Third Baptist Church, 26th Street and Grand Avenue in Granite City. James P. Reagan, president, can be reached at 288-7396; and Mary Solomon, secretary, can be reached at 451-9201.

GRANITE CHAPTER 550 ORDER OF THE EASTERN STAR meets the second Friday of each month, 7:30 p.m., at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

DOWNTOWN NEIGHBORHOOD RESTORATION SOCIETY, 8 p.m., second Friday of each month, Granite City, 876-7715.

GRANITE CHAPTER 550 ORDER OF THE EASTERN STAR meets the fourth Friday of each month, 7:30 p.m., at the Masonic Temple, 20th Street and Cleveland Boulevard in Granite City.

THE PONTON BEACH JAYCEES regular meeting is held at 7:30 p.m. the first and third Sunday of each month, at Ralph and Charlie's Steak House. The meetings are open and the public is invited.

METRO EAST LANDLORD'S ASSOCIATION meets the first Monday of each month at the Eagles Lodge in Collinsville.

CAMERA EXPLORERS CLUB, Hartford Public Library, 143 W. Hawthorn St., 7 p.m., first Monday of each month. Call Beverly Zager, 254-9394.

ELKETTES, Granite City Lodge 1063, Maryville Road, 931-3557, 7 p.m. the first Tuesday of each month except July and August.

MADISON COUNTY LEGAL SECRETARIAT ASSOCIATION, meets the first Tuesday of each month at 6:30 p.m. Open to everyone in legal field: attorneys, legal secretaries, court staff, court reporters and court personnel. For more information call 465-4400.

MADISON COUNTY HOMEMAKERS EXTENSION ASSOCIATION, Granite City unit, noon, first Tuesday of each month, Anchorage Recreation Center. For more information call 876-7026 or 931-3735.

TRIO UNIT, MADISON COUNTY HOME-MAKERS EXTENSION ASSOCIATION, noon, first Tuesday of each month, Nook Lutheran Church, 3715

Wabash Ave., Granite City.

TOASTMASTERS INTERNATIONAL meets the first, third and fifth Tuesday of the month from 7 to 9 p.m. at Shoney's, Highway 137 (44 Commerce Drive), Collinsville. Come join leadership skills. For more information call 692-6026 or 344-2898.

NATIONAL ASSOCIATION OF DEGREE, 4225 Old Alton Road, 3101 Madison Ave., 451-5808, 7 p.m., second Tuesday of each month.

BAND PARENTS ASSOCIATION OF GRANITE CITY HIGH SCHOOL, 3101 Madison Ave., 451-5808, 7 p.m., second Tuesday of each month.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 8 p.m., second Tuesday of each month.

KNIGHTS OF COLUMBUS, 3RD DEGREE, 4225 Old Alton Road, 7:30 p.m., third Tuesday of each month, 877-4250.

KNIGHTS OF COLUMBUS, 4TH DEGREE, 4225 Old Alton Road, 7:30 p.m., third Tuesday of each month, 877-4250.

BENEVOLENT AND PROTECTIVE ORDER OF ELKS, Granite City Lodge 1063, Maryville Road, Granite City, 931-3557, 9 a.m., fourth Tuesday of each month.

JOB'S DAUGHTERS BETHEL #43 meets the fourth Tuesday of each month at 7 p.m. at the Masonic Temple, 20th Street and Cleveland Boulevard.

GRANITE CITY KIWANIS meet at Shoney's at 7:30 a.m. every Tuesday.

The Troy/Maryville/Collinsville chapter of **BUSINESS NETWORK INT'L (BN)** meets every Tuesday at 7 a.m. at Randy's Restaurant in Troy. For more information, please call Lisa at 667-8340.

BURT - BUBBLEMASTERS UNDERWATER RESCUE TEAM meets the third Wednesday of every month at 7 p.m. at 4964 Old Alton Road near the Mitchell Fire Department in Granite City. Tours are available by appointment, please call 931-8317 or write to the address mentioned above.

MADISON COUNTY FAMILY RESOURCE ALLIANCE will meet from 10 a.m. to noon every Wednesday at St. Elizabeth's Hospital in Granite City. For more information call 462-4653, extension 104.

NEW HOPE CHAPTER 432 ORDER OF THE EASTERN STAR meets at 8 p.m. the first and third Fridays of each month at the Masonic Temple, 1940 Cleveland Blvd. in Granite City.

TRIPLE LODGE 835 A.F. and A.M. meets at 7 p.m. the first and third Wednesdays of each month at the Masonic Temple, 1940 Cleveland Blvd. in Granite City.

Schools

SCHOOL OF METAPHYSICS, 7:30 to 10:30 p.m., every Tuesday; 9450 Rosian Place, St. John. Mo. Classes in applied metaphysics. Call Melan McManus at 428-0076.

Seniors

PONTON BEACH SENIOR CITIZENS meet every Wednesday, 11:30 a.m., 3910 Illinois 111, Ponton Beach.

Cellular Plus

"Keeping America Talking"

4140 Ponton Rd., Ponton Beach, IL
618-797-1900
Mobile Phones • Accessories
• Installations • Activations
Now offering the Union Plan for Premier Cellular

Pagers as low as \$49
Only from Ameritech Cellular
Ameritech
Authorized Dealer • Paging Center

Get The Training You Need To Become A Medical Assistant

Learn more about our career programs
Every Sunday the classifieds are filled with advertisements from employers seeking medical assistants and other health care professionals with "front and back office" skills and experience.

Recognizing both the employers' need for highly trained professionals and the students' need for fast, convenient training, Sanford-Brown College might be the right choice for you.

Call today for more information on our February 1998 class start.

Sanford-Brown COLLEGE
CALL US NOW! 800-456-7222
3237 W. Chain of Rocks Rd., Granite City, IL 62040

EST. 1914
OLIVER C. JOSEPH, INC.

IS HAPPY TO ANNOUNCE THE LATEST ADDITION TO THEIR PROFESSIONAL STAFF
CHARLES MISTER
LONGTIME SALES & LEASING SPECIALIST, FORMERLY WITH ELDER CADILLAC-OLDSMOBILE FOR 11 YEARS. CHARLES INVITES HIS FRIENDS AND FAMILIES TO COME VISIT OC JOSEPH'S BEAUTIFUL SHOWROOM & ENJOY THEIR HASSLE FREE ENVIRONMENT.

THIRD & WEST
MAIN
BELLEVILLE
ST. LOUIS (314) 421-6142

***When Banks Say No, We Can Say Yes!**
If money problems are you concern, why not make the smart move to FAST CASH! Using the equity in your home qualifies you for a CONSUMER SECURITY MORTGAGE LOAN. NO MATTER WHAT YOUR CREDIT STATUS IS, CALL TODAY! to discover how you can have financial peace of mind.

FAST CASH
\$15,000 CASH...AS LOW AS \$79 MONTHLY!
\$20,000 CASH...AS LOW AS \$197 MONTHLY!
\$50,000 CASH...AS LOW AS \$394 MONTHLY!

Borrow Up To \$50,000 (on approved credit) and equity
(w/ 15% APR) 30 YR. MTG. AMORT.
• Subject to credit equity and income

MAKE THE SMART MOVE...FOR FAST CASH
• Debt Consolidation • Credit Trouble-OK
• Refinance • Over Extended-OK
• Cash For Any Purpose • Self-employment-OK
• Bankruptcy

An Illinois, Wisconsin, Indiana, Colorado, Kansas, Georgia, Michigan, Minnesota, Missouri, North Carolina, Pennsylvania, Utah and Virginia Residential Mortgage Licensee

Consumer Security Mortgage, Inc. 83
1-800-562-6890 ext. 83
CALL HOURS: Mon-Thurs 9am-8pm
Fri 9am-5pm • Sat 9am-12pm CST

Drew County, MO Independence, MO Oak Brook, IL
855 Craig Road, Suite 218 1104 E. 40 Hwy, Suite 121 1200 Hager Road, Suite 423

IT'S A PARTY AND YOU ARE INVITED!

Come to One of Panoramas' Free
1998 Travel Planning Parties

FAIRVIEW HEIGHTS, ILLINOIS
Saturday, January 24, 1998
10:00 a.m.
Ramada Inn
1-64 and Highway 150
Fairview Heights, Illinois

ALTON, ILLINOIS
Saturday, January 24, 1998
2:00 p.m.
Holiday Inn
3800 Homer Adams Parkway
Alton, Illinois

Come help us celebrate travel in 1998 with over 70 escorted motorcoach and air tour vacations including 89 new tour programs.

PARTY TRAVEL DISCOUNTS • VACATION PRESENTATION • DOOR PRIZES • FUN
Bring a Friend!
PANORAMA TOURS
Cape Girardeau, Missouri

KERASOTES THEATRES
visit our website at www.kerasotes.com

CINE ALL SEATS \$2.00
400 Central Ave., Roxana • 254-6746
For Richer or Poorer (PG-13)
Sat/Sun/Mon 2:00/7:00/9:45

COTTONWOOD MALL CINEMA ALL SEATS \$2.00
Edwardsville • 656-0390 ALLEGES \$2.00
Daily 7:15-8:45 • Sat/Sun/Mon 1:00

American Were Wolf in Paris (R)
Daily 7:15-8:45 • Sat/Sun/Mon 2:15
Maitland • Sat/Sun/Mon 1:45

Mouse Hunt (PG)
Daily 7:15-8:45 • Sat/Sun/Mon 1:45
Maitland • Sat/Sun/Mon 1:45

QUAD CINEMA 4 ALL SEATS \$2.00
233-1220
\$3.50 All Shows Before 6 pm

Titanic (PG-13)
Daily 4:00 & 8:00
Maitland • Sat/Sun/Mon 12:00

Hard Rain (R)
Daily 4:00 & 8:00
Maitland • Sat/Sun/Mon 1:15

Good Will Hunting (R)
Daily 4:00 & 8:00
Maitland • Sat/Sun/Mon 1:45

Fallen (R)
Daily 4:00 & 8:00
Maitland • Sat/Sun/Mon 1:00

FREE REFILL on All Sizes of Popcorn and Soft Drinks!

SHOWTIMES START FRIDAY!

NAMEDOM CINEMA ALL SEATS \$2.00
Nameoki Village, Granite City • 877-6630

Flubber (PG)
Fri/Sat 6:45-9:00 • Sun/Thurs 6:45
Maitland • Sat/Sun/Mon 2:15

Scream 2 (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15
Maitland • Sat/Sun/Mon 2:00

EASTGATE 6
14,000 All Shows Before 6 pm

3.60 All Shows Before 6 pm
Mouse Hunt (PG)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 1:45

Fire Storm (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 2:30

Hard Rain (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 2:30

Good Will Hunting (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 2:30

As Good As Dead (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 2:30

Hair Baked (R)
Fri/Sat 7:15-9:45 • Sun/Thurs 7:15-9:45
Maitland • Sat/Sun/Mon 2:30

Pumping at Heart



Four generations — Pictured, from left, are four generations of the Hankammer-Volpert family: grandchild Madison Volpert, being held by her mother, Mario Volpert of Waterloo; grandmother Barbara Goedeke of Waterloo; and Mary Hankammer of Millstadt.

Hare's had 75 years as camper

83-year-old man still wins the respect of boys at camp

SALISBURY, Vt. (AP) — He's seven decades their senior, but as Alfred Hare tools around Keewaydin's grounds in his motorized wheelchair, the boys greet him eagerly.

"Hey, Waboo!" they call out. "How's it goin', Waboo?" Between puffs on his pipe, Hare smiles back. "It makes me look like a sage," he jokes. Hare returns the greetings. Are they ready to go out on another four-day canoe trip, he asks?

"I'm 83 years old. I first came to Keewaydin Camp for Boys in the summer of 1923; his mother put the 8-year-old boy on a train from New York to Rutland, Vt., for his first summer at the camp on Lake Dunmore."

"I don't want to go," he said, as his mother pushed him gently through a gate toward the train. But by the time he'd reached Vermont, he'd befriended a fellow passenger and camper. A lifetime of Keewaydin friendships had begun.

He's been back every summer since, "except when I went over to take care of that Hitler fellow." He rose from camper to counselor or "staff man," as they're called at Keewaydin — to camp director, when he joined with two partners to buy the place in 1946.

Today, he is slowed a bit by arthritis in his hips, but his voice is still firm and clear and slightly patrician. He is universally known around camp as "Waboo." — Algonquin for "little white rabbit," a name the small boy with light blond hair acquired as a camper in the 1920s.

The name Keewaydin comes from Longfellow's "Hiawatha," and is said to mean "spirit of the northwest wind."

With its rustic, dark-brown buildings, white man's adaptations of American Indian culture and reliance on outdoor adventures simply pursued, the place is a throwback to a time before Nintendo and theme parks and MTV.

Its slogan is "Help the other fellow." Be strong, be self-reliant, so you can lend a hand.

"I think it's amazing the way a good idea can last," said Toby Dougherty, 19, a Middlebury College student and Keewaydin staffer. "We have some guys here whose fathers came here, and their fathers came here. It sets up a legacy that's like a family."

The emphasis is on "tripping." After basic training in canoeing and wilderness skills, the youngest campers, generally 8-10, are taken on four-day canoe and camping trips.

From there the excursions get progressively more adventurous. By the time they're in their midteens, Keewaydin boys often make weeks-long trips into the wilds of northern Quebec.

It's an idea that dates to what is widely credited as America's first summer camp: The Gunners, founded during the Civil War by Frederick Gunn of Connecticut, was built around canoe and hiking excursions to Maine.

Simple things like dividing up the gear to be carried on a canoe became a tradition.

For some kids, just getting through a tough hike can be a huge step in building confidence.

Keewaydin was started in 1893 in Maine; its current quarters at the northern end of Lake Dunmore in west-central Vermont were set up in 1910, just 13 years before Waboo arrived.

Over the years, some campers have gone on to big things: the chairman of the Walt Disney Co., for one.

"Michael Eisner made his debut on that stage," says Russ MacDonald, director of the Waramaug Wigwam, the 10-to-12 age group, gesturing toward the Little Theater, the rustic shelter with the stage at one end.

"I wish I had known his plans," MacDonald added. "I'd have tried to make a deal."

"I think it's amazing the way a good idea can last. We have some guys here whose fathers came here, and their fathers came here and their fathers came here. It sets up a legacy that's like a family."

— Toby Dougherty

Driving restrictions called unlikely to help

WASHINGTON (AP) — Suggestions to restrict the driving of older people probably would do little good in reducing their high accident rate, traffic researchers said. Already many elderly people tend to avoid driving fast, at night or in bad weather, said Larry Cook, an accident analyst for the state of Utah.

He suggested that state licensing agencies find better ways to test people for depth perception, reaction time and awareness of what's happening around them.

Cook and Wayne Bigelow of the University of Wisconsin both reported at the annual Transportation Research Board conference here that the highest accident rates, per mile driven, involve teen-agers and drivers aged 70 and over, but not for the same reasons.

An analysis of accidents disclosed that while people aged

70 and over have a high accident rate, unlike the younger group, neither speed nor nighttime driving seemed to be a factor. Older drivers have almost all of their accidents in the middle of the day, said Cook, "so placing a nighttime restriction seems kind of silly. They're not out there."

Accidents for teens, on the other hand, peaked after dark. And older drivers have a majority of their accidents at lower speeds, largely between 35 and 40 mph, he said.

"So, maybe restricting their speed isn't going to have that big an effect on crash rates. There seems to be a lot of self-restriction going on," among older drivers, Cook observed, with many avoiding nighttime driving and high-speed roads. And, he noted, in his state

— Larry Cook
Accident analyst

Eisele's Caseyville Pharmacy

200 W. Lincoln • Caseyville

NOW ACCEPTING:

PRUCARE, PRUDENTIAL PLUS, CIGNA & RX PRIME
We also accept all UNITED HEALTH CARE PLANS, PCS, PAID, GHP, BLUE CHOICE, ILLINOIS EMPLOYEES, EXPRESS SCRIPTS, BJC EMPLOYEES, PHARMALINK, ST. CLAIR COUNTY EMPLOYEES, CHAMPUS and many, many more insurance plans. Check with us about YOUR PLAN before getting your next prescription filled.

Mon.-Fri.

9:00-5:00

Sat. 9:00-5:00

Ph: 345-0188

Delivery Service Available

VISA

MasterCard

Best Wishes in the coming year from

HOSPICE OF SOUTHERN ILLINOIS, INC.
Quality Care Since 1981

We will continue to serve the terminally ill & their families in 1998 just as we have for the past 16 years.

1-800-233-1708

The Apartment Community

a premier community with a reputation for excellence...



Retirement Living at its Finest

- Dining Room Serving Daily Meals
- Chapel (open to all faiths)
- Daily Mass
- Protestant Services
- Pastoral Care Services, including Spiritual Counseling & Bible Study
- Solarium Fitness Room
- Tai Chi Exercise Classes
- Transportation
- Activities/Trips
- Library
- Linen and Housekeeping Services
- 24 Hour Security/Emergency Call System

~ OTHER SERVICES ~

- Physician/Nursing Care Services
- Adjoining Skilled Nursing Facility
- Assisted Living (opening late 1998)
- Hair Care Services for Men & Women
- Computer Classes (off-site)



For more information call the Apartment Community of Our Lady of the Snows Marketing Department 618/397-6700

Young at Heart

Cosmetologist offers special help

Rosemary Louderback and her dog, Dusty, welcome a special visitor into their home every Wednesday afternoon.

That's when Debbie Money of Lafayette, Ind., stops by to style Louderback's hair and lift her spirits.

"It's a godsend to have somebody come out and do this," Louderback said. "It makes you feel like a human being again."

Money, a licensed cosmetologist who graduated from the Lafayette Beauty Academy in 1972, has owned and operated her business called in Home Hair Care since 1995. She provides complete hair care services to elderly and disabled clients in their homes or hospitals rooms.

"I'm like a beauty shop on wheels. I just need a body," Money said. "My mother and grandmother live at Farmington Apartments and I did their hair and then started doing other people on Saturdays."

That's when Money decided to offer her hair care services full-time. She gave up her job at Purdue University after working 16 years at the Young

"It's a godsend to have somebody come out and do this. It makes you feel like a human being again."

— Rosemary Louderback

Graduate House mail office.

Although she works around oxygen tanks, wheelchairs, IVs doesn't let it stop her from shampooing, cutting, coloring and styling hair.

"I do bedridden people," she said. "I've literally crawled into bed with people to do their hair."

Money sometimes uses special equipment to work with her clients. A shoulder tray allows her to shampoo a client's hair while they sit in a wheelchair. She uses "dry" shampoo to wash a client's hair when they are bedridden.

"It's actually a liquid, but you put it in the hair and towel dry it until it takes all the oil out of the hair," Money said.

For Louderback, who uses a

walker after having her knees replaced, the appointment includes a shampoo and styling as well as a boost for her self-image.

"I feel like a new person. It makes me feel good," Louderback said. "It makes me feel presentable."

Louderback said Money brings more than hairspray and a blowdryer into her home. As a friend and a family member, Money does more than style hair for her elderly housebound clients.

"She's always very friendly. I don't like it when they change the person. I call her back said."

At the Tippecanoe County Senior Center's Homebound Program, director Kathy

Foresman said having services that come into the home is important to seniors who aren't able to leave their homes.

"For many of the elderly and disabled, this is a connection to the community. That's what makes it so positive," Foresman said. "The more limited they are, the harder it is on them."

"Any contact makes them feel as though they can be a part of things and live the lifestyle they were accustomed to."

Money also visits nursing homes and hospitals. Every month she travels to Wabash Valley Hospital and cuts adult's and children's hair.

In Home Hair Care has taken Money to Shadeland, Battle Ground and Brookston. Some farther destinations such as Romney carry an extra \$5 charge, but for the most part Money's clients pay the same prices they would if they went to the hair salon.

Two years after starting the business, she now has almost 100 clients.

Clinton lifts ban on new home firms

WASHINGTON (AP) — President Clinton has lifted a four-month moratorium that has kept new home health care companies from serving the elderly while Medicare tightened its defenses against fraud.

"New tougher regulations are in place to root out fraud and abuse in the home health industry," Clinton said in a statement Tuesday.

"These regulations will help keep the bad apples — the providers who commit fraud and abuse — out," the statement said.

Last summer, auditors for the Department of Health and Human Services reported that home care companies had received 16 percent of all improper payments made by Medicare in 1996. Clinton responded in September with the unprecedented moratorium on new home care services for the elderly.

Medicare officials say more than 300 new home care companies have waited out the hiatus and could get approval to do business within a few weeks if they meet new requirements.

Eric Sokol, a spokesman for the National Association for Home Care, said home health care agencies want to help end fraud but added:

"We feel that some of these draconian efforts are throwing out the baby with the good."

Home health care is the fastest growing Medicare benefit. Between 1990 and 1996, government spending on it increased from \$3.1 billion to \$16.7 billion, and the average number of home care visits to elderly people grew from 33 to 76 per year.

Before the moratorium, Medicare was enrolling nearly 100 new home health care companies per month. Now, new home care companies must:

✓ Care for at least 10 non-Medicare patients first. At least seven of those patients must still be in the company's care when it applies to Medicare so the quality of services can be checked.

✓ Prove they would have enough money to operate for three months without any Medicare patients.

✓ Bill based on where care is provided, closing a loophole that allowed some companies with patients living in lower-cost rural areas to bill at higher urban rates because they had city offices.

In addition, new rules included in the balanced budget act will require all home care companies serving the elderly to have surety bonds by Feb. 27 of \$50,000 or 15 percent of the annual Medicare payments they receive.

Medicare patients who only need blood drawn will no longer automatically qualify for home care, starting Feb. 5 of this year, officials said.

And later this year, Medicare will enact regulations requiring criminal background checks for home health aides, barring from taking over the business of providers who have been punished for improper activity and requiring all home care companies to comply for participation in Medicare every three years.

Views of long-term care documented

Pennsylvanians would rather be cared for at home than spend their time in nursing home facilities, according to a new study on long-term care issues.

For four months, consumers, advocates, providers and informal care givers attended 12 discussion groups around the state to voice their opinions on long-term care.

The focus groups were run by the Intra-Governmental Council on Long-Term Care, a 37-member task force charged with recommending long-term care policy to Gov. Tom Ridge.

To facilitate discussion, each group was asked to share their experiences, voice their frustrations and offer suggestions on what improvements could be made to the current long-term care system.

In one group, according to the study, some people said they had to "practically prove they were bankrupt" before they could secure financial assistance for long-term care.

Long-term care expenses increased more than 300 percent in Pennsylvania from \$600 million in 1986 to \$2.2 billion in 1995, the latest year for which statistics were available.

The study also found that consumers want:

• A complete overhaul of the long-term care system, particularly by giving people more control and choice concerning their long-term care and service needs;

• An easy-to-access central source of information about long-term care;

• To remain independent and live at home as long as possible.

"What this study confirms ... is that people prefer to stay at home," said Dale Laninga, the council's executive director.

LINCOLN
Give yourself a **Mercury**
lifetime achievement award.



ALL NEW 1998
HERITAGE GRAND MARQUIS
"41 in Customer Loyalty by Seniors ..."

ALL NEW 1998
LINCOLN TOWN CAR
"What A Luxury Car Should Be ..."

Heritage
LINCOLN MERCURY

Hours: Mon, Wed, Fri 9am - 5pm; Tue, Thu 9am - 6pm; Sat 9am - 5pm
RTT 150 @ BELTLINE
ROAD
COLLINSVILLE
344-3500

1993 Drug Topics Honor Roll of Outstanding Independent Drug Store Retailer

1996 Drug Topics Honor Roll of Outstanding Independent Drug Store Retailer

1997 #1, Collinsville & Vicinity Suburban Journal Readers Poll

This Year, Make A Turn For The Better.

What better time to start taking better care of your health than the new year? And there's no better way than with us. Our experience and personal attention make for a very good ... and healthy ... year.

EVERETT Pharmacy

417 W. MAIN ST. • 344-3450
COLLINSVILLE

Complete Cancer Care

Outpatient Care For Your Cancer Needs.
♦ Chemotherapy ♦ Radiation Therapy

Oncology Care Center

Now with three convenient locations to better serve you!

Belleville (618) 236-1000 Maryville (618) 288-6200 Granite City (618) 451-2500

Accepts Medicare, CHAMPUS & most managed-care plans.

Oncology Care Center is a partnership of Southern Illinois Health Resources, Inc. and St. Elizabeth's Hospital in Belleville.



"I never wanted to go into a 'Nursing Home'. The thought of going really scared me, but everyone here has been so kind and thoughtful. It's really wonderful, they treat you just like you're family."

Marge Chadderton,
resident

For Quality Care You Can Trust - Call Paula Harry - Facility Coordinator or Colleen Seaman - Facility Manager

234-3323

Locally Owned And Managed For 28 Years.

Calvin Johnson

Our Bottom Line is Caring

CARE CENTER

(618) 234-3323 727 NORTH 17TH BELLEVILLE, IL 62226

NEWS

Calendar

(Continued from Page 5B)
or Lyle Cubberty at 876-2362.

MULTIPLE SCLEROSIS SELF-HELP GROUP meets from 7 to 9 p.m. second Thursday of each month, in the President's Room, inside Bonaventure's Cafeteria, on the ground floor, St. Elizabeth Medical Center, 2100 Madison Ave. in Granite City. Call 797-2780 or 457-0728 for more information.

ALZHEIMER'S SUPPORT GROUP meets from 6:30 to 8 p.m. third Thursday of each month, in the President's Room, inside Bonaventure's Cafeteria, on the ground floor, St. Elizabeth Medical Center, 2100 Madison Ave. The group focuses on addressing the questions and concerns of caregivers and family members of people with Alzheimer's. All meetings are open to community members. Call 798-3018 for more information.

ALCOHOLICS ANONYMOUS, 8 p.m., every Thursday, 2116 Club, 2116 Edison, Granite City, (800) 307-6600.

ALCOHOLICS ANONYMOUS, 8 p.m., every Thursday, Presbyterian Church, Mitchell, (800) 307-6600.

ALCOHOLICS ANONYMOUS, 11 a.m., every Thursday, 2116 Club, 2116 Edison Ave., Granite City, (800) 307-6600.

AL-ANON, 7 p.m. every Thursday, St. Elizabeth Hospital, 2100 Madison, Ave. Ketter Center, Conference Rm. A. For more information, call 463-2429.

STEMS (Support Together for Emotional and Mental Serenity and Sobriety), A support group for people with a mental illness and an alcohol or substance abuse problem, meets every Friday from 1:30 to 2:30 p.m. at St. Elizabeth Medical Center, 2100 Madison Ave. For more information, call 798-3604.

DEPRESSIVE MANIC DEPRESSIVE ASSOCIATION OF MADISON COUNTY will meet from 1 to 3 p.m. every Friday, at St. Elizabeth Medical Center, Granite City, in the Milton Room located in the basement. For more information call the DMDA office at (314) 776-3969.

DEPRESSED ANONYMOUS will meet at three locations in the metro-east: at 7 p.m. every Tuesday at First Baptist Church, 634 St. Louis Street, Edwardsville; at 7 p.m. every Thursday at Holy Cross Episcopal Church, 9801 Old Lincoln Trail, Fairview Heights; and at 7 p.m. every Saturday at St. George's Episcopal Church, North High and "D" Streets, Belleville. For more information, call 632-6787, or 277-3768.

RIVERS OF WATER WORSHIP CENTER SUPPORT GROUP meets the first and third Saturday of each month, at 1507 Madison Avenue, Madison, 8:30 to 10:30 a.m. to 6:00 p.m.

fort and restore. Group membership is open to all who are broken — at no cost. Worship service will follow each third Saturday at 11:30 a.m. For more information, call 341-3643 or 656-7631.

OBSESSIVE/COMPULSIVE DISORDER SUPPORT GROUP meets at Von Gontard Conference Center at St. John's Mercy Medical Center, 615 South New Basins Road, 10 a.m. Meeting is free and open to OCD patients, family and friends. For information call (314) 842-7228.

PROSTATE CANCER SUPPORT GROUP, 3 to 4:30 p.m., third Sunday of each month, at Central Christian Church, 2020 Johnson Road, Granite City. The group, men only, will enter through the Fellowship Hall door on the east side of the building. There is no charge. For more information phone Roger Zollars, any evening, at 656-5436.

ARTHRITIS SUPPORT GROUP, 7 p.m., fourth Monday of each month, Alton Memorial Hospital cafeteria, Room B.

CHEMICAL DEPENDENCY RELAPSE PREVENTION group meets from 6:30 to 8:30 p.m. every Monday at the Edwardsville Health Center, 1123 University Drive in Edwardsville. The group focuses on eliminating relapse-prone thinking, feeling and behavior patterns and helping group members grow in sobriety. For more information, call 798-3685.

NEGLECTED VICTIMS OF CHILD SEXUAL ABUSE, a support group for nonoffending parents of victims, meets from 6 to 7:30 p.m. every Monday at Southern Illinois University at Edwardsville's Rape and Sexual Abuse Care Center, call 692-2197 for details.

DIABETES SUPPORT GROUP, 1 to 3 p.m., first Tuesday of each month, President's Room, St. Elizabeth Medical Center, 798-3456.

ALLIANCE FOR THE MENTALLY ILL OF MADISON COUNTY (AMI) meets from 7 p.m. to 9 p.m. at the Mental Health Clinic, 50 Industrial Drive, Granite City. For information call 798-3604.

CUPFUL/ALLIANCE FOR THE MENTALLY ILL will meet at Market Ave. Church of God, 1505 Market Ave., East St. Louis, every fourth Saturday of each month from 2 p.m. to 4 p.m. For more information contact Pamela Perry at (314) 658-9023.

BETTER BREATHERS support group of those with chronic lung condition, meets every Tuesday, 1 p.m., St. Elizabeth Medical Center, 798-3456.

MASTECTOMY SUPPORT GROUP, 7 to 9 p.m., Pascal Hall, main floor, St. Elizabeth Medical Center, second Tuesday of each month, 798-3510.

LUPUS ERYTHEMATOSUS SUPPORT GROUP, sub-chapter of Illinois Lupus Foundation, 7:30 p.m., third Tuesday of each month, Memorial Hospital auditorium, Belleville, 233-7750, ext. 5860.

PARENTS OF MURDERED CHILDREN, St. Louis Chapter, 8 to 10 p.m., the third Tuesday of each month at the American Cancer Society Building, 4201 Lindell Blvd., St. Louis. For more information call 452-2149 or (314) 391-2230.

SPOUSE SUPPORT GROUP, sponsored by Namecki United Methodist Church, meets the third Tuesday of each month. For meeting time and place, call the church at 877-1936.

SOUTHERN ILLINOIS DIVORCED/SEPARATED CATHOLICS (SIDISC) will hold their Christmas dinner party, Dec. 14, at the home of Marilyn Aerne in Glen Carbon. Newcomers welcome. For more information call 268-3466.

SINGLES CONNECTION upcoming events are: Pizza buffet at Pantera's

in the Montclair Shopping Center in Edwardsville. Meet at 6:30 p.m. Wednesday, Jan. 21. RSVP to Ben, 254-1056. Go bowling at the SIUE University Center. The bowling alley is on the lower level. Meet at 7 p.m. Thursday, Jan. 22. RSVP to Ben, 254-1656. Meet for dinner at Sandy's Restaurant in St. Jacob. Meet at 7 p.m. Friday, Jan. 23. RSVP to Paul, 332-1731. Trip to Clarksville, Mo., to view the eagles. Meet at Collinsville Kmart at 10 a.m. Saturday, Jan. 24 to carpool. RSVP to Lee N., 398-9782 or Karen, 463-9807. Eat, play pool, watch TV, have fun at Sharkey's in Collinsville, 3 p.m. Sunday, Jan. 25. For information, call 288-9127. Game night at Imo's in Edwardsville at 7 p.m. Monday, Jan. 26 and bring your cards and games. RSVP to Paul, 332-1731. Volleyball at the Edwardsville YMCA at 6:30 p.m. Tuesday, Jan. 27. Cost is \$3. RSVP to Frank, 876-4315.

OSTOMY SUPPORT GROUP, 2 to 4 p.m., fourth Tuesday of every month, Pascal Hall, main floor, St. Elizabeth Medical Center, 798-3167.

PEOPLE NEEDING PEOPLE BEREAVEMENT SUPPORT GROUP, 7 to 9 p.m., fourth Tuesday of each month Wisconsin Room, first floor, St. Elizabeth Medical Center, call Hospice of Madison County, 798-3399.

THE CIRCLE OF HOPE, a 12-step healing program for anyone whose life is affected by HIV infection meets at 7 p.m. every Tuesday at the King's House on North 66th Street in Belleville. For more information, call 234-0291.

MADISON COUNTY PARENTS WITHOUT PARTNERS meets the fourth Monday of each month in the Fellowship Hall at Namecki United Methodist Church, 1900 Pontoon Road in Granite City. For more information, call Jean at 259-2335, Kate at 865-6330, Rita at 346-1959, Truman at 498-2598 or Richard at 467-1302.

PARENTS IN PARTNERSHIP meets at Family Life Consultants, 2014 Vandavia Ave. in Collinsville. Call 345-9536 for more information.

SECOND CHAPTER, an educational and support program dedicated to divorce recovery and life rebuilding, begins a new 14-week session Jan. 17. Let Second Chapter help you work through holiday blues caused by divorce. For more information on local meetings and times, call (314) 761-9815 or 24-hour hotline at (314) 768-2000.

THE FAMILY RESOURCE ALLIANCE

of Madison County has started a phone information, consultation and referral service. With one call any area family can evaluate more than 100 local agencies and resources to determine what's best for their family on a variety of issues supporting the stress of being a parent. Call (800) 872-0528 between 8:30 a.m. to 4:30 p.m. for more information.

Veterans Services

DISABLED AMERICAN VETERANS CHAPTER 53 will offer a service officer from 1 to 3 p.m. every Wednesday at the Tri-City Veterans Home, located at 1417 19th St. in Granite City. Call 876-7818 for more information.

CHAPTER 53 AUXILIARY, 1417 19th St., Granite City, 876-7818 meets at 8 p.m. first and third Monday of each month.

KOREAN WAR VETERANS ASSOCIATION meetings are held on the second Monday of every month at the VFW Post Home, 5325 N. Illinois St., Fairview Heights. Anyone who served in Korea from 1945, to the present, or anywhere during the Korean War Era, (June 1950 to Jan. 1955) is eligible to join.



SUN LOAN COMPANY

DO YOUR BILLS HAVE YOU FINANCIALLY FROZEN...

Did you use all your cash for Christmas?

Come by our office today and let us melt your troubles away!

SEE US STARTING JAN. 26TH AT OUR NEW LOCATION AT 100 S. CENTER • DOWNTOWN, COLLINSVILLE

346-4606
830 S. Morrison
Collinsville



Your home... from the ground up.

You know your Eden Village Duplex Home will be just right for you because you can choose the floor plan, building colors, even the building site. You can customize your home with additional storage areas, screened-in porch, and many other building options. You decorate your Eden Village Duplex Home to your taste, choosing curtains, colors, carpeting and other special touches that make your home uniquely yours. Your full kitchen, plentiful closet space, and your own yard give you the independence and privacy you need. And, because Eden Village takes care of the maintenance for your yard and your home, you're free to enjoy both.

Eden Village
300 S. Station Road, Glen Carbon
288-5014

Eden Village Apartments and Duplex Homes is a division of Eden Village, a not-for-profit organization affiliated with Eden United Church of Christ. Eden Village's Care Center provides skilled nursing and therapy services and is Medicare Certified.

Thursdays in Granite City Just Got Better



Subscribe now to the Granite City Press-Record and receive:
• Over 90 years of tradition and award winning news coverage.
• Business news • People page • Illinois kids page • Editorials • Weddings, engagements, and anniversaries • Sports local teams & complete team statistics • Police and court news.
• And much, much, much more.

Plus: If you are not completely satisfied with the delivery of your Press-Record, contact us within 30 days or less and your money will be fully refunded! (in-town new subscribers only)

Subscribe to the new Granite City Press-Record & see why! Plus, save 40% over the newsstand price.

SAVE 30% OFF SINGLE COPY PRICES! SAVE \$8.00 ON 12 MONTHS

Name	Phone
Address	
City	State
	Zip

☐ \$10.00 (6 months home delivery)
☐ \$18.00 (12 months home delivery)

I understand this subscription applies to in-town, new subscribers only and that if I am not satisfied with the delivery within 30 days or less my money will be fully refunded. Please return this coupon with a check or money order to:
Granite City Press-Record
1815 Delmar, Granite City, IL 62040

The Time Is Right...

As we grow older, we realize the need to plan for later years. No matter how healthy and independent we are, we may need to change the living arrangements we have had for years.

We may no longer wish to care for a large home, or pay for all the yard work. Perhaps we are looking for more security or socialization. The time comes when we know it is right to consider other housing options.

The time is right... The choice is VILLA ROSE.



618-377-3239

VILLA ROSE

Retirement Apartments
401 Moreland Dr. • Bethalto, IL 62010

Call For More Information or to Schedule a tour. Walk in tours welcomed.

Today's Food

Wednesday, January 21, 1998

Food & Nutrition

Wise Ways

Baked chicken or roast beef from the deli accelerates meal production with no hint of cooking.
INSIDE

Heart-y Bites

Curry powder blends spices that give Indian foods an exotic aura and heady flavor.
INSIDE

Blue Ribbon Cook

A baked Squash Casserole surges ahead in winning race to use winter vegetables, like hard-shelled butternut squash, in tasty casserole-type side dish.
INSIDE

Test Run

New ideas pop up at Super Bowl parties. Three of four popcorns tested this week take an indulgent route with plenty of butter for who like to munch it movie theater-style from their armchairs at home. Fourth is a 'wannabe' that promises big butter flavor with half the fat.
INSIDE

Micro Raves

To avoid falling out of tree growing with well-intended resolutions, turn over new leaves slowly when adapting routine to healthier habits.
INSIDE

Lively Taste

Spread large (10- to 12-inch) flour tortilla with 1 tablespoon barbecue sauce or salsa. Layer 1 package (2.5 ounces) sliced oven-roasted chicken breast on top. Spoon 1/4 cup baked beans over chicken. Sprinkle with 2 tablespoons reduced-fat cheddar cheese. Fold in sides and roll up. Wrap in plastic wrap. Microwave on high power 1 to 1-1/2 minutes until hot. Carefully unwrap sandwich and serve immediately.

Health & Fitness

Medicine Chest

Children's pharmacy products offering a new read on their labels stress correct doses to avoid complications and questions.
INSIDE

Fresh Picks

For a lively salad dressing, use fresh lemon juice instead of vinegar in a packaged mix or homemade dressing. Lemon Sesame Dressing is an easy homemade variation. In a jar, combine 1/3 cup oil, grated peel of 1/2 lemon, juice of 1 lemon, 1 tablespoon roasted sesame seed, 2 teaspoons sugar and 1/2 teaspoon onion salt. Cover and shake well.

Big Fat Tip

Instead of gravy or cream sauce, use preserves and jellies as fat-free sauces or glazes on poultry, meat, vegetables or fish. Instead of butter or margarine, try salsa on broiled fish, a baked potato or steamed vegetables. Use a fat-free dressing or plain yogurt to marinate chicken before broiling or pan-broiling in a heavy skillet coated with nonstick cooking spray.

Future Shop

Convenience is the golden sword. All it takes is an anchor to wield its power. The concept of a convenience store can begin with a pharmacy, according to an independent pharmacist in Alabama. The facility holds a drive-up pharmacy, shipping center, dry cleaner, automatic teller machine and a pizza franchise, plus gasoline pumps on the outside. The next version of the prototype will look into a full-service bank, as well as three drive-up windows, one each for banking, prescriptions and clean shirts.



SNACK BOWL RULES

By Janice Denham
Staff writer

Even fans of the Denver Broncos will look like they are rooting for the Green Bay Packers at Super Bowl parties Jan. 25, because traditional party fare includes lots of cheese, a food Wisconsin natives revere.

In dips, on sandwiches and topping chili, pizza, chips and burritos, it finds a home from kickoff through touchdowns and the meltdown interviews.

The menu for this event is based more on ease than fantasy. Food is hearty. Formality is left behind, while sturdy paper plates and napkins, sandwiches for holding, and hot and thick chili and stew at halftime make it easy to be fans of the televised game -- or just the food, if that is where the real hero is admired.

Set the food where it is accessible, but where it won't get in the way of watching the game.

Bite-size vegetables and fruits, like grapes and berries, offset the richness and saltiness of snacks. For those recovering from holiday indulgence or

who want to save up for other splurges, set out baked chips, which can be bought, or bake prepared pizza crusts or tortillas and slice in triangles to serve with lower-fat dips.

If serving a hot dish, keep it hot at all times. People can help themselves from the stove, if it is convenient.

When offering make-your-own pizzas or tacos, minimize kitchen preparation by setting out shredded cheese (often available in resealable plastic bags), precooked ham or chicken, sliced pepperoni. Put them out close to the time they will be used so they do not dry out unnecessarily. Condiments and ingredients in squeeze bottles are also handy to use.

Don't drop kids from the Super Bowl tradition. Individual pizza shells are handy treats for them. Have plenty of non-alcoholic beverages chilled and ready for sharing with everyone.

For a free set of award-winning chefs' tailgate

SEE BOWL INSIDE TODAY'S FOOD PAGE 2



Chili Pizza

Individual pizzas made with ready-to-use crusts combine two spicy party favorites, pizza and chili. Spread chili from one (16-ounce) can on 4 individual (6-inch) pizza crusts; spread to within 1 inch of edge. Sprinkle with well-drained, canned, kernel corn (about 1/3 cup total), then shredded Monterey Jack cheese with peppers (1 cup or 4 ounces total).

Bake on oven rack or ungreased cookie sheet in preheated 450 degree oven about 10 minutes until crust is crisp and cheese is melted.

Kids' Cuisine

Today's Food

Test Run

Snacks pop up for Super Bowl

Easy snacks are as important to Super Bowl fun as a football. About kickoff time Jan. 25, the electric power may surge straight from microwave ovens finishing the task of popping corn to televisions being turned on.

In preparation for the rivalry of choosing a favorite snack of the day, testers shifted into snack mode and took a few days to check out four popcorns that claim to burst with butter. Jolly Time Blast O Butter, Orville Redenbacher's RedenBudders (zesty butter flavor) and Preferred "extra butter" were full-octane test brands, while Act II Butter Lover's with half the fat than the same brand's big-on-fat variety was a "wannabe" test.

Each variety comes in a box with three bags and each bag is expected to pop up enough for two or three servings. The higher-fat popcorns offered three servings, each with 10 to 11 grams fat, while Act II was expected to make two servings per bag, each with 7 grams fat. Calories per serving stayed in a range of 150 to 170.

There were no "old maids" in the group, but the general consensus agreed that Jolly Time's Blast O Butter offered the most prolific and the most agreeable butter flavor. "One tester kept coming back for more Jolly Time, because of its flavor."

"I don't mean to sound like a public relations agent for Blast O Butter, but at \$2.19 for three bags, it is quite a buttery bargain. It is definitely a buy of the bunch," he said.

All brands were better than he expected. The microwave popcorn. The popcorns were bought at



Watching the Super Bowl Jan. 25 requires munchable food like popcorn to eat in front of a television.

Dierbergs with a price of \$1.39 for Preferred, \$2.79 for Orville Redenbacher and \$1.87 for Act II.

The Redenbacher popcorn comes in several flavors, including two with cheese, which were not tested. The zesty variety promoted being "mildly spicy" on its box, but testers did not detect much difference.

"I was expecting a burst of flavor, so maybe that was why I was disappointed. Considering the amount of fat, I didn't notice a big amount of butter flavor and didn't feel the spices compensated for it. I think it's a good idea, but I'd probably move on to try another flavor, rather than concentrating on this one," a taster said.

Reactions to Preferred and Act II brands split among testers.

"Preferred has plenty of butter flavor for me. For the money, I think it is a super bargain," a taster said.

Tested side-by-side, another commented on texture. "I thought that Preferred popcorn was more fluffy and less kernel-y than Act II. Between the flavor and the way it popped, it certainly makes a good value," she said.

One tester thought Act II did appeal to people who like a real popcorn flavor, rather than what people have come to find in microwave varieties. A second said Preferred lived up to

its name, which was slightly too buttery for his tastes, so he liked the lower-fat Act II better.

"The Act II popcorn had lots of butter flavor. In fact, I had to look at the bag again to make sure it was the one with 50 percent less fat," he said.

The popcorns were made in full-size microwave ovens with almost all kernels popping without overcooking.

The person who prepared them for testing said, "I'm impressed with the technology of the product. It helps to know the microwave even, but each of these was easy to catch without burning. They have improved over time as much as big-screen TVs."

Medicine Chest

By REBECCA COLEY

Children's products revise new labels for dosage reads

The manufacturer of Children's Tylenol, McNeil Consumer Products, has revised the labeling of the product to get parents and caregivers to understand the proper dosing of Tylenol. The new recommendations also apply to two new products: Children's Tylenol sinus and Children's Tylenol Allergy—recently introduced.

The labeling changes are in response to media attention given to reports of liver damage and deaths in children who received overdoses of acetaminophen.

Key changes in labeling are:

- A warning NOT to exceed the recommended dose. Some caregivers mistakenly believe one dose is recommended, twice that will be better and work faster. However, the labeling now reads, "Taking more than the recommended dose (overdose) will not provide more pain or fever relief and could cause serious health risks."

- Emphasis on reading the instructions printed on the front panel of the products.

- Using the correct dosing device for each product. Because amounts can differ between products, it is important to use the dropper or cup that comes with that specific product.

It may seem obvious that instructions should be read. However, even responsible people become lax. Medications sometimes require a change in instructions, so it is always a good habit to read them every time, even when the product is familiar.

Registered pharmacist Rebecca Coley is a board member of the Saint Louis College of Pharmacy Alumni Association. Questions for her to answer in "Medicine Chest" can be e-mailed to her at recoley@stluc.edu or sent to: Medicine Chest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, Mo. 63131.

Bowl

Continued from page 1
recipes from Sargento, call toll-free 1-800-CHEESES between 9 a.m. and 4 p.m. Monday to Friday. For more recipes, visit the Internet sites, www.sargento.com and www.boboli.com.

FOOTBALL HERO SNACKS

- 1 loaf (about 18 inches long) French or Italian bread
- 1/4 cup light or regular Caesar salad dressing
- 1/4 cup sliced salami leaves
- 8 oz. thinly sliced salami, preferably Genoa
- 1 pkg. (6 oz.) sliced provolone cheese, each slice cut in half
- 1 jar (7 oz.) roasted red peppers, rinsed, patted dry, or 8 thin slices red or green bell pepper rings
- 8 sandwich picks, if desired

Cut bread in half lengthwise. Brush both cut sides of bread with dressing. Layer lettuce, salami, cheese and red peppers on bottom of bread. Close sandwich with top of bread.

If desired, wrap sandwich securely in plastic wrap and refrigerate up to 6 hours before serving.

Insert picks in sandwich at 2-inch intervals. Cut sandwich crosswise into 8 servings.

Makes 8 snacks.

KICKOFF CHEESE SPREAD

- 4 cups (16 oz.) cheddar 3-cheese blend
- 1/4 cup (1/2 stick) butter or margarine, softened
- 2 tsp. Dijon mustard
- 1/2 tsp. freshly ground pepper
- 1 cup beer (not dark)
- 2 tbsp. chopped fresh chives or parsley, if desired

In food processor, combine cheese, butter, mustard and pepper. Process until cheese is finely chopped.

Heat beer to boiling. With food processor running, slowly pour hot beer into cheese mixture. Process about 30 seconds until fairly smooth. Transfer mixture to serving bowl.

Chill until firm, at least 2 hours, or prepare up to three days in advance. Cover and refrigerate.

Let stand at room temperature 1 hour before serving. Sprinkle with chives, if desired. Serve with crackers, pretzel rods and assorted crisp vegetables.

Makes 3 cups.

Note: To prepare with electric mixer at medium speed, beat butter, mustard and pepper in large bowl until mixture is combined. Add cheese. Slowly pour in boiling beer while mixing at medium speed. Mix 1 minute longer or until cheese is finely chopped.

HALFTIME PEPPERONI PIZZA SOUP

- 2 cans (14 1/2 oz. each) chunky Italian stewed tomatoes
- 1 cup (1/2 oz. each) chicken broth
- 2 cans (14 1/2 oz. each) chicken broth
- 4 cups sliced zucchini
- 2 large red bell peppers, coarsely chopped
- 2 cans (2 1/4 oz. each) sliced ripe olives, drained
- 2 slices pepperoni
- 3 cups (12 oz.) shredded pizza cheese
- Fresh basil, if desired
- Parmesan Bread

In large saucepan, bring binned undrained tomatoes, pizza sauce, broth, zucchini and red pepper to boil. Reduce heat. Simmer 6 to 8 minutes until vegetables are tender-crisp. Add olives and pepperoni. Simmer 1 minute.

Ladle soup into bowls. Sprinkle evenly with cheese. Garnish with basil. Serve with Parmesan Bread.

Makes 8 servings.

Parmesan Bread: Unroll 1 can (10 ounces) refrigerated pizza crust on greased cookie sheet. Press to make 12-inch square. Brush with 2 tablespoons olive oil. Sprinkle evenly with 1/4 cup shredded parmesan cheese. Cut in 16 equal pieces. Bake in 425° oven 9 to 11 minutes until golden brown. completely on wire racks. Store in airtight container or plastic bag.

Micro Raves

By JUDY EDDY

Set microwave on task of cooking meals better

By this time people stop asking whether you've made a new year's resolution. The big surprise comes when a long-forgotten resolution involving a healthier lifestyle is becoming a page being turned in life. The new leaf turns over slowly when it comes to eating habits and exercise because abrupt changes usually precipitate a quick burnout.

While it may be hard to undo all damage already done by high-fat foods, now is the time to work on doing what is necessary today in each meal today to improve life in the future.

Read labels and check the fat content of prepared food. Work at increasing the size of the vegetable portion on the plate. The wonderful flavor of vegetables comes through without a heavy coating of butter or a rich sauce.

Because the palate is accustomed to the flavor cover-up of sauce, salt and butter, vegetables seem bland until taste buds remember what the true flavor of a vegetable really is.

Try a squeeze of lemon juice on cooked green vegetables to bring out those special flavors.

Remove the salt shaker from the stove and table and try the flavor of fresh herbs to liven up tastes and reduce sodium.

When eating red meats, select leanest cuts of beef and pork, like from the sirloin in beef or loin in pork. Substitute ground turkey breast for ground beef in combination dishes. If all turkey doesn't fulfill the dreams of taste buds, use

extra-lean ground beef for part of the meat, draining and rinsing the meat well after cooking.

Microwave cooking is an ideal way to smooth the transition to healthier eating. Vegetables, steamed in a microwave oven in a minimum of liquid, retain color, flavor and vitamins. Because of the high moisture content of vegetables like broccoli or cauliflower, only a sprinkle on water is needed for cooking.

Substituting fat-free or reduced-fat cream cheese and cheddar cheeses, mayonnaise and sour cream in recipes is a simple step toward healthier eating, too. In many recipes, plain yogurt can replace sour cream.

Baked potatoes are perfect for a low-fat lunch. A medium potato can be baked in a microwave oven in five minutes on high power. Before cooking, scrub the outside of the potato and pierce the skin with a fork to let team escape.

After the cooking time, wrap the potato in aluminum foil and let it rest 15 minutes. While it sits, break 1/2 cup broccoli and 1/2 cup cauliflower into small pieces in a microwave-safe bowl, sprinkle with 1 tablespoon water and microwave on high power 5 minutes.

When the potato is soft to the touch, it is ready to serve. Split and squeeze it to make the inside "mealy," then top it with the broccoli and cauliflower. Top with 2 tablespoons reduced-fat sour cream or 1 tablespoon reduced-fat margarine.

This timely winter recipe from "Microwave Times" (January/February, 1994) is a high-fiber, low-fat way to get a delicious one-dish meal to the table in only 30 minutes. Using grated cabbage from the produce department hastens preparation.

Home economist Judy Eddy specializes in microwave cooking.

GERMAN POTATO SALAD AND SAUSAGE

- 3 cups cubed, red potato, peel scrubbed
- 2 tsp. sliced green onion
- 1/2 tsp. salt
- 1/2 cup water
- 3 cups shredded cabbage
- 2 tsp. red wine vinegar
- 1 tsp. sugar
- 1 tsp. cornstarch
- 1/2 tsp. Dijon mustard
- 8 oz. smoked low-fat turkey sausage, cut in 1/2 inch pieces

Combine potato, onion, salt and 1/4 cup water in microwave-safe casserole. Microwave, covered, on high power 8 to 9 minutes until potato is fork-tender.

Add cabbage. Microwave, covered, on high power 7 to 8 minutes until cabbage is tender.

Combine 1/4 cup water, vinegar, cornstarch, sugar and mustard. Stir into potato mixture. Add sausage. Microwave, covered, on high power 4 to 5 minutes until heated through, stirring once during cooking time.

Makes 4 servings.

Recipe

BAKED CHICKEN WITH APPLES

- 2 or 3 large granny smith apples, peeled, cored, cut in thick slices
- 1/4 cup dried currants
- 4 tsp. sugar
- 1/2 tsp. cinnamon
- Juice and grated peel of 1/2 lemon
- 2 tbsp. butter or margarine
- 1 (2 to 3 lb.) chicken, split, or 4 Cornish hens
- 1/2 tsp. salt
- 1/4 tsp. mace
- 1/4 tsp. cloves
- 1/4 tsp. pepper
- 1/4 cup dry white wine
- Juice and grated peel of 1/2 orange

Preheat oven to 325°. Butter baking dish.

Line prepared dish with apples. Sprinkle currants, 2 tablespoons sugar, cinnamon and lemon juice and peel over apples. Dot with butter.

Sprinkle both sides of each chicken half with mixture of salt, pepper, mace and cloves. Place chicken on apples in baking dish.

Bake in preheated oven 1 hour.

In saucepan, bring wine, remaining 2 tablespoons sugar, orange juice and peel to boil. Reduce heat. Simmer 15 minutes.

Pour sauce over chicken for glaze. Bake 30 minutes longer.

Makes 4 servings.

FISH DUNKER

Sprinkle Italian seasoning or crumbled oregano on 12 ounces fish sticks before heating. Prepare fish as directed on package. Warm 1/2 cup chunky spaghetti sauce. Dip fish sticks in sauce. Garnish with a fresh cilantro sprig, plus lemon or lime slice, if desired.

Party X's out

Some fall sideline the at this year party. Instead, straight from microwave ovens finishing the task of popping corn to televisions being turned on.

Buffet-style host enjoy guests. C heard for ern addit buffet tab noshing an the game.

Create st ern props represent the cos, the o Bay Packe with tradit the foods a The only th stop guest field or by huddle ar area.

Frijoles M bean dip, defense fo warm app of chili, cur it is a harc food to se vegetables for easy dip

Go for th with Torti Latin Pork combination cheese, pir radish and r

Heart of the

the lea women one wo

Fortuna to do g -- prev That's w service Heart C receive you ide

DATE Satur 7:30 to Memo Cente

That's w service Heart C receive you ide

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

DATE Satur 7:30 to Memo Cente

Today's Food

January 21, 1998—Granite City Journal—Page 3C

Party game plan X's out snack

Some fans are ready to sideline the same old chili at this year's Super Bowl party. Instead they can celebrate in style with a southwestern snack buffet.

Buffet-style dining lets a host enjoy the game with guests. Cheers can be heard for spicy southwestern additions on a casual buffet table that allows noshing around action in the game.

Create stations — one can represent the Denver Broncos, the other the Green Bay Packers or decorate with traditional southwestern props — to punctuate the foods and party spirit. The only thing that should stop guests is action on the field or by the food, not a huddle around the serving area.

Frijoles Molidos, a black bean dip, is a starting defense for hungry fans. A warm appetizer with a hint of chili, cumin and pepper, it is a hard-to-resist finger food to serve with fresh vegetables and baked chips for easy dipping.

Go for the extra point with Tortilla Tidbits with Latin Pork, an irresistible combination of cream cheese, pineapple, horseradish and roast pork.

FRIJOLES MOLIDOS

- 1 lb. black beans, soaked in water overnight
- 1 tbsp. oil
- 1 large onion, chopped
- 1 green bell pepper, chopped
- 2 cloves garlic, minced
- 1 1/2 cups water
- 6 slices bacon
- 1 can (4 oz.) chopped green chiles, drained
- 2 tsp. pepper sauce
- 1 tsp. pepper
- 2 tsp. ground cumin
- 1 cup crumbled oregano
- 1/2 cup (2 oz.) grated Monterey Jack cheese (see Note)

In large saucepan, saute onion, green pepper and garlic in hot oil until softened. Drain beans. Bring beans, 2 quarts fresh water and onion mixture to boil. Lower heat. Simmer, covered, 2 hours or until beans are tender.

Drain any excess liquid. Mash beans in saucepan. Season with salt.

In large skillet, cook bacon until crisp. Remove from pan and crumble.

Stir mashed beans into bacon fat in skillet. Stir in bacon, chiles, pepper sauce, black pepper, cumin and oregano.

TORTILLA TIDBITS WITH LATIN PORK

- 1 lb. boneless pork loin
- 3 to 4 tbsp. Latin Rub
- 1 pkg. (8 oz.) spreadable cream cheese with pineapple
- 3 tbsp. prepared horseradish
- 8 (10 inch) flour tortillas
- 1 jar (8 oz.) roasted red peppers, drained
- 8 oz. alfalfa sprouts

Preheat oven to 350°.

Coat all surfaces of pork with Latin Rub. Place in shallow pan. Roast in preheated oven 45 minutes until internal temperature, measured in center with meat thermometer, registers 155°. Remove from oven. Let cool. Wrap and refrigerate.

In small bowl, stir together horseradish and cream cheese.

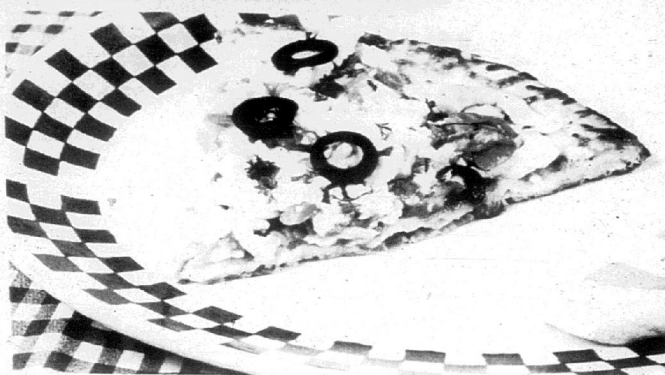
Spread 1 tablespoon cream cheese mixture on one side of each tortilla. Top with red pepper and sprouts. Very thinly slice pork and use to top alfalfa sprouts.

Roll up tortillas tightly, wrap securely in foil and refrigerate overnight.

To serve, slice rolls in 1- to 1 1/2-inch servings and arrange on serving tray.

Good Health

By MELANIE POLK



Novel ways with an old favorite, pizza, turn up potential for new favorite-flavor combinations.

Pleasing pizza passes on potentially new tradition

Faced with the hypothetical fate of "life on a desert island" with only one type of food, pizza might be a popular choice. Adorned with traditional toppings of cheese, sausage and pepperoni, pizza is not recognized across-the-board as a wholesome food, but it does hold the potential.

Specialty pizza restaurants, not to mention home-made pizza chefs, have developed a wide variety of pizzas that are both delicious and nutritious.

Dough may be home-made, refrigerated or frozen, made from a packaged mix or prebaked, but toppings make the pizza. Sauces and toppers with limited oil are a good start. High-fat cheese can be kept to a minimum and crust sprinkled with part-skim mozzarella or low-fat soy cheese. Use plenty of low-fat, hearty toppings, like fresh vegetables, lean poultry, shellfish and beans.

Mexican Pizza comes with black kidney or pinto beans. Brown the pizza crust first, then spread with a spicy tomato sauce or chunky salsa. Top with beans, sprinkle with grated reduced-fat cheddar cheese and sprinkle with chopped cilantro before baking.

Create a Tuscan Chicken

Pizza with bite-size pieces of chicken breast, finely chopped green onion, roasted red peppers and small amounts of grated parmesan and part-skim mozzarella cheese.

Caesar Pizza delights salad lovers. Lightly brown a pizza crust and sprinkle it lightly with grated romano cheese. Bake until the crust is hot and well browned. Spread it with a tossed mixture of lettuce pieces, diced tomato and light Caesar dressing. Sprinkle with parmesan cheese. Serve at once.

Pizza is ready for experimentation. Use roasted red, green and yellow pepper strips with sliced red onion to create a boldly flavored, eye-catching pizza. Go wild with a mushroom pizza that includes shiitake, portabella and oyster varieties. Chunks of eggplant and onion cooked with garlic and ginger bring Asian flavor to pizza crust topped with a low-fat black bean sauce and sprinkled with cilantro.

Greek Pizza uses lean turkey, along with sunny Mediterranean flavors of tomatoes, olives, lemons and feta cheese to produce a meal the whole family enjoys.

Registered dietitian

Melanie Polk is director of nutrition education for the AICR in Washington.

GREEK PIZZA

- 1 lb. turkey cutlets, cut in thin strips
- 2 cups thinly sliced onion
- 1/4 cup chopped fresh parsley
- 1 tsp. lemon-pepper seasoning
- 1 tsp. minced garlic
- 1 tsp. oregano
- 2 tsp. olive oil
- 1 loaf (1 lb.) frozen bread dough (or 12-inch Italian bread shell with thin crust)
- 1 cup chopped tomato
- 6 Kalamata olives, pitted, sliced
- 6 oz. feta cheese, crumbled

Preheat oven to 450°.

In large bowl, combine turkey, onion, parsley, lemon pepper, garlic and oregano. In large nonstick skillet over medium-high heat, saute in oil 5 to 7 minutes.

Place pizza shell on large baking sheet. Top with turkey mixture, tomato, olives and cheese.

Bake in preheated oven 10 to 12 minutes until crust is heated.

Can we have a heart to heart?

Come to Women's Heart Check Day
and find out how healthy your heart really is.

Heart disease, surprisingly, is one of the leading causes of death among women. In fact, every two minutes one woman dies of heart disease.

Fortunately, there is something you can do to guard yourself against heart disease — prevention through early detection. That's why, as a special community service, Memorial will hold a Women's Heart Check Day. For just \$35, you will receive a complete heart screening to help you identify your coronary risk factors.

DATE, TIME, PLACE:
Saturday, February 7, 1998
7:30 to 11:30 a.m.
Memorial's Outpatient Surgery Center

The screening includes:

- A complete lipid profile total blood cholesterol, LDL and HDL cholesterol, triglyceride level and a coronary risk report (12-hour fast required)
- Diabetes Test
- Blood pressure
- Height/Weight
- Baseline EKG

FEE: \$35.00

INFORMATION:

Pre-registration is required.
Reservations can be made by calling Memorial's Community Relations Department at (618) 257-5649.



MEMORIAL HOSPITAL
4500 Memorial Drive
Belleville, Illinois 62226

Send A Special Message!

The perfect way to send your best wishes to someone special for any occasion: Birthday, anniversary, promotion, league championship, graduation, new baby, bon voyage, good luck, engagement, wedding, new home.

Congratulations!

Happy Sweet
16th, Susan

& Best Wishes
From Your Loving
Family

Happy
Anniversary

Love,
Mom & Dad

Happy
Valentine's Day
Donna

Love, Mike

HERE'S HOW:

- 1.) Choose your favorite style and attach a note with your personal message, keeping the amount of space in mind.
- 2.) Mail your order in with a photo and a check or money order payable to the Suburban Journal for \$19.98. Be sure to include your name, address and phone number.

PHOTO TIPS: Black & white or color pictures. Any size is OK. We can reduce, enlarge and crop the photo image.

Name of person placing ad _____

Address _____

Phone _____

Don't worry! We won't spoil your surprise. We'll only talk to the person placing the message.

Date for ad to appear _____

Must be received 5 days prior to requested run date.

Any questions, call 344-0264. Ask For Sandy.

Mail to Suburban Journals
113 E. Clay St. • Collinsville 62234
Attn: Sandy

Now Only
\$19.98

James J. Dalla Riva, M.D.
is pleased to announce the association of
Dennis M. Hurford, M.D.

Obstetrics and Gynecology
Quality Health Care For Women

- Obstetrics, Including High Risk
- Laparoscopic Surgery
- Infertility
- Well-woman Exam
- Laser Surgery
- Ultrasound
- Menopause
- Tubal Ligation
- Incontinence
- LEEP

Accepting most HMO's & PPO's

Physician's Office Building
Anderson Hospital
Suite 301
Maryville

2120 Madison Avenue
Suite 303
Granite City

Please Call 288-5699 for an appointment

Illinois Eye Specialists is
Pleased to Announce that
Donald C. Schnellmann, MD.
is continuing his practice of
Medical Ophthalmology at our offices in
Granite City & Maryville.



Please Call Our Offices to Schedule an Appointment

Illinois Eye Specialists, Ltd.

Granite City
876-6333

Maryville
288-7266

Today's Food

Wise Ways

By MARY SCHROEPPER

Deli delights set sail for quick and easy meal

To fight the mid-winter blahs, cruise the deli for quick, easy and healthy eating. Some deli foods have assumed a healthier look. Look for no-oil salads, exotic fruit blends, roast chicken and ethnic treats. Even old-time comfort foods — pot roast, meatloaf and garlic-whipped potatoes, among them — hold a place there.

Deli roast beef slices marinated in Italian no-fat salad dressing make tasty no-cook kabobs. Thread with cherry tomatoes, raw cucumber or zucchini chunks, and even boiled baby potatoes on skewers. Slice a baked deli chicken breast to toss into salad or stir-fry.

Chop and add it to soup or a casserole. Dice and mix it with plain yogurt,

OPEN-FACE ROAST BEEF SANDWICH

- 3/4 lb. thinly sliced deli roast beef
- 4 slices dark rye bread
- 1/2 medium cucumber, very thinly sliced
- 1/2 red onion, very thinly sliced
- 1 tbsp. snipped chives
- 1/2 cup mild horseradish sauce

mint and a few sliced white grapes for a quick chicken salad.

When tonight isn't the time for cooking, this deli-based sandwich pleases jaded taste buds.

Use horseradish sauce, not grated horseradish, for a sauce with mild flavor

- 1 tbsp. chopped chutney
- 2 tsp. low-fat milk

In small bowl, combine horseradish sauce, chutney and milk.

Spread one side of each slice of bread with 2 teaspoons sauce. Top with equal amounts of cucumber, onion and beef. Spoon remaining sauce evenly over beef. Sprinkle with chives.

Makes 4 open-face sandwiches; 246 calories, 6 g fat, 27 g protein and 253 mg sodium each.

that complements the chutney.

Home economist Mary Schroepfer is nutrition specialist with Missouri Extension (University of Missouri system) in Franklin County.

Recipe

FIESTA PASTA SALAD

- 8 oz. uncooked tube pasta
- 2 tsp. plus 2 tbsp. olive oil
- 1 1/2 cups (about 8 oz.) chopped cooked chicken
- 1 can (2.25 oz.) sliced ripe olives, drained
- 1 can (12 oz.) kernel corn, drained
- 1 can (8.25 oz.) sliced

- carrots, drained
- 1 can (14.5 oz.) chopped tomato with jalapeno, drained, reserving liquid
- 1/2 cup chopped fresh cilantro
- 2 tsp. lime juice
- 1/2 tsp. ground cumin
- Lettuce leaves, chilled

Cook pasta according to package directions. Drain.

In large bowl, toss pasta with 2 teaspoons oil. Add chicken, olives, corn, carrots, tomatoes and cilantro.

Blend reserved tomato liquid with 2 tablespoons oil, lime juice and cumin. Toss with chicken mixture until coated.

Spoon salad onto lettuce leaves. Makes 4 to 6 servings.

National Pie Day full of crusty fun

If anyone needs encouragement, the American Pie Council urges people to eat, make, share, throw, sell or sample pie or teach pie-making, hold a pie contest or pass along pie memories on Jan. 23, National Pie Day. If, after those activities, there is time left, it suggests eating another slice, preferably warm and a la mode.

The fourth annual pie championships were held last weekend in Boulder, Colo., with both individuals and commercial and retail pie-makers rolling out their best.

Prizes included cash and KitchenAid appliances. It would be appropriate to celebrate the day by baking last year's amateur best-of-show winner, a pecan pie

from Nancy Neiss of Littleton, Colo.

The American Pie Council is soliciting members with benefits of pie coupons and a subscription to "Pie Times," its new official newsletter.

Membership is \$35 for individuals, \$25 for seniors and students. Send check or money order to: APC, P.O. Box 18793, Boulder, Colo. 80308-1793. For more information, call (303) 402-0702 or e-mail piecouncil@aol.com.

NANCY NEISS' PRIZE PECAN PIE

1 unbaked Easy Pie

Pastry

- 3 eggs
- 1 cup dark brown sugar
- 1 cup light corn syrup
- 2 tbsp. butter, melted
- 1 tsp. vanilla
- 1 to 2 tbsp. bourbon
- 1 1/2 cups coarsely chopped pecans

Preheat oven to 350°. In medium bowl, beat eggs slightly. Add sugar, syrup, butter, vanilla and bourbon. Stir until well blended. Stir in pecans.

Pour mixture into unbaked pie shell. Cover edge of pastry with aluminum foil to prevent overbrowning.

Bake in preheated oven 25 minutes. Remove foil. Bake 25 to 30 minutes longer until knife inserted halfway between center and edge of pie.

WALT DISNEY'S WORLD ON ICE
Produced by KENNETH FELD

THE SPIRIT OF POCAHONTAS

The Adventure Continues... ON ICE!

Suburban Journals

Opening Night Discount

ALL TICKETS \$10
Wednesday, February 18-7:30 performance only

For Tickets Call:
Dialtix at (314) 969-1800
Capital Tickets Outlets
or the Kiel Center Box Office
at 622-KIEL

Opening Night compliments of your Suburban Journals

YOUR SON SAID YOU LOOK COOL.

A pair of Pearles can really make a difference, and since every

frame is on sale, you'll find the look you want for less.

Pearle's eyecare professionals will help

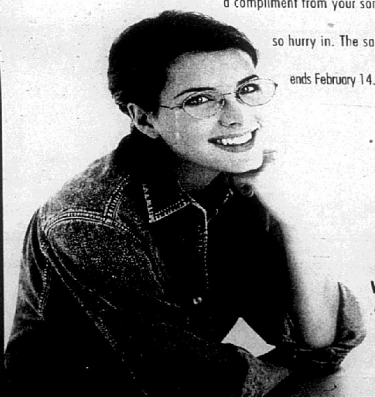
you select the frame and lenses that suit your lifestyle, so you'll

get a perfect fit. An offer this good comes along about as often as

a compliment from your son —

so hurry in. The sale

ends February 14.



EVERY FRAME ON SALE

\$99

COMPLETE PAIRS
Includes any frame priced up to \$99
with plastic lenses in single vision
or F28 lined bifocals.

50% OFF

FRAMES PRICED UP TO \$200
With purchase of frame and lenses.

\$100 OFF

FRAMES PRICED OVER \$200
With purchase of frame and lenses.

\$78

12 pairs ACUVUE® or SUREVUE®
disposable contact lenses
after mail-in rebate.*

PEARLE VISION™

What are you waiting for? Put your Pearles on.™

Pearle Vision accepts most vision insurance plans.
Outside prescriptions welcome.

Specialty lenses and lens options extra. Valid prescription required for eyeglasses and contact lenses. *Prescription fees not included. Mail-in rebate offer available through 2/28/98. Offers may not be combined with other coupons, discounts or insurance benefits. See participating locations for complete details. Sale valid only at participating locations. Pearle, Pearle Vision, and Put your Pearles on are registered trademarks of Pearle Vision, Inc. ©1998 Pearle Vision, Inc.

GRANITE CITY
3305 Nameoki Road
876-2438

Eye exam available from Julie Sawyer, O.D.
All optometric services performed by a state licensed Optometrist.

Cassens

'98 Dodge Caravan
7 Passenger Seating, Automatic Transmission, Air Conditioning, AM/FM Stereo, Power Steering & Brakes, Equipped, Stock #0229.
SALE PRICE \$15,796*
OR
\$212/month**

'98 Plymouth Neon 4 DR.
Dual Air Bags, Air Conditioning, AM/FM Stereo, Power Steering & Brakes, Bucket Seats, Stock #2149.
SALE PRICE \$11,120*

1.9% APR FOR 60 MONTHS ON SELECT '98 MODELS

ALL NEW! '98 Intrepid
Full Power, Air Conditioning, 24 Valve V-6, Loaded, Stock #9289.
SALE PRICE \$19,234*

'98 Dodge Dakota
V-6, Automatic Transmission, Anti-spin Differential, Fog Lamps, Stock #7815.
SALE PRICE \$14,987*

Cassens FIVE STAR Dealership provides 3 Year/36,000 mile alternate Transportation at no charge on every New Vehicle purchase.

*Includes All Applicable Rebates, Tax, License, Title & D.O.C. Fees Extra. College graduates receive additional \$400.
**With \$3,000 down, cash or trade, with approved credit through Chrysler Financial. 36 month lease.

ALL ROADS LEAD TO CASSENS™

Cassens
EDWARDSVILLE/GLEN CARBON
CHRYSLER • DODGE • PLYMOUTH
Located 3 Minutes North of I-270 On Rt. 159
(Across From Cottonwood Plaza) Glen Carbon
656-6070
CASSENS RENTS CARS • TRUCKS • VANS! • Call Rental 692-7386

Where Beautiful Things Begin

Discontinued Pet Supplies



St. Charles 4630 Hwy. 94 N. Outer Rd. (314) 926-8355 **St. Charles** 3725 Harry S. Truman (314) 947-7148 **Bridgeton** 12253 St. Charles Rock Rd. (314) 298-7667 **North County** 11015 Old Halls Ferry (314) 258-8634 **St. peters** 4050 Lansdowne (314) 351-4070 **Ballwin** 11501 Manchester Rd. (314) 256-8777 **Kirkwood** 1135 S. Kirkwood (314) 821-5865 **Fairview Hts.** 110 Commerce Lane (618) 397-1251 **Overland** 8901 Pape (314) 429-5155
Seniors! Wednesdays get 10% off your total merchandise purchase.
800.ru.rock We reserve the right to limit quantities.

No. B25297P © 1998, Frank's Nursery & Crafts, Inc.

Curry powder blends favorite Indian flavors

Registered dietitian Paul Ott is a member of the nutrition committee of the American Heart Association, St. Louis Chapter.

Keep curry warm over very low heat until serving over hot steamed rice.

Makes 6 servings; 262 calories, 13 g fat, 30 g protein, mg sodium and 78 mg cholesterol each.

\$3.50

41# FREEZER SPECIAL

\$64.95 Average \$1.58
Per Pound

5 lbs. QUARTER LOIN CHOPS
4 lbs. SIRLOIN STEAK
5 lbs. BEEF ROAST (Arm or Chuck)
10 lbs. GROUND BEEF (1-2 lb pks)
4 lbs. PORK STEAK
5 lbs. BULK or 3 lbs. LINK SAUSAGE
(Plain, Garlic or Italian)
2 lbs. BACON
6 lbs. FRYERS (Cut Up)

Rental 692-7386

Rental 692-7386

Today's Food

Blue Ribbon Cook

Squash anchors casserole

Betty Hoffman, Florissant, is this week's winner of dinner certificates to the Pasta House Co. for Squash Casserole.

The recipe was from a beginner cook, who knew a good dish when she tasted it. Hoffman sometimes bakes it in two small pans, one to eat right away and the other to share with a friend.

The deadline for this month's Red Recipe Contest is Jan. 31. A recipe that uses obviously red ingredients or honors the February holidays of Valentine's Day or Presidents' Day can be sent to: Red Recipe Contest, Suburban Journals, 1714 Deer Tracks Trail, St. Louis, 63131. Obvious entries might be pasta with tomato sauce, salad made with red gelatin.

SQUASH CASSEROLE

- 1 large butternut or other hard-shelled squash, peeled, seeds removed, sliced 1/2 inch thick
- 1 can (10 3/4 oz.) cream of chicken soup
- 1 cup (8 oz.) sour cream
- 1/2 cup (or more) finely chopped onion
- Salt and pepper to taste
- 2 cups coarsely crumbled, herb-seasoned croutons

Preheat oven to 350°. Grease 8-inch square or flat-bottomed casserole.

Cook squash in small amount of water 5 to 10 minutes until fork-tender. Drain.

Sprinkle half the croutons into prepared dish.

Mix together sour cream, soup, onion, salt and pepper. Stir in squash until just combined, being careful not to puree vegetable. Pour over croutons in prepared pan. Top with remaining crumbs.

Bake in preheated oven 50 to 60 minutes until bubbly and top is browned.



Roasted Tomatoes add intense sweetness to a broad assortment of winter flavors from a bevy of healthful vegetables.

Veggie flavors make eating real pleasure

Most people know tomatoes are chock full of vitamin C, but the new scoop is that tomatoes contain lycopene, a powerful antioxidant and cancer-fighting compound.

New research tells us how to get the most lycopene from tomatoes. There are two very simple secrets to increase lycopene's availability: Heat the tomato and using a little bit of oil. In these scrumptious recipes, fresh tomatoes actually are roasted, which should get that lycopene flowing.

Most people will not think about lycopene when they take a bite of Pasta with Roasted Tomatoes, Squash and Broccoli.

Here, tomatoes are roasted until their flavor is sweet and concentrated, similar to that of sun-dried tomatoes.

PASTA WITH ROASTED TOMATO, SQUASH AND BROCCOLI

- 1 1/2 lb. fully-ripe tomatoes
- 5 tbsp. olive oil
- 1 tsp. salt
- 2 medium zucchini, cut in 3/4 inch chunks (about 3 cups)
- 1 medium yellow summer squash, cut in 3/4 inch chunks (about 1 1/2 cups)
- 2 green onions, coarsely chopped (about 1/2 cup)
- 2 tsp. minced garlic
- 3 cups (8 oz.) uncooked bow tie pasta
- 3 cups broccoli florets
- 2 tbsp. balsamic vinegar
- 1/2 tsp. pepper
- Grated parmesan cheese, if desired

Preheat oven to 450°. Cut tomatoes 1/2-inch thick; remove seeds with tip of knife. Arrange slice on oiled rack in roasting pan. Brush with 1 table-spoon olive oil. Sprinkle with 1/2 teaspoon salt. In top portion of oven, roast tomatoes in preheated oven about 25 minutes until wrinkled.

In large bowl, toss zucchini, yellow squash, onion and garlic with 2 table-spoons olive oil until coated. Place in second large pan. Bake in oven at same time as tomatoes about 25 minutes until slightly dry and squash is tender.

Cook pasta according to package directions, adding broccoli last 3 minutes of cooking time. Drain vegetables. Transfer to large serving bowl. Add roasted tomatoes and squash mixture.

In small bowl, combine vinegar, salt and pepper, remaining 3 table-spoons olive oil and 1/2 teaspoon salt. Pour over pasta mixture. Toss to coat.

Serve hot or at room temperature with parmesan cheese.

Yields 4 portions, about 9 cups.

THYME-SCENTED ROASTED TOMATOES

- 4 large (about 2 3/4 lb.) fully-ripe tomatoes
- 2 large onions, sliced
- 1/4 cup pitted black olives
- 3 cloves garlic, slivered
- 1 tsp. leaf thyme
- 1 tsp. salt
- 1/2 tsp. pepper
- 3 tbsp. olive oil

Preheat oven to 450°. Grease shallow 13-by-9-inch baking pan well.

Cut tomatoes horizontally in half; squeeze out seeds. Place cut-side down in prepared pan.

Scatter onion and olives around tomatoes. Sprinkle with garlic, thyme, salt and pepper. Drizzle with olive oil.

Roast in preheated oven 20 to 30 minutes.

Becky's

Carpet & Tile SUPERSTORE

NEW NAME

5 LOCATIONS

6 MONTHS FREE FINANCING
NO PAYMENTS NO INTEREST TIL JULY '98

*Min \$300 o.a.c.

GOOD VALUE FOR ONLY...

\$399

40 SQ. YARDS
STYLE + COMFORT
PLUSH • TRACKLESS
BERBERS • SCULPTURED
Includes STANDARD Pad, 10 Year Wear & 5 Year Stain Guarantee & Standard Installation

INSTALLED

BETTER VALUE FOR ONLY...

\$599

40 SQ. YARDS
PREMIUM QUALITY
BERBERS • TRACKLESS
PLUSH • SCULPTURED
Includes HEAVY Pad, 10 Year Wear & 5 Year Stain Guarantee & Standard Installation

INSTALLED

BEST VALUE FOR ONLY...

\$799

40 SQ. YARDS
ULTIMATE LUXURY
SCULPTURED • BERBERS
TRACKLESS • PLUSH
Includes PREMIUM Pad, 10 Year Wear & 5 Year Stain Guarantee & Standard Installation

INSTALLED

All Approved By Mom's

LARGEST IN-STOCK NAME BRAND INVENTORY ON
Carpet, Vinyl, Ceramic, Wood, Rugs & Remnants!

FOR RICH MAN'S CARPET AT A WORKING MAN'S PRICE!

Wanda Princess of Tile

Re...

Attach recipe super... Nat... Ad...

Pev... Lit...

Assorted V... Pev... Ice Cr...

Canola Harvests

100% Pure Canola Oil

Era

Liquid Laundry Detergent 100 oz.

S... FR... PRO...

D'Anjou

Washin... State T... Pack... Importe... Peaches... or Neut...

S... Ever... Low...

1005
FOOD FOR LESS
Recipe Contest
ENTRY FORM

Attach this entry form to a copy of your favorite recipe and take it to your Food For Less supermarket. It could be selected to be Major 105's Recipe of the Week.

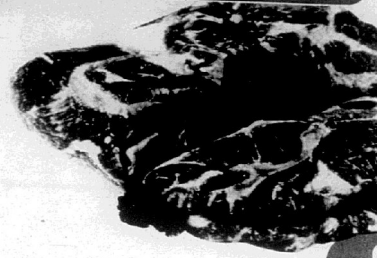
Name: _____
Address: _____
Phone: _____

Recipes must be submitted. Weekly selection by judges is final.

FOOD FOR LESS

FOOD FOR LESS
TRIPLE THE DIFFERENCE
EVERYDAY LOW PRICE
Guaranteed!

Assorted Varieties
Coke or Pepsi



Whole or sliced into Pork Steaks
Pork Butt Roast

12 pack
12 oz cans

1.99

Limit 3 with additional \$10.00 purchase excluding liquor and tobacco

lb. **88¢**

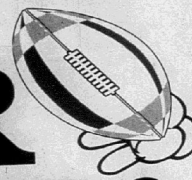
Limit 3 packages

Super Bowl Savings Sale!!

Lays Lay's Potato Chips Assorted Varieties 2 1/4	Kraft Singles Original Cheddar 12 oz 1.59	Tombstone Pizza Original Thin Light Tombstone for One 3 1/5	Kraft Chunk Cheese Assorted Varieties 2 1/3	Natural Lite Beer 12 - 12 oz. Illinois store \$4.29 4.88	NFL
Pevely Lite Ice Cream Assorted Varieties 1/2 Gallon 2 1/3 50	Dean's French Onion Dip Assorted Varieties 12 to 16 oz 1.29	Wonder Sandwich Bread 24 oz. 1.29	Kool-Aid Assorted Varieties 2 quart unflavored 8 1/1	Whole Boneless Kretschmar Ham 16-12 lb. avg. 1.68	Family Pack Fresh Ground Chuck lb 1.38
Canola Harvest 100% Pure Canola Oil - 48 oz. 1.49	JELLO No-Bake Pie Assorted Varieties 9-11.2 oz. 1.79	Taco Bell Salsa 16oz Pico de Gallo 16oz Refried Beans 16oz 1.99	Lay's Deli-Style Chips Original, Cheddar, Chili 5.25 oz. 99¢	Palmolive Ultra Liquid Dish Detergent 28 oz. 1.79	Assorted Varieties 2 1/4 Hot Pockets
Kellogg's Complete Bran Flakes or Special K 12-17 oz. 2 1/5	Best Choice Hot Cocoa 3-10 ct. Boxes 2.79	Quaker Oats Regular or Quick 18 oz. 1.09	Erfa Liquid Laundry Detergent 100 oz. 4.49	Assorted Varieties Kraft Shredded Cheese 2 1/4	Pepsi, Lipton, Brisk Tea Regular or Diet 6 Pack 24 oz. NRI 2.98
SAVE FRESH PRODUCE	U.S. #1 Russet 50 LB. Potatoes 1.68	Yellow Onions Jumbo Sweet Spanish 1.88	Best Choice Pizza Assorted Varieties 20-24 oz. 2.59	St. Ives Lotions Assorted Varieties 18 oz. 2.99	Kodak Blank Video Tape 120 1.99
SAVE Every Day Low Prices!	Washington State Extra Fancy Red or Golden Delicious Apples 2 1/1	Fresh Green Cabbage 1.19	Colgate Total Toothpaste 6 oz. 2.99	Extra Strength Tylenol 24 ct. 1.99	Greenhill Salads Assorted Varieties 20-30 oz. Jar 2.59
SAVE	Vine Ripened Tomatoes Traypack 58¢	Snow White Mushrooms 8 oz. package 98¢	Griffin Pancakes Regular and Life 30 - 12oz cans 1.99	Best Choice Buns Hamburger or Hotdog 8 ct. 79¢	Best Choice Cooked Shrimp Ready to Eat 30-40 ct. 12 oz. bag 6.98
SAVE	Miller Beer 30 - 12oz cans 1.99	Miller High Life Beer 30 - 12oz cans 9.99	Budweiser Beer Assorted Varieties 12 pack 12oz cans 6.99	Farmland Bun Size Smoked Sausage 12 oz. package 68¢	Hillshire Farms Deli Selects Assorted Varieties 6-oz package 3 1/5
SAVE	Jimmy Dean Sausage Assorted Varieties 16 oz. roll 1.88	Oscar Mayer Bologna or Cotto Salami 16 oz. package 2 1/3	Oscar Mayer Bologna or Cotto Salami 16 oz. package 2 1/3	Prices Effective 1-21-98 thru 1-27-98	Prices Effective 1-21-98 thru 1-27-98

UNIVERSITY CITY 8200 OLIVE STREET, MOBILE MO. SAT. 7:00 AM-10:00 PM, SUN. 9:00 AM-8:00 PM. JENNINGS 8900 JENNINGS ROAD, MOBILE MO. SAT. 7:00 AM-10:00 PM, SUN. 9:00 AM-8:00 PM. MADISON 1127 MADISON AVENUE, MOBILE MO. SAT. 8:00 AM-9:00 PM, SUN. 9:00 AM-7:00 PM. HIGH RIDGE 2713 HIGH RIDGE BLVD., MOBILE MO. SAT. 7:00 AM-9:30 PM, SUN. 9:00 AM-8:00 PM.

Shop 'n Save and Kraft
Bring You
SUPER SAVINGS!
FOR YOUR SUPER BOWL PARTY



ORIGINAL, LIGHT
OR FAT FREE
**Kraft
Miracle
Whip**

149

32-OZ.
JAR
LIMIT 2



ORIGINAL OR LIGHT

**Kraft
Philly
Cream
Cheese**

88¢

8-OZ.
PKG.



SOFT TACO, BURRITO OR CHICKEN FAJITA
**Taco Bell
Dinner Kits**

239
15.5-26
OZ. PKG.

FAT FREE OR ORIGINAL
**Taco Bell
Refried Beans... 3/\$1**
MILD OR MEDIUM.
SALSA OR
**Taco Bell
Picante Sauce... 2/\$3**
PIECES OR
**Oscar Mayer
Bacon Bits... 139**
2.8-3
OZ. PKG.



ASSORTED VARIETIES
**Kraft
Salad Dressing**

2/\$3
16-OZ.
BTL.

Kraft Cheese & Crackers... 3/\$1
REGULAR OR FAT FREE
**Breakstone
Sour Cream... 99¢**
CHEESE N CRACKERS OR
CHEESE N PRETZELS
**Kraft Handi
Snacks... 99¢**
5-CT.
PKG.



PRE-PRICED \$1.79
ORIGINAL OR 2%
**Kraft American
Singles**

3/\$5
12-OZ.
PKG.

ASSORTED CURDS
LIGHT N LIVELY OR
**Breakstone
Cottage Cheese... 179**
24-OZ.
PKG.
ORIGINAL OR LIGHT
**Kraft
Cheez Whiz... 299**
18-19.5
OZ. JAR
ASSORTED VARIETIES
**Breyer's
Light Yogurt... 2/\$1**
8-OZ.
PKG.



ASSORTED VARIETIES
**Kraft
Shredded Cheese**

3/\$5
8-OZ.
PKG.

ASSORTED VARIETIES
**Kraft
Chunk Cheese 3/\$5**
8-OZ.
PKG.
GELATIN OR
**Kraft Jello
Pudding... 199**
6-PACK
PUDDING OR GELATIN
**Kraft/Delmonte
Handi Snacks... 99¢**
4-PACK
IN THE GROCERY DEPARTMENT



15-OZ. REG. OR 14-OZ. WITH
MARSHMALLOWS
**Post Alpha Bits
Cereal**

3/\$6

01211A



ASSORTED VARIETIES
**Maxwell House
Coffee**

749
26-39
OZ. CAN



KRAFT DELUXE MACARONI OR
**Velveeta
Shells N Cheese**

2/\$3
9.4-14
OZ. PKG.



REGULAR OR SUGAR FREE
**Jell-O
Gelatin**

3/\$1
.3-3
OZ. BOX

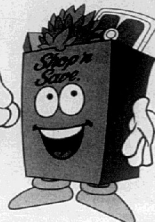
Shop 'n Save®



24/12-OZ. CANS, SPRITE
Coca-Cola Classic
or Diet Coke

459

24/12-OZ.
CANS



MOUNTAIN
DEW
Pepsi or
Diet Pepsi

388

24/12-OZ.
CANS

LIMIT 3 WITH ADDITIONAL \$10.00 PURCHASE



PLAIN LABEL OR
Shop 'n Save
Reduced Fat 2% Milk

217

GALLON



Shop 'n Save
Butter

149

1-LB.
PKG.



Campbell's
Tomato Soup

2/\$1

10.75-OZ.
CAN
LIMIT 6



ASSORTED VARIETIES
Capri Sun
Drinks

99¢

10-PACK
LIMIT 6



Heinz
Ketchup

139

28-OZ.
BTL.



15-OZ. CHEERIOS, 14-OZ. LUCKY
CHARMS, 18-OZ. WHEATIES OR
14.75-OZ. HONEY FROSTED WHEATIES

2/\$4

General Mills Cereal



ASSORTED VARIETIES
Bush's Chili
Magic.....

4/\$3

ORIGINAL OR HICKORY
Del Monte
Sloppy Joe.....

89¢

ASSORTED VARIETIES
Quaker Cap'n
Crunch Cereal...

2/\$5

MUNCHMOM OR
Keebler
Wheatables...

2/298

LONG OR THIN SPAGHETTI
American Beauty
Pasta.....

99¢

ASSORTED VARIETIES
Ragu Spaghetti
Sauce.....

3/\$7



Superpretzel
Pretzels.....

3/399

MICROWAVE
Act II
French Fries...

4/\$5

ROMANO OR BUTTER
Cole's
Garlic Bread.....

2/\$3

ASSORTED VARIETIES
Breyer's
Ice Cream.....

399

ASSORTED VARIETIES
Bagel
Bites.....

3/495

CONCENTRATED, FRUIT BLEND
OR GRAPEJUICE COCKTAIL
Old Orchard
Frozen Juice.....

2/\$1



INDIVIDUALLY WRAPPED
Shop 'n Save
Singles.....

499

ASSORTED VARIETIES
Shop 'n Save
Cheese.....

199

3-OZ. PKG.
Maruchan
Ramen Noodles

10/99

ORIGINAL OR NO SALT
Snyder's
Hard Pretzels.....

2/\$4

ASSORTED VARIETIES
Ocean Spray
Juice.....

2/\$5



EXTENDED RELIEF, CAPLETS,
GELCAPS, GELCAPS
Tylenol Extra
Strength

2/\$5

50-CT.
PKG.
LIMIT 2 WHILE SUPPLY LASTS

Colgate Total
Toothpaste...

199

CONDITIONER OR
Salon Style
Shampoo.....

2/\$3

St. Ives
Body Wash.....

189



ASSORTED VARIETIES,
STUFFED NACHOS OR
Totino's
Pizza Rolls

5/499

7-7.5 OZ.
PKG.



ASSORTED VARIETIES,
PIZZA ROLLS OR
Totino's
Stuffed Nachos

299

18-22.3 OZ.
PKG.



ASSORTED VARIETIES
Totino's
Party Pizza

5/499

9.8-10.9
OZ. PKG.



ASSORTED VARIETIES
Pillsbury
Cookie Dough

2/\$4

18-20 OZ.
PKG.



Pillsbury
Pizza Crust

2/\$3

10-OZ.
PKG.



ASSORTED VARIETIES
Old El Paso
Dinner Kits

2/\$4

9.75-14 OZ.
JAR



LOW FAT, MILD OR MEDIUM
Old El Paso
Cheese Salsa

2/\$4

15-OZ. JAR



ASSORTED VARIETIES
THICK & CHUNKY OR
HOMESTYLE
Old El Paso Salsa

2/\$3

20-OZ.
JAR



ASSORTED VARIETIES, DELUXE
Pillsbury Fudge
Brownie Mix

98¢

15.5-21
OZ. PKG.



VIDEO RENTALS,
WHERE AVAILABLE
EVERYDAY LOW PRICE
All New Releases

99¢

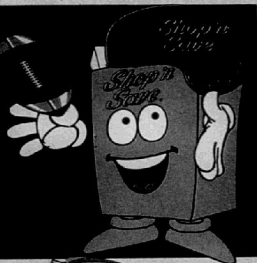
EACH

ALL OTHER TITLES 49¢

Shop 'n Save®

Super Savings!

For Your
Super Bowl Party.
(and the rest of the week too!)



USDA CHOICE CORN FED BEEF
**Boneless
Chuck Roast**

137

lb.



HUDSON ALL NATURAL
Skinless Boneless
Chicken Breast

187

lb.
LIMIT 3 PKGS.



FRESH WHOLE
Pork
Tenderloin

299

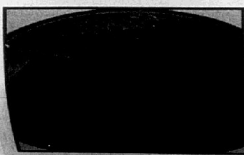
lb.



ALL MEAT
Hunter
Hot Dogs

79¢

12-OZ. PKG.



USDA CHOICE CORN FED BEEF
Boneless
Charcoal Steak

179

lb. FAMILY
PACK

Oscar Mayer
Hot Dogs..... 2/\$3
PEPPERONI SAUSAGE
OR DELUXE
Mama Rosa
Pizza..... 2/\$3.99

Perdue Fresh
Ground Turkey..... 1.59



PORK, BEEF OR CHICKEN
Lloyd's
Barbecue Tubs

499

2-LB. TUB

ALL VARIETIES
Hillshire Little
Cocktail Smokies 2/\$5

Bob Evans
Pork Sausage..... 1.99

COOKED
Singleton
Cocktail Shrimp 5.99



SEAFOOD DEPARTMENT
Sno Crab
Clusters

379

lb.

SEAFOOD DEPARTMENT
70-90 COUNT TAIL ON
Cooked Cocktail
Shrimp..... 5.99

SEAFOOD DEPARTMENT
26-35 COUNT
Large Shrimp..... 6.99

BAKERY DEPARTMENT
Baked Daily
Sub Buns..... 99¢



DELI DEPARTMENT,
2-BREASTS, 2-THIGHS,
2-LEGS, & 2-WINGS
Fried Chicken

399

8-PIECES

DELI DEPARTMENT
MUSTARD OR
American
Potato Salad.... 99¢

ASSORTED VARIETIES
Lender's
Bagels..... 88¢

ASSORTED VARIETIES
Prairie Farms
Ice Cream..... 1.99



DELI DEPARTMENT, WHOLE
Submarine
Sandwich

2/\$7

ASSORTED VARIETIES
PURE PREMIUM
Tropicana 3/6.99
Orange Juice..

FRENCH ONION DIP OR
Prairie Farms
Sour Cream..... 89¢

Pevely Cottage
Cheese..... 99¢



ASSORTED VARIETIES
Tombstone
Pizza

4/995

18-23.6
OZ. PKG.

ASSORTED VARIETIES
Flav-R-Pac
Vegetable Blends 99¢

ASSORTED VARIETIES
Louisa Toasted
Ravioli..... 2/\$5

CRIOSSANT.
Lean or
Hot Pockets 3/\$5



ASSORTED VARIETIES
Lay's or Wavy Lay's
Potato Chips

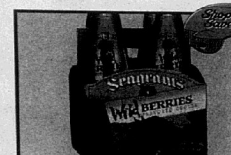
3/588

13.25-14 OZ.
BAG

ORIGINAL OR HOT
Armour Chili
With Beans..... 4/\$3

Shop 'n Save
Saltines..... 79¢

ASSORTED VARIETIES
Viasic
Pickles..... 2/2.97



ASSORTED VARIETIES
Seagram's
Wine Coolers

2/550

4-PACK

COMPARTMENT OR
Chinet Dinner
Plates..... 2/\$4

ASSORTED VARIETIES
Bugles Corn
Snacks..... 99¢

VALUE PACK
Pop Secret
Popcorn..... 2/\$4



WASHINGTON STATE,
JONAGOLD, BREABURNS,
FUJI OR GALA
Apples

78¢

lb.

Sunkist Navel
Oranges..... 2.98

MICROWAVE
Ozark
Popcorn..... 3/\$1

ROASTED OR SALTED
Gary's
Peanuts..... 1.98



Dole Classic
Salad Blend

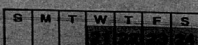
98¢

1-LB. BAG

Fresh 1 Peeled
Baby Carrots... 1.88

36-COUNT SIZE
California
Celery..... 58¢

Bird's Eye
Vegetable Dips... 1.98



FOR STORE LOCATIONS CALL (314) 984-0900

* PRICES GUARANTEED THRU JAN. 24, 1998 AT ALL ST. LOUIS METRO STORES ONLY
* WE RESERVE THE RIGHT TO LIMIT * NO SALES TO DEALERS * BAKERY, DELI
& SEAFOOD DEPARTMENTS NOT AVAILABLE AT ALL STORES



01213A

AUTOMOTIVE

Mazda B3000

Mazda B3000 pickup has its own personality

By Tom Strongman

In the past, only slight differences separated Mazda's B-series pickups from the Ford Ranger on which it was based.

This year, when the Ranger was restyled, Mazda took the opportunity to give its version a more distinctive look. Research showed that import truck buyers like a lower, wider-looking truck, so gave the front of their truck a horizontal chrome grille. That look is emphasized further by a fender line that runs from the grill up to the doors.

Around back, the rear fenders have subtle bulges stamped into them to create what Mazda calls "a muscular stance," rate the Mazda from the Ford more than last year.

Underneath, the heart of the Ranger still exists. Thanks to a 3.6-inch longer wheelbase, the standard cab is 3 inches longer. There are three engines, two trim levels and regular as well as extended-cab models in two-wheel or four-wheel drive.

The base four-cylinder has been enlarged from 2.3- to 2.5-liters, and it has 119 horsepower. The other engines are a pair of V-6s, 3.0- and 4.0-liters.

To check out the changes, we drove a B3000 regular cab 4X4, whose 3.0-liter V-6 has been retuned to give it 185 foot-pounds of torque, or pulling power, an increase of 14 percent. Horsepower is 150, just 10 less than the larger 4.0-liter; however, the larger engine's 225 foot-pounds of torque makes



it the choice for pulling large, heavy loads.

Mated to the five-speed manual transmission, the 3.0-liter engine had reasonable acceleration, and was powerful enough to carry light loads. For city driving I would prefer the automatic transmission, but the manual gives better gas mileage and allows the driver to have more control for times when he or she might venture out into the country.

Mazda says compact pickup trucks are the sports cars of the 1990s, vehicles that "enhance the carefree, active lifestyle of its owner." Our test truck fits that description well.

The longer cab allows greater seat travel, and now the driver can recline the seat back without hitting the back wall. The interior is a mirror image of the Ford's, and that means a thoughtfully designed instrument panel with large, readable instruments and simple, logical controls. The radio has large, fat buttons, and the heater has rotary dials that work intuitively.

The 60/40 split bench front seat enables three people to ride in the cab if the need fit comfortably.

Selecting four-wheel-drive at speeds up to 70 mph is accomplished simply by twisting a knob on the dash, which I flurried during the occasional snow visit. The front axle is equipped with a pulse vacuum hub-lock (PVLH) system quietly without need to stop or back up. PVLH also improves fuel economy in two-wheel-drive models.

The frame is 350 percent stiffer because the rails are now fully boxed, and that makes the ride tighter. Up front, a short-arm/long-arm front suspension has been adopted for a smoother ride and better handling. Two-wheel-drive models get coil springs, while the 4X4 gets torsion bars. Using two systems costs more, but Mazda says they provide better road feel and improved off-road use.

The base price of our test truck, a B3000 SE, was \$16,945. A \$3,070 package included alloy wheels, sliding rear window, bed liner, air conditioning, power windows, control and an AM/FM stereo with compact disc player. Including the package sticker price was \$19,475.

The standard warranty is for three years or 36,000 miles.

Compact pickups are the sports cars of the 1990s, and this one is a good example. The cab is slightly longer for more room, the frame is stiffer and the engine is more responsive.

Counterpoint: The 3.0-liter V-6 is good for around-town use, but if you want to carry heavy items or pull big loads, the larger engine would be the best choice.

Good care makes vehicles last

By Rick Stoff

Ten years ago a \$20,000 vehicle was a big deal. Now the average car costs that much. But quality is better, so it's possible to make that new car or truck last nearly forever.

Well, maybe not forever. But a decent car should reach 100,000 miles without breaking a sweat. Luxury cars, which also may possess superior engineering and materials, ought to be running great at 150,000 miles or 200,000 miles. If you help it out.

Some vehicles don't need a scheduled tuneup until the 100,000-mile mark, but that doesn't mean they are maintenance-free. Good care can mean the difference between a vehicle that's a welfare case at 75,000 miles or one that's still a joy at twice that.

Keeping a car healthy and happy for nearly-ever requires achievement of two goals - keeping it running good and looking good.

Oil and oil filters should be changed every 3,000 miles. Period. Nothing - except an empty radiator - kills an engine more quickly than low, dirty oil. Other fluids and filters should be checked and replaced as recommended in your owner's guide. Chemicals that prevent rust and lubricate the water pump, brake fluid, automatic transmission fluid and other liquids can become contaminated and damage important mechanical systems. Every lubrication schedule is truly important, too. Moving parts that are properly lubricated will remain shiny and smooth almost indefinitely. Any that lose lubrication can fall in days or weeks.

Tuneup intervals are considerably longer than they used to be. Electronic ignition and fuel-injection systems need little maintenance compared to old carburetors and the manual breaker-point ignitions. But that doesn't mean tuneup items can be ignored.

Tuneups should be scheduled as often as the vehicle manufacturer suggests. The best filters and fuel injectors still get dirty. Computer chips crack, and electrical connections vibrate loose. A tuneup visit is a great time for your technician to give the vehicle a once-over inspection for any other impending problems.

Many vehicles in salvage yards did not die peacefully but departed early because of crashes. Keeping a vehicle in safe condition might prevent a maintenance-related termination. From time to time you should walk around your vehicle and windshield wipers and blades, mirrors and windows are clean, safe tread depth. Check the brakes and brake shoes at appropriate intervals.

Keep your car clean - top and bottom - and protect the paint. Cars that are not washed and waxed can become faded and lose paint due to corrosion and acid rain. Mud and grime accumulating in cracks and drain holes create rust. A good car wash - on the bottom, too - is in order as often as the car is exposed to rain or other sloppy conditions. Every couple of months is not too often to pursue a waxing.

Stains and dirt come out of upholstery and carpeting more easily when they're relatively fresh. Cleaning and treating plastic, vinyl and rubber surfaces with a protectant product will make them last longer and look better. A well-maintained vehicle will last tens of thousands of miles longer than one that is neglected. The difference is worth thousands of dollars more than a smoking, rattling pig.

NO
REASONABLE OFFER
REFUSED!

PREOWNED CENTER ACKERMAN

4X4'S, EXTENDED BED & FULL SIZE
TRUCKS. SEVERAL TO CHOOSE

SALE
EXTENDED!

HUGE USED TRUCK & CAR SALE



95 GEO TRACKER
4 Wheel Dr. Only 35,000 Miles.
\$8,595



93 CHEVY 1 TON TRUCK
Auto, Air, Only 49,000 Miles, Like New
PRICED TO SELL!



95 CHEVY SUBURBAN 4X4
Dual Air & Heat, Power Windows & Locks, Tilt & Cruise
\$23,988!



97 FORD F150 4X4
3rd Door, Power Windows & Locks, Tilt & Cruise, Only
22,000 Miles, Factory Warranty, Priced to Sell



93 CHEVY S10 EXT CAB PICKUP 4X4
Auto, Air, Power Windows & Locks, Tilt & Cruise, Real Sharp Truck, Won't Last



95 MERCEDES 300 TURBO DIESEL
Sunroof, Dark Blue With Blue Leather, All Service Records, Real Sharp Car, One Of A Kind.



94 CHEVY PICKUP CONVERSION
- Short Bed, Running Boards, Leather, Power Windows & Locks, Tilt & Cruise, Only 26,000 Miles, Priced to Sell



95 FORD EXPLORER CONVERSION 4X4
Power Windows & Locks, Tilt & Cruise, Only 32,000 Miles, Factory Warranty, Real Sharp Truck, Priced to Sell

- '97 Buick Century
- '97 Buick LeSabre Custom
- '97 Buick Skylark
- '97 GMC Suburban SLE
- '97 Dodge Neon Highline
- '96 GMC Ext. Cab. Pickup
- '96 Ford Explorer
- '96 Lincoln Town Car
- '96 Silverado 2500
- '96 Chevy Silverado 2500

\$19,995
\$17,995
\$12,995
\$29,988
\$10,995
\$16,988
Priced to Sell
\$14,988
Priced to Sell
\$19,988

SPECIAL of the week 94 GMC EXT CAB CONV. PICKUP

- 4X4
- White, Green
- Dove Leather
- Like New



- '96 Buick Riviera
- '96 Chevy Corsica
- '96 Chevy Ext. Cab 4x4
- '96 Silverado Ext. Cab 4x4
- '96 Cadillac
- '96 Cadillac Seville
- '96 Cadillac Seville STS
- '95 Ford Explorer Eddie Bauer 4x4
- '95 Pontiac Grand AM

\$19,998
\$10,995
Priced to Sell
Won't Last
\$21,988
\$24,988
Priced to Sell
Priced to Sell
Real Sharp Car
Priced to Sell



96 CHEVY TAHOE
Green With Silver, Leather Loaded,
Only 49,000 Miles
\$26,988!



96 SEDAN DEVILLE
Only 39,000 Miles, Blue/Green, tan leather
SUPER SHARP CAR!



94 PONTIAC GRAND AM GT
2Dr., V-6, Sunroof, Like New
\$9,995



93 ROADMASTER ESTATE WAGON
Only 37,000 Miles, Dark Blue/Green with Tan
Leather, Like New



94 CHEVROLET CAVALIER CONVERTIBLE
V-6, Auto, Air, Power Windows & Locks,
Tilt & Cruise, Only 44,000 Miles, Must Go!



95 BUICK PARK AVENUE
Real Sharp Car, 3 to Choose From



94 SKYLARK
V-6, Power Windows & Locks, Tilt & Cruise
\$9,995!



93 LUMINA EUROSPORT
Loaded, Only 33,000 Miles!
\$10,995!

1-270 & New Halls Ferry • 524-2900
1-800-886-0065



Ad

15 years
of outdoor &
relationship

18-year-old
children

24-year-old
 children,
 smoker as a
 patient. I
 Sagittarius
 36, DWI
 figured, it
 life for
 16008
 37. mon
 movies,
 sincere, le
 37-year-
 year is
 common
 15272
 Above-
 confidenc
 single ar
 Alluring
 it's not
 attentive
 Aquaria

1900
Day
3-2038

home
vinyl
s with
kitchen

Totally
on
& 4th
Nearby
lot this

Formal

ity with
room, full
bdrm.

designer

Attracti
furn, wal
home

Attracti
mature
quiet en

Attracti
financi
attractive

Attract
complex
ab-45, 6, 6

Attract
fun-toy
animals

Average
82, look
25-35

Beauti
reading
M. 50-55

Believe
heart, e
minded

Updated

12

111

★

15

OF

1

2

3

4

5

6

7

8

9

10

11

12

13

14

15

16

17

18

19

20

21

22

23

24

25

26

27

28

29

30

31

32

33

34

35

36

37

38

39

40

41

42

43

44

45

46

47

48

49

50

51

52

53

54

55

56

57

58

59

60

61

62

63

64

65

66

67

68

69

70

71

72

73

74

75

76

77

78

79

80

81

82

83

84

85

86

87

88

89

90

91

92

93

94

95

96

97

98

99

100

101

102

103

104

105

106

107

108

109

110

111

112

113

114

115

116

117

118

119

120

121

122

123

124

125

126

127

128

129

130

131

132

133

134

135

136

137

138

139

140

141

142

143

144

145

146

147

148

149

150

151

152

153

154

155

156

157

158

159

160

161

162

163

164

165

166

167

168

169

170

171

172

173

174

175

176

177

178

179

180

181

182

183

184

185

186

187

188

189

190

191

192

193

194

195

196

197

198

199

200

201

202

203

204

205

206

207

208

209

210

211

212

213

214

215

216

217

218

219

220

221

222

223

224

225

226

227

228

229

230

231

232

233

234

235

236

237

238

239

240

241

242

243

244

245

246

247

248

249

250

251

252

253

254

255

256

257

258

259

260

261

262

263

264

265

266

267

268

269

270

271

272

273

274

275

276

277

278

279

280

281

282

283

284

285

286

287

288

289

290

291

292

293

294

295

296

297

298

299

300

301

302

303

304

305

306

307

308

309

310

311

312

313

314

315

316

317

318

319

320

321

322

323

324

325

326

327

328

329

330

331

332

333

334

335

336

337

338

339

340

341

342

343

344

345

346

347

348

349

350

351

352

353

354

355

356

357

358

359

360

361

362

363

364

365

366

367

368

369

370

371

372

373

374

375

376

377

378

379

380

381

382

383

384

385

386

387

388

389

390

391

392

393

394

395

396

397

398

399

400

401

402

403

404

405

406

407

408

409

410

411

412

413

414

415

416

417

418

419

420

421

422

423

424

425

426

427

428

429

430

431

432

433

434

435

436

437

438

439

440

441

442

443

444

445

446

447

448

449

450

451

452

453

454

455

456

457

458

459

460

461

462

463

464

465

466

467

468

469

470

471

472

473

474

475

476

477

478

479

480

481

482

483

484

485

486

487

488

489

490

491

492

493

494

495

496

497

498

499

500

501

502

503

504

505

506

507

508

509

510

511

512

513

514

515

516


517

518

519

520

52



DOO

 island,

 bath, 3


 is a huge

 of it. It

 ce. This

 families

 50,000



DOO

 island,

 bath, 3

 is a huge

 of it. It

 ce. This

 families

 50,000

ois
Illinois
Road.
4-8303.
7 pm

H 3
 ined,
 roof.
 4x38
 ports,
 ROOM
 ON
 r air-
 and
 997,
 ther-
 Not
 WITH
 R. 2
 full
 ining
 nent.
 osed
 ng &
 VERY
 ONE
 NCE
 pools.

Vermorel Realty

COMPUTERIZED VISUAL MARKETING
1735 Pontoon Road • 931-2711
OFFICE HOURS: Mon-Fri 9-7 • Saturday 9-4 • Sunday 12-4

NEW LISTING - LARGE LOT
 Convenient location in Granite City area. \$10,000 GROSSE.
LOVELY BRICK AND VINYL TRIM
 3 BR., 3 baths, pantry in kitchen, security system, huge lot, 2 car attached garage. P2055

NICE STARTER HOME - 2 BR.
 large eat-in kitchen, full bathroom, nicely painted and decorated. priced in \$20's. GR066

JUST MOVE IN - 2 large BRs.
 wallpapered throughout, full bathroom, new windows, newer C/A and furnace. \$40K. GR122

CONVENIENT LOCATION - 3 BR.
 ranch, wallpaper touches, formal dining room, 2 car insulated garage, possible seller financing. GR174

ALL BRICK HOME - 4BR, 1 1/2
 baths, newer furnace, C/A, and tile in thermal windows, hardwood floors under new carpet, full basement garage. \$50's. GR343

PRESTIGIOUS BUILDING LOT
 in Landon Subdivision. 109' x 100' GR255

GREAT FOR ENTERTAINING
 Tastefully decorated 3 BR brick and vinyl home. 2 full bathrooms, wood deck, 2 car garage, seller is motivated. GR092

TWO FOR THE PRICE OF ONE
 2 BR brick with detached garage, plus mobile home on 88' x 126 lot. See us at GR257

FEATURED HOMES



3244 CARLSSON



2833 WAYNE



1509 ST. CLAIR



2823 MADISON AVE



111 BRIARCLIFF

ARE YOU HANDY? 6 room home with hardwood floors, fenced backyard, sold as is. \$21,900. M143.

DON'T MISS THIS CHANCE!
 Nice brick home has 9 ft ceilings, large rooms, freshly painted, private fenced yard, and priced in \$40's. GR236

GLAMOROUSLY CAPTIVATING!
 3 BR, 2 1/2 baths, see the fire place, formal dining, security system, central vac, full basement, wood deck, 2 car garage, seller is motivated. GR095

COMMERCIAL BRICK BUILDING
 75,310 sq. ft. could be office, retail, a variety of uses for C-4, asphalt parking lot. GR331

SEE OUR AD IN MADISON COUNTY HOMES MAGAZINE
 Home Page: <http://members.aol.com/vrmreality/home.htm>



KRISTI GLASGOW
782-3547



MARY SUE HARPER
738-1890



DAN MAULE
451-0011



LYNN RIEGER
782-0926



BOB SIMON
782-1818



JORY STUEBNER
782-0926



VICKY WALTON
782-2016



BRIDGETTE WYATT
738-2000

Lancmark Realty, Inc.

NEW LISTINGS

PLUSH - Fantastic value, many extras in this executive finish, 3 bedrooms, tile, living room, dining room, new carpet, 3 baths, tile, and tile. Call Janet at 782-3547.

UNIQUE and meticulously decorated for low price of \$34,900. Has full finished basement with family room and additional bedroom. No drive by. Call Janet for an appointment. LG298

INVESTORS - 3 unit apartment building. Live in one side, rent the other 2 units. A fee upper for under \$20,000. Call John for an appointment. LG815

MULTI-FAMILY

GREAT RENTAL PROPERTY - 2 story, full basement, finished attic area, lots of windows, 3 bedrooms, 2 full bathrooms, 2 full kitchens, 2 full living rooms, 2 full dining rooms, 2 full bedrooms, 2 full bathrooms, 2 full living rooms, 2 full dining rooms, 2 full bedrooms, 2 full bathrooms. Call Brenda for an appointment. LG451

DUPLEX - Rent one side in the other 2 BRs up, living room, dining room, kitchen, new tile, new C/A, new furnace, new water heater, new furnace. Call Brenda for an appointment. LG506

REDUCED

PINCHING PENNIES! Lovely 2 BR in excellent condition. Updated wiring, huge kitchen, a full bathroom, large living room, new carpet, new C/A, new furnace, new water heater, new furnace. Call Brenda for an appointment. LG295

BEAUTIFUL BRICK RANCH - Recently updated with newer carpet and paint, new lighting and ceiling fans, living room and family room, extra nice enclosed patio, off family room. Quality throughout. This house will sell quickly. Call Helen today! LG512

RECENTLY REDUCED!

EDGE OF TOWN - large fenced lot, Nice 2 bedroom home with large eat-in kitchen, beautiful wood cabinets, built-in formal dining room, 1st floor laundry room, storage shed, and so much more to offer today's home buyer. Reduced to \$48,900. See Brenda for more info. LG456

3735 GARDEN WOODS - Large 3 story 1 1/2 story home features 2,000 sq. ft. living space w/4 BRs, 3 baths, screened porch, 3 car garage, and private back yard. Please call Jeff at 782-3547 for all details. \$179,000.

LOOKING FOR 2 BEDROOM HOME?

We've got it! Living room, dining room, full kitchen, full bathroom, full living room, full dining room, full bedroom, full bathroom, full living room, full dining room, full bedroom, full bathroom. Call Diana today! LG104

DOLL HOUSE! Call to see this one. 2 BR, nice size living room, eat-in kitchen, lots of oak, full bathroom. All of this wrapped in maintenance free siding. Front porch with pillars, great starter home. Priced in the \$30's. See Brenda for more details. LG107

OUTSKIRTS OF TOWN - 3 BR

with newer siding and newer roof, 2 BR, living room, dining room, full kitchen, all on one acre. \$39,900. Ask for New Year's appointment. LG245

LOOKING FOR 2 BEDROOM HOME?
 We've got it! Living room, dining room, full kitchen, full bathroom, full living room, full dining room, full bedroom, full bathroom. Call Diana today! LG104

DOLL HOUSE!

Call to see this one. 2 BR, nice size living room, eat-in kitchen, lots of oak, full bathroom. All of this wrapped in maintenance free siding. Front porch with pillars, great starter home. Priced in the \$30's. See Brenda for more details. LG107

NEW Lucas.....782-2988
Joe Ann Mathenia.....451-7121
Bernie Mathenia.....782-0786
Gennie Morris.....782-2412
Diana Nance.....738-0678
John Parker.....782-0978
James Puryear.....782-5410
Brenda Phillips.....782-7510

Lucas.....782-2988
Joe Ann Mathenia.....451-7121
Bernie Mathenia.....782-0786
Gennie Morris.....782-2412
Diana Nance.....738-0678
John Parker.....782-0978
James Puryear.....782-5410
Brenda Phillips.....782-7510

2645 Condominium/Townhomes For Rent

3 BEDROOM, 2 1/2 baths, in nice Collinsville area, \$500/mo. Call 782-3547.

PARKVIEW RIDGE
 Large 3 BR, 2 1/2 baths, full kitchen, full living room, full dining room, full bedroom, full bathroom, full living room, full dining room, full bedroom, full bathroom. Call 692-6366.

2650 DUPLEXES FOR RENT

2 BR, 1 bath, full kitchen, full living room, full dining room, full bedroom, full bathroom. Call 782-3547.

2650 DUPLEXES FOR RENT

2 BR, 1 bath, full kitchen, full living room, full dining room, full bedroom, full bathroom. Call 782-3547.

PLACE YOUR AD IN COLOSSAL CLASSIFIEDS SUNDAY, JANUARY 25

ONE MONTH FREE MOVE IN THIS MONTH & RECEIVE NEXT MONTH'S RENT FREE!

APPLY THIS WEEK & RECEIVE FREE HEAT THRU APRIL 1998!

RAINTREE APARTMENTS
 11043 Mollerus Dr., St. Louis
 (314) 868-4300
 VISIT US AND RECEIVE 2 FREE MOVIE PASSES WHILE SUPPLY LAST!

FLOOD REALTY CENTRE • 931-2600

OPEN HOUSE
 SUNDAY, JANUARY 25, 1998 1-4 PM
 1312 27th St.
 John & Mary Sunday to tour this elegant Colonial style brick 2 story home. Tour it, fall in love with it, buy it. Hope to see you there! Directions: Missouri Ave. to 27th St. facing Wilson Park.

SUNDAY, JANUARY 25, 1998 1-4 PM
 2556 State St.
 Take your mind off the cold weather and come to open house on 2556 State St. You won't be chilled long when you walk into this lovely 2 story brick home. Large room home. It's warm and cozy and has a great location. Short drive to downtown, January 25, 1998. Directions: Missouri Ave. to 27th St. facing Wilson Park.

EXTRA NEAT & CLEAN: This cute 2 bedroom home of 2000 sq. ft. has a Newer C/A unit, and of a fenced yard. Call Now.

NEW LISTING! RAISED RANCH: with 3 bedrooms, 2 baths, 2 car garage. Great neighborhood. Call PRICED.

WONDERFUL NEW LISTING: 2 story with basement on a dead end street in a nice neighborhood and priced to sell under \$95,000.

DUPLEX BRICK COMBO: in nice neighborhood. 4 bedroom, 2 1/2 baths, 2 car garage, large bath, w/ a hook up, carpet, thermal windows. Make your appointment today.

Century 21 Bailey & Co.

2126 Pontoon Rd.
 877-7653

AGENT OF THE MONTH

CONGRATULATIONS!
TINA STANLEY
 Top Producer for December

FEATURED NEW LISTING
NEW LISTING - 1 1/2 Story Brick featuring 1 bedroom formal dining room, stained glass windows, fireplace & large walk in closets. Nice older home on the edge of town - Must See! C2139

MUST SEE HOMES!!!
C2155 Beautiful 2 Story, 3 BRs, 2 baths, 1st flr laundry, dry, fin. bsmt.
C2130 1 1/2 Story, 2 BRs, 1 1/2 baths, family room, bsmt.

Classifieds Get Results

2670 MOBILE/MFR'D HOMES FOR RENT
 Call 876-9955

Parktown West

Two Bedroom, Stove, Refrigerator, Central Air, Furnished. No Pets.

\$350.00 - Rent \$350.00 - Deposit
 Call 876-9955

2672 MOBILE HM. SITES

LOTS TO RENT: available at new Mobile Home Park. Call 876-9955.

2682 SLEEPING ROOMS
 2077 14th St. 2nd floor. Call 876-9955.

2680 STORAGE GARAGE
 2077 14th St. 2nd floor. Call 876-9955.

Classified Ads Work!!

STAR REALTORS
 876-0024
 You Deserve The Best

GIVING YOU THE QUALITY SERVICE YOU DESERVE

Bobbie Bailey	782-0780	John Jones	782-8932
Debbie Bailey	782-8930	Chuck Osburn	261-0355
Jerry Bassman	782-8847	Chris Dornan	1-800-885-0362
Maria Cavins	782-8170	Debbie Sander	782-7957
Chris Dornan	782-8171	The Stanley	782-4300
Gay Henson	782-8930	Monika Anderson	782-4300
Ray Henson	782-8930	Evelyn Weltsch	782-7057

Each Office is Separately Owned And Operated

FRESHLY PAINTED

Inside & out - spacious 3 BR home w/ formal DR, patio door to fenced rear yard. \$30's. C2141.

NEED RENOVATED? - ceiling fans thru-out, B/I bookcase in BR, full bsmt, covered patio, fenced yard. \$30's. C2116

REDUCED OVER \$10,000 - Owner says SELL! 2 BR bungalow, fenced yard. \$20's. C2183

COMMERCIAL BUILDING - Downtown GC, 2 units w/ approx 4000 SF, great for DR's or Lawyers office - also available for rent. C2126

HOME & BUSINESS - 1 1/2 story, 3 BR w/ full bsmt, mother-in-law apt. & office for complete inventory list. C2126

4 BEDROOM HOME - estate sale, full bsmt, furnace & C/A 6 yrs old, 1 REAL DOLLHOUSE - oak kitchen cabinets, Hunter ceiling fans, built-in windows. \$20's. C2125.

GIVING YOU THE QUALITY SERVICE YOU DESERVE

Bobbie Bailey	782-0780	John Jones	782-8932
Debbie Bailey	782-8930	Chuck Osburn	261-0355
Jerry Bassman	782-8847	Chris Dornan	1-800-885-0362
Maria Cavins	782-8170	Debbie Sander	782-7957
Chris Dornan	782-8171	The Stanley	782-4300
Gay Henson	782-8930	Monika Anderson	782-4300
Ray Henson	782-8930	Evelyn Weltsch	782-7057

Each Office is Separately Owned And Operated

STAR REALTORS

876-0024
 You Deserve The Best

NEW CONSTRUCTION

S-1477
 Brick & vinyl 2 story home with finished basement, w/ wood burning fireplace, lots of oak cabinets, in bright kitchen-dining, formal dining room, first floor laundry, 2 1/2 baths. S-1477

NEED A LOT OF HOUSE for a small price. S-1477 home, living room, dining and kitchen for only \$20,900. S-1477

LOOKING FOR A NICE ONE - 1 1/2 story brick home, full basement, 2 full baths, large kitchen, w/ updated kitchen and the great family room. A must see. \$149,900. S-1477

NICE 4 BEDROOM HOME - New thermal windows throughout. All natural woodwork. Hardwood floors. Treatment system. Nice front screened porch. S-1477

ATTRACTIVELY DECORATED 1 1/2 STORY HOME features room improvements. Has huge master bedroom, full bathroom, with high ceiling, breakfast bar and nice cabinets. Kitchen cabinets w/ granite counter, large deck, landscaped yard, 4 ceiling fans, outside storage shed, covered deck & porch. S-1490. \$39,900.

CHECK THIS ONE OUT! 1 story vinyl sided home with finished basement, eat-in kitchen with lots of cabinets and built-in range, large detached garage, deck and landscaping. S-1490. \$114,900.

MAKE AN APPOINTMENT TO SEE THIS NEAT and spacious 3 bedroom home, updated flooring, painting and wall covering, first floor laundry and 1 car garage. S-1490. \$39,900.

STAR REALTORS

876-0024
 You Deserve The Best

By Scott Staff

While throw some efforts y After Granite approve with dev the city Nameok What was un pursue the U.S. er-local

By Scott Staff

Unless on the McKinley business Venice M Echols al the neede However occur far

By Scott Staff

A prop for an ed upcoming has been County Ba At We board sp brought l town. Coun Papa them vote In Mar vole on a build a c home to opera majority The 20 bonds cou

OB

FO

Se